

**UNDERGRADUATE RECREATION EDUCATION: UNIVERSITY OF OTTAWA —
D.L. Minshall**

The School of Physical Education and Recreation of the University of Ottawa is planning to offer a new undergraduate degree program in recreation education. The first two years of the program are to begin in September, 1968. A maximum of 15 students would be accepted at that time.

In preparation for this, the University of Ottawa mobilized and supported appropriate recreation personnel to study the problem. The study team spent approximately 4 months appreciating the unique resources of the University of Ottawa, its particular vocation and objectives, as well as surveying all other possible resources in its immediate environment. Informal consultations were held with a wide variety of resource persons and agencies throughout Ontario, and a few other provinces in Canada. A careful study and definition of basic objectives then preceded the actual formulation of the proposed program. The Senate of the University will consider, at the beginning of February, recommendations for the establishment of a basic core program in community recreation. Additional options in outdoor recreation and education and in therapeutic recreation are expected to be offered within the near future. These were determined, partly on the basis of a realistic appreciation of present and expected resources and orientations at the University of Ottawa.

The present recommendations suggest the establishment of a four year honours degree program leading to a Bachelor of Science in Recreology. This somewhat unique term is not simply the product of originality or fantasy. It was derived very specifically from the proposed objectives and operations of the program. Recreology is defined as the study of man's recreative use of leisure while considering the acts, states and agents of recreation and investigating its motivating forces and its effects. The main objective of the program is to create an atmosphere conducive to the growth and education of future community leaders and scientists: "Men and women who, because of their philosophical grasp, sociological insights, ethical sensitivity, political awareness, administrative judgment and, sensitivity to the needs of people, will become creative social engineers particularly skilled in providing opportunity for the recreative use of leisure which in the near future is expected to be the predominant time-use aspect of human behaviour."

In line with the University of Ottawa's particular vocation and cultural objectives this program will attempt to be perfectly bilingual in its operations and bicultural in its preoccupations. Many of the mechanics related to the implementation of these objectives are evidently difficult to formulate and realize. The present study team is confident however, that with continuing efforts and sophisticated planning, a most exciting situation can be developed.

The requirement for admission to first year in this four year program will be Ontario Grade 13 or its equivalent, with a general average of 60%. Candidates with Ontario Grade 12 certificate or its equivalent, may satisfy admission requirements to the honours degree program in Recreation, by completing the regular pre-university year in the Faculty of Arts, University of Ottawa. Candidates already holding a baccalaureate degree may be admitted to the third year program with individually adapted recuperation schemes.

A relatively high level of academic performance will be required for promotion and graduation. In addition to the basic eight semesters of academic work, students will also need to satisfy the following requirements in order to obtain the Bachelor's degree:

- (a) Demonstrate proficiency in at least 2 program areas: sports and athletics, arts and crafts, drama, music, social recreation, camping, etc. Proficiency will be defined as (1) knowledge about the general program area, (2) competence in the teaching of at least one activity within this program area and (3) competence in the planning and organization of a related seasonal program for a specific group and setting.
- (b) Experience a successful internship of at least 2 semesters (full-time) in a recognized and approved institution or agency. This internship will take place in 2 stages, and in two different settings.

The program will inevitably be interdisciplinary both in its preoccupations and in its operations. General liberal arts and science education is emphasized in the first 2 years. This actually constitutes approximately 50% of the total 4 year program. The program was planned following the belief that there should be almost as many options as there are students. All of the individual course programs however, will be developed and built according to specific schemes which should be most significant in terms of the students total and professional education.

Thus, a student who hopes to work in a public recreation system and aspires to executive functions, would have the options of building into his compulsory program a number of uniquely relevant courses, from other disciplines (example: principles of economics, business administration, economic geography, principles of political sciences, urban sociology, public finance, political geography, regional planning, Canadian government, social and administrative process, resource management, land resource use, school recreation systems, park management and development, recreation areas,

facilities and equipment). It should be noted that these courses represent only a small sample of the possible electives which a student may consider in building his personal program. These electives would necessarily be added to a basic core program which, in addition to providing a fundamental general education, attempts to identify and scrutinize the "Common Body of Knowledge" in Recreationology.

It must be noted here that the presently proposed program is very tentative and far from being a final and permanent option. It is expected to be changed considerably even within the next few months; as new personnel is hired to participate in the program, as continuing consultation with professional agencies and groups develop, and as the general university resources grow and develop. The present study team has already recommended the nomination of a permanent advisory committee from outside the university setting. This committee should be manned by top thinkers, social animators, philosophers, and action men of our society. This committee will have very definite powers of pressure and influence on the recreation faculty and the overall university with regards to the development of recreation education and research. Permanent structures of inter-university relations, which are presently being formed, will also permit articulation of the efforts of this university with other similar institutions in the province and the rest of Canada.

Although, reference to junior college programs and their graduates have been omitted so far, it does not imply that the related programs are being ignored. A serious and co-operative study of these problems is presently underway in all of the concerned institutions. The solution to these problems needs to take into consideration the long term needs and objectives of our profession both in the province and the rest of Canada. Short term adjustments are being considered as well as long term plans. The future is promising.

The Executive of the Society has been consulted on these matters and a permanent program of co-ordination has been studied. Formal dialogue between concerned groups, agencies and institutions in the province should be under way by the time these notes are published.

SUDBURY — David Bass

The newly instituted "Winter Holidays" for Ontario schools, should involve many recreation departments in additional programs during this week-long period. This is especially important in Northern Ontario where the out-of-doors during March is usually a combination of snow, water and muck. This year the Sudbury Parks and Recreation Commission initiated two programs to meet a portion of the need, and both programs proved desirable and successful. One was a week long childrens play program which was held in a fieldhouse at one of our playgrounds, and the other was a week long playground hockey tournament involving 540 boys, held at the Sudbury Arena.

The next meeting of the Northern Ontario Recreation Directors' Association will

take place in Smooth Rock Falls, May 26th and 27th. This meeting will be hosted by Fred McLennan, Director of Recreation for Smooth Rock Falls.

UNIVERSITY OF WATERLOO — Doug Paton

One-third of the 2nd year class have worked for 4 months with parks and recreation departments in Kitchener, Burlington, Espanola, Oakville, Mississauga and Arnprior. It looks like our 1st year program will locate students in Niagara Falls, Waterloo, Sudbury, Fort William, Owen Sound, Ottawa, Napean, Toronto, Fort Frances, St. Mary's, Ancaster, Brampton, Cochrane, Mississauga, Oakville, Kitchener, and possibly North York. Several YM and YWCA's have become co-operative employers as have the Ontario Departments of Health, Lands and Forests, and the Department of Education.

BURLINGTON — L.G. Branch

The Burlington Recreation Department is now operating under the new administration scheme set up by Director, Mr. Laurie Branch. Mr. Tony Dojcak is the Superintendent of Facilities and Mr. Allan Argent is the Superintendent of Programs. The "Area System" with the three recreation supervisors will be directed by Mr. Art Turner (Area I), Mr. Bob Sones (Area II), and Mr. Jim Olmstead (Area III).

Good luck to Al and Jim who have recently joined our staff.

Several new programs including a teen day camp and a summer playtime will be introduced this year.

PARKS AND RECREATION ASSOCIATION OF CANADA

In these days of "cut-backs", "controlled spending", "budget evaluations", and other expressions meaning simply — "WATCH HOW YOU SPEND YOUR TAX DOLLAR", parks and recreation administrators, both lay and professional, will benefit greatly by attending the 23rd Annual Conference to be held in London, Ontario, August 18th to 21st.

Around our theme, "TODAY'S CHALLENGE — CO-OPERATIVE PLANNING", will be built guidelines for the co-operative planning and use of facilities. Multi-purpose buildings, the utilization of space, and problems presently being encountered in co-operative planning, are but three areas of concern that will be explored at length,

The experiences that will be exchanged on a Canada-wide basis will doubtless prove of value to all Canadian communities, both large and small. Should school administrators discuss their buildings in the planning stages with the

recreation people? Should the recreation authorities and the parks administrators tell each other their problems? Is it possible (or necessary) to involve the school board, the park board and the recreation people when a sub-divider decides to develop a subdivision? Should a library be included in a shopping centre complex? What about a playground on the shopping centre parking lot???

If you want these and any other questions answered, then plan to attend the London Conference. To be sure, maybe you won't find "all the answers" but then too, the opportunity to enter a dialogue with people from all corners of the land who share similar problems should be a stimulating experience.

An outstanding list of great speakers has been arranged including, Arnold Edinborough, Dr. James Gillies, and Dr. Alan Klein.

SARNIA — Edward (Ted) Wood

Summer transportation for program supervisory staff is becoming an increasing problem as the community continues to grow and distances between the office and part-time staff expands. In Sarnia an experiment using motor scooters (Honda 50 cc) was carried out in 1967. It proved very successful and the department is now in the process of purchasing scooters for all summer supervisory staff. They are inexpensive (\$200), cheap to drive (straight gasoline mixture) and have low maintenance costs. So if you have a transportation problem we strongly advise that you look into the motor scooter idea.

Sarnia now has an established Youth Congress. Twenty-five "cream of the crop" teenagers elected by the teen population act in the capacity of city council for all persons 19 and under. They have established a Youth Employment Service and work in a similar capacity to "Canada Manpower" except that its services are for those 19 years and under. The Youth Congress publish their own newspaper and sell it to teenagers as the official Teen Publication of Sarnia. They are financed in part by the formal city government with a grant and by money raising events. One of their main objectives is to co-ordinate all youth activities in the city regardless of who sponsors the program. They have made an excellent start and are to be congratulated for their efforts. The whole idea started as a result of the efforts of the parks and recreation department.

GALT

Summer is fast approaching and like most communities we are preparing ourselves and our facilities for the seasonal programs.

Our new Kinsmen Centennial Pool is nearing completion and will be ready for the month of June. Staff for this pool and our "old pool", as it is now referred to, is being hired as well as the necessary personnel for our twelve summer playgrounds. We will be operating an introductory course for all our first year staff

people of both pools and playgrounds, in order to familiarize them with our own department's operation.

The basic preparation for our summer programs is now being done and they will be turned over to our new female program co-ordinator when she starts with us in May. With the hiring of this program person, we will be further expanding our plans for fall programs and the eventual use of schools.

One highlight of this summer's schedule will be the official opening of our newest park development, Sir Winston Churchill Memorial Park, on the weekend of June 7th, 8th, and 9th. Formal dedication of park and memorial gates by a government official, a gala Friday night dance, a day of sports activities, bands, camping displays, and cultural displays by the ethnic groups of Galt will highlight the weekend.

Once again ice will remain in the Galt Arena Gardens for the second annual spring, summer and fall Grand Valley Skating School and the two week summer Grand Valley Hockey School. In the light of registrations to date, we are anticipating another successful summer with these schools.

SAULT STE. MARIE

During the spring vacation, 170 youngsters attended a three day pre-training course for prospective playground and day camp leaders. The program was offered at the family "Y" where the combined recreation and "Y" staffs joined forces to train leaders for the community.

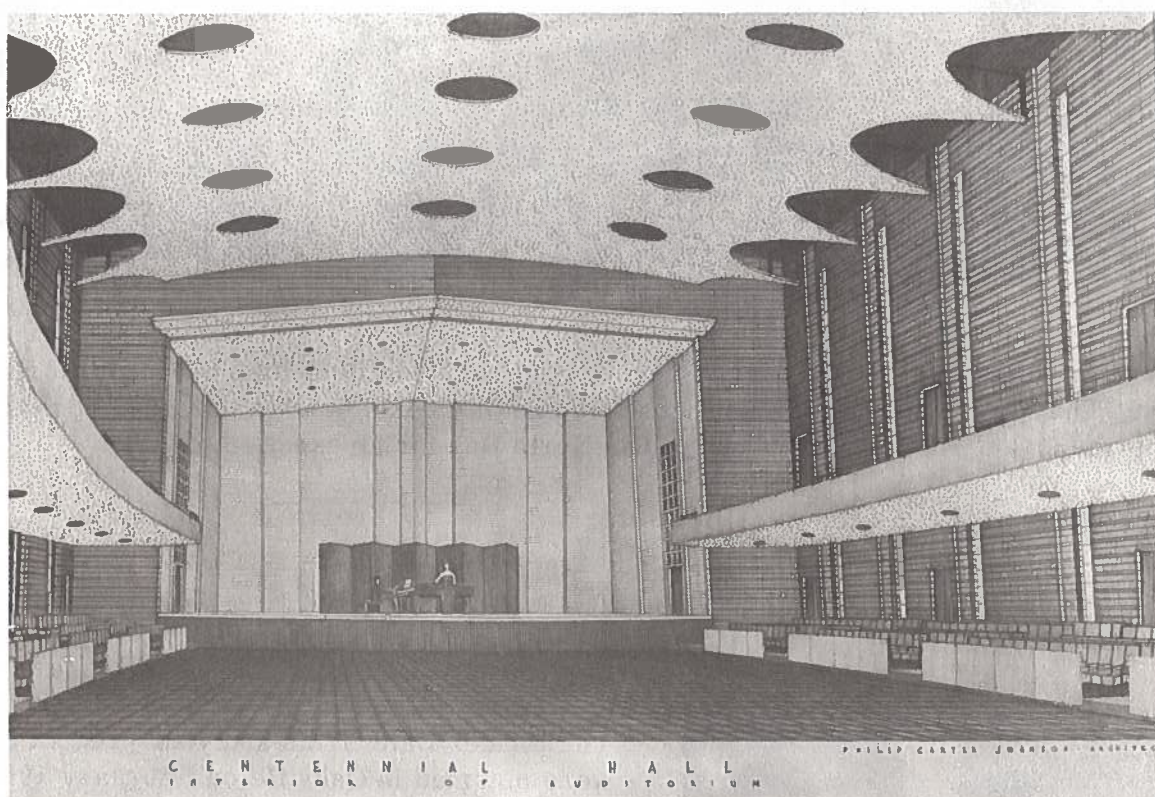
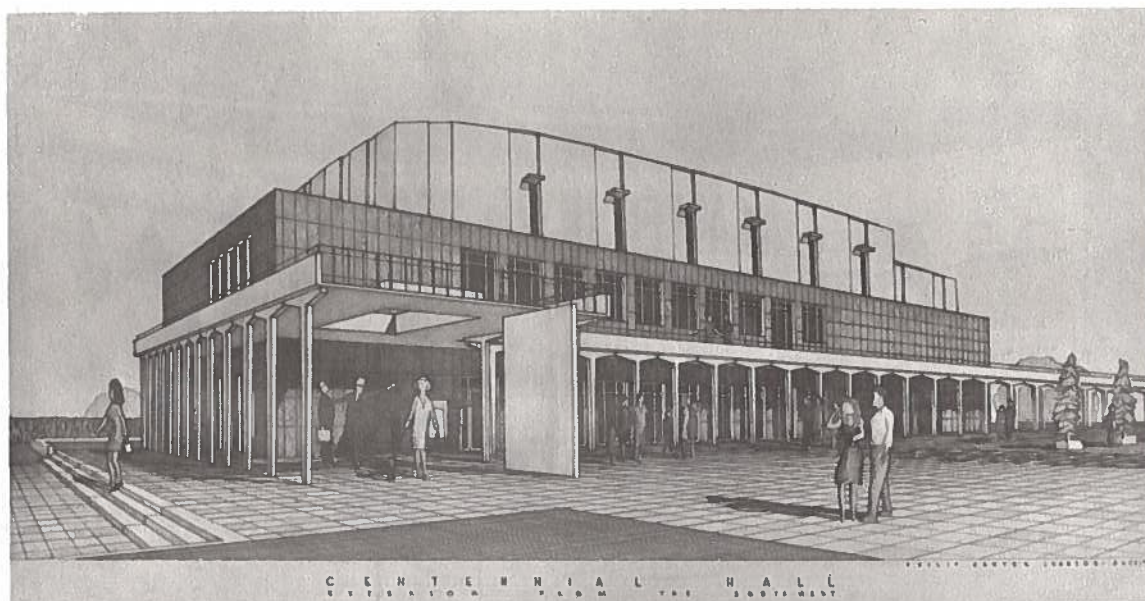
During the same week a swimming instructors course was also offered at the family "Y". It too was a combined program with graduates receiving:

1. YMCA — 5 Star Swimmer
2. YMCA — Senior Lifesaving
3. YMCA — Aquatic Instructor
4. Red Cross Leader Patrol
5. Red Cross Water Safety Instructor

It is apparent that this teamwork is paying off. We are looking forward to future co-operative efforts with great enthusiasm.

Right now we are in the process of interviewing applicants for summer jobs. The response has surpassed all expectations. With a 4 - 1 ratio for every position we should be able to select very capable summer leaders.

We are pleased to announce that a second recreation assistant has been added to our staff. Mr. Lynton Friedberg, 1968 graduate from Scarborough Centennial College, commences employment May 13th, 1968. Good luck, Lynton! - we are expecting great things!!



The City of London will soon celebrate the first anniversary of the opening of their beautiful Centennial Hall. The originals of the drawings we reproduce here are delicately tinted works of art. The Centennial Hall manager, Mr. K.J. Burgess, lent us photographs. The exterior view is from the southwest.



Above is a display that was part of Career Night at Widdifield High School in North Bay. The Recreation Department was only one of 43 exhibitors who took part in the program. Congratulations to the staff in North Bay for an excellent effort

BY THE WAY



The former Dale Arms and your present editor were married in Oakville on February 19th this year. Both were members of the first class to graduate from the Recreation Diploma Course at Guelph University.

KITCHENER — R. Ballantyne

Douglas Fraser has been appointed manager of the Breithaupt Recreation Centre and commenced his duties on April 8th. Doug was the assistant director of recreation for the municipality of Chatham, with earlier training and experience in the Armed Forces. Kitchener welcomes Doug to their staff.

A new area concept of playground programming is going to be conducted in Kitchener this year. Information on the organization and operation of this program will be included in the next newsletter.

ST. CATHARINES — Robert Christie

As the society liaison officer with the Ontario Parks Association, I would like to give the following information to the members.

The 1968 O.P.A. convention will be held August 8th, and 10th, in Brantford, Ontario. Convention headquarters will be the Holiday Inn. This year's theme is "Partners in Park Progress" and convention chairman is president Len Joylyn, parks manager in Brantford.

The O.P.A. legislation committee is making a study of laws governing the actions of minors, concerning malicious park damage. The O.P.A. is again going to seek legal amendments to hold parents responsible for the actions of their children. It might be time for the Society to put some weight behind the O.P.A. on this vandalism problem. United together we could stand a better chance to have this law amended. Chairman of the legislation committee is Bob Harrison, Commissioner of Parks and Recreation, Sarnia, Ontario.

ARNPRIOR — Bert Hall

I believe that Arnprior has operated a unique recreation program for the past two winters.

During the mid term break this winter we organized an interfaith program. This involved the United, Presbyterian, Anglican, Lutheran, two Baptist churches and the Roman Catholic church. The day chosen was Wednesday, March 20th. On the evening of Tuesday, March 19th a hootenanny was held at the Anglican Hall with about 200 teenagers present. On Wednesday afternoon boys and girls broomball and hockey games were played, plus tug of war and other games.

In the evening a dance was held at the Catholic Hall with a name band in attendance. All in all it was a good day and the youth of the town really enjoyed themselves. All churches certainly co-operated to make the day a success.

SMOOTH ROCK FALLS — Fred McLennan

Our municipal council is purchasing two portable classrooms to be used as recreation centres. Next year a full size basement and a permanent site will come into effect.

New programs that we have operated successfully over the winter months include: adult sewing classes, contract bridge, beginners' bridge, adult art classes, children's arts and crafts, boys' band, folk singing group, men's basketball league, girls' ringette league, and figure skating.

The Northern Ontario Recreation Directors' Association — north and south sections joint meeting will be held in Smooth Rock Falls for the first time on May 26th and 27th, 1968.

The recreation committee and public school board are working co-operatively to build a track and field area adjacent to the school — this is to include a track, a field event area, football field, softball diamond, parking area, and passive recreation area.

PICTON — J.W. Ring

At the March monthly meeting of town council a by-law was passed amalgamating recreation, parks and community centre's board all under one department which means that we are responsible for:

1. the supervision of programs of recreation for the municipality
2. all personnel employed on the three committees
3. supervision and maintenance of all public parks
4. management and control of all community centres established by council.

I have been named director of the three departments.

Approximately three months ago I distributed a survey to fifty different municipalities. I would like to thank those municipalities who returned it to me. One main point was that we upgraded our summer personnel and the pay schedule was increased one-third to conform with the rest of the municipalities across Ontario.

As president of the E.C.O.R.D.A. and administrator of the Playground Leadership Training Course, I would like to inform you that we have changed our camp site from Camp Quin-Mo-Lac near Madoc to the Salvation Army Camp ten miles south of Belleville. The facilities at Roblin Lake seem to be much superior with regard to lecture space and accommodation.

OWEN SOUND — J.R. Gillespie

The Owen Sound Recreation Department in co-operation with the Community Programs Section of the Ontario Department of Education sponsored Adult Weekend Workshops in flower arranging and watercolours.

The Owen Sound Winter Carnival Committee presented an excellent nine day winter carnival program which concluded on February 11th, 1968. Bobby Gimby of Toronto, Canada's Pied Piper of centennial year highlighted the beginning of the carnival when he acted as master of ceremonies at the Lions Club Variety Night. Mr. Gimby also led a 70 voice choir of Owen Sound school children in the parade singing his Can-a-da.

Many other events such as a Carnival Queen Contest, snowshoe races, barrel jumping on skates, klondike night, scuba diving under the ice, junior "B" hockey, little theatre performances, snowmobile races, log sawing contests, boy scout demonstrations, and torchlight parades featured this year's carnival.

AQUATICS COMMITTEE — R. Ventrcek

Proposed changes were sent to the Ontario Department of Health regarding pool regulations and the results are not known to date but one of the points stressed was the change of the regulation regarding lifeguards certification being renewed every two years.

The National Lifeguard Service is being publicized and courses worked through the Canadian Red Cross Society, Ontario Division, with administration being carried out by the Royal Life Saving Society, Ontario Branch.

There is a great need for courses for lifeguards and I would emphasize that any directors or program supervisors wishing a good comprehensive course for their lifeguards definitely contact either myself, the Royal Life Saving Society, or the Red Cross Supervisor in their area.

Pilot project courses of running Royal Life Saving Society Instructor's Course Certification, along with the National Lifeguard Certification and the Red Cross Instructor's courses are contemplated. There is a change in the charge for the National Lifeguard Certification which will now be \$10 per candidate.

The Saltfleet Township Recreation and Parks are involved with a citizen's group to raise through public subscription \$200,000 for an arena — still trying!

CAHPER — Miss E. Hill

The dance section of CAHPER announces its 1968-69 program. Fall workshop (date to be announced).

Upon request resource persons will be provided by the dance committee to a limited number of interested groups who wish to conduct local workshops. Other resources are also available. For further information contact:

Miss Elizabeth Hill, Community Programs, Ontario Department of Education,
559 Jarvis Street, Toronto 5. Telephone 365-2625; or

Mr. Robert Christie, Director of Recreation, 320 Geneva St., St. Catharines.

ETOBICOKE — Robert Farrow

The Borough of Etobicoke Recreation Department has initiated several new sports programs in the past year that have proven to be very successful. In July of 1967 a football camp was organized to allow high school football athletes a chance to learn and improve their fundamental and advanced skills in the game of football. Six high school football coaches were hired to do the planning and instructing of the camp program. The camp operated for four weeks, Monday through Thursday from 7:00 pm to 9:00 pm. The response was excellent.

During the fall of the same year it was decided that due to the tremendous response to summer tennis, the borough should attempt to start indoor tennis lessons. Within two weeks after the program was advertised the courts were booked solid for the winter. This program operates in the secondary schools triple gymnasiums and is supervised by a tennis professional hired by the borough.

There has also been some interest shown in the borough for an adaption of baseball for boys 7 and 8 called Peanut Baseball. It is a game where there is no pitcher and the batter must hit the ball off a tee at home plate. He is allowed one swing and must hit the ball squarely. Everyone on the team bats and we feel that it gives the young boys a chance to learn the game properly without the fear and emotion that most youngsters feel when they face a pitcher. Any departments wishing further information on these programs may contact the sports division of our department.

WINGHAM — Jim Ward

In our little town of 3,000 people we have quite a number of young aspiring actors and actresses. One hundred and five (105) youngsters flocked to the town hall when this program was originated. We have a regular attendance in 4 classes of 50 - 60 children. A member of the Towne Players and a high school teacher are now directing a cast in "A Princess With a Problem", which will be presented in May.

This year a new pool will open for the people of Wingham. It was built as a centennial project by the people and for the people. A citizen committee was formed in the early part of 1967 and a fund raising campaign was launched. The

building of the pool will not be a tax burden to the community since all the funds were raised publicly. Up to the present the people swam in the Maitland River which runs through the town but, lately the river is not as clean as it should be for good swimming. As a result a good swimming instruction program and recreational swimming, is being planned for this small Western Ontario town.

WHITEHORSE (Yukon) — John Thorsen

The first winter in the Yukon has been a disappointment, in terms of the Arctic weather expected. It didn't really materialize, at least, not for long. Whitehorse is subject to Chinooks at regular intervals so the longest cold spell lasts two weeks. February saw record highs and lows here — 50 above and 60 below. I personally experienced a low of -71 while on a trip in early February.

Recreationally, it's been a winter of learning about the people of our widely spread communities, and their activities. In many cases these begin and end with curling, every town has a club, Whitehorse topping the list with three.

The normal range of winter activity is followed, though scheduled activity in hockey is rough, when communities are 500 miles apart. Whitehorse is fairly self-sufficient, often to the annoyance of some smaller communities. Whitehorse is the only centre with a population of more than 1,000 — so team activities have to be on an area basis. The best single community centre, is in Watson Lake, valued at almost \$125,000.

With the distance factor being so great, large centralized events and tournaments are popular. The biggest of these is the Sourdough Rendezvous, a winter-end bash that brings the whole Yukon to Whitehorse for four days of northern events such as dog racing, skiing, snow shoeing and partying. It might be mentioned that though we don't have anything to do with their activities, there are more than 20 licensed outlets in Whitehorse.

Future plans? Operating within the confines, this year, of the Federal-territorial Fitness and Amateur Sport cost-sharing agreement, we'll concentrate on leadership training. Right now 40 clinics and courses are planned for the year. Development of area programs in smaller centres will be the next step. Summer programs this year will be aimed at Yukon entries to the 1969 Canada Games in Halifax, and there's a benefit — what community of 17,000 in Ontario has that prospect to hold out in its local programs?

Once the sports programs are under control, we'll be able to concentrate on the rest of the recreation spectrum.

It is, of course, easy to notice the isolation here, more than 1,200 miles by air from Vancouver or Edmonton (nobody would drive the Alaska Highway unless necessary) and we're more appreciative than ever of CBC network radio. There are compensations — the scenic surroundings, the excellent hunting and fishing,

active communities, and best of all, being in at the start — both of the recreation development and the hugh mining boom that's just beginning.

So while I miss the Society and Ontario Associations, I send my regards to the members and invite any of you to write, I'm finding more than enough to keep me interested and occupied, and don't regret the move.

Since the job carries with it, membership in the committee of provincial directors of fitness and amateur sport, I'll hope to be in touch with some old friends when attending its meetings — starting in June.

NATIONAL LIFEGUARD SERVICE

At a recent meeting of the Ontario Directorate of the National Lifeguard Service steps were taken to mobilize this program and extend it to a greater number of communities.

Any current instructor of the RLSS, the CRCS, or the YMCA who has had two years experience and is twenty-one years of age may apply to the Ontario Directorate, National Lifeguard Service for permission to run a course. Since the National Lifeguard Service has no source of income a candidate's fee of \$10 was imposed. This fee is to include the materials necessary as well as their preparation and production, the cost of awards and the cost of administering the program. This fee would not cover costs of pool rental or instructors.

To help standardize the courses, a set of lecture notes has been prepared and will be available. Revisions of both the theory and practical examinations have been part of this face lifting process.

To effect the program, the RLSS volunteered to administer the program while the Red Cross volunteered to do the necessary field work. Both of these organizations along with the YMCA will work towards developing the materials and program.

The National Lifeguard Service is the highest national lifeguard standard in Canada. Please direct all enquiries in writing to: The National Lifeguard Service, 550 Church Street, Toronto 5, Ontario.

* Editors Note

The marriage between C.P.S. and the Society will be complete on June 22nd, when John Thorsen and Elizabeth Hill become husband and wife. Our kindest regards and best wishes go with them.