



Fall 1996

LAKEHEAD UNIVERSITY PARENTS' NEWSLETTER

Welcome & Happy Holidays!

Welcome to Lakehead University and to our Parents Program. It was a pleasure meeting many of you at the Parent Orientations and we look forward to seeing more of you on campus in the future. We recognize the important role that you play in your son's/daughter's education and we are very pleased to have you as a part of our University community.

Through this newsletter and other University publications, we hope to keep you informed of what's happening on campus. *The Nor'Wester*, Lakehead University's magazine for alumni and friends, is now available to parents by subscription. Please see the enclosed subscription form for more details. If there is a specific topic that you would like to see in the next Parents' Newsletter, please feel free to let us know. Your feedback will help to make this newsletter more informative and interesting for all parents.

If you live in Thunder Bay or the region, we hope that you will come on campus to attend a varsity game, a concert, visit our libraries, or just have lunch and a campus tour. Feel free to contact the Information Office at (807) 343-8300 for information on campus events. For out-of-town parents, Tourism Thunder Bay has put together a fantastic travel package (see enclosed flyer). We hope that you will take advantage of this wonderful opportunity to visit your son/daughter in the coming months.

By the time you get this newsletter, first term classes will be over and Christmas exams will be in progress. Very soon your son/daughter will be home for Christmas and you'll be talking about 1997! We wish you a good holiday season and all the best in the New Year.

Season's Best



From the Parents Program Committee

Parent Orientation According to "Zoot"



Gary Wren sums up in a cartoon what he and his wife, Jill, think of the Parent Orientation -- good times, good food, good friends, and, more importantly, the good feeling that their daughter, Lindsay, is in good hands. Gary, who goes by the pen name "Zoot," is a professional cartoonist at Grand Valley, Ontario.

Life as an Empty-Nester

After "launching" her third (and youngest) son, *Geoff*, to Lakehead, *Susan Baker* (Windsor, Ontario) writes of the new experiences that she is "learning to adjust to (and enjoy)":

- No more piles of glasses in the bedrooms or plates with old pizza under the beds -- no popcorn bowls on the coffee table in the family room when I get up.
- Gourmet cooking -- some feasts I have prepared during the last month include sesame coated salmon fillets on a bed of greens (assorted!), rosemary and slivered garlic chicken, wonderful veggies like eggplant and parsnips, pasta sauce from scratch, not Hunt's Thick and Rich. It's such fun! No one says "what's this??" We haven't had hamburgers or pizza once (except homemade vegetarian).
- There is always gas in my car and I can drive it whenever I want!! The phone is always available and the calls are usually for ME, even though our boys were not really big phone talkers.
- I pretty much have my choice of TV shows although I really missed Geoff a lot during the World Cup Hockey series. We really do need to learn how to program the VCR though!!
- A mixed result. Now I have to come straight home from work to let out our 12-year-old dog, Jessie. So maybe we're not quite empty-nesters yet.

LU'S BEST

1996-97 Presidential Scholars

Every year, Lakehead University awards two \$10,000 Presidential Scholarships to outstanding high school students. Awards are made on the basis of academic excellence, community and school involvement, leadership skills, and an interview. The winners for the 1996-97 Presidential Scholarships are **Lindsay McLeod** a graduate of Hammarskjold High School, and **Shawn Forbes** a graduate of Fort William Collegiate Institute.



Lindsay McLeod enjoys many sporting and recreational activities, such as figure skating, gymnastics, swimming, basketball, volleyball, track and field events, hiking, mountain biking, canoeing and camping. She served on the Students' Council and coached volleyball and spearheaded a recycling program at her school. She was also an active

member of the Thunder Bay Red Cross Society's Youth Council and participated in "The Encounters of Canada Seminar," a program on Canada in science related areas.

Lindsay has a great love for music and art. She was a self-taught piano student and learned to play the flute in the high school band. Two murals which Lindsay painted are displayed in local schools. Lindsay is enrolled at Lakehead University in the Honours Bachelor of Kinesiology Program. She is the daughter of Carol and James C. McLeod of Thunder Bay.



Biology Student Chosen by NRC

Neety Panu, an HBSc Biology student, is one of 25 students selected from across Canada for the National Research Council's Women in Engineering and Science Program. The students will work in NRC laboratories on research projects during the summer and co-op work terms for three years.

LU Grad Retires from Liberal Leadership

Lyn McLeod graduated from Lakehead in 1983 with an honours degree in Psychology. She was awarded the Dean's medal as the highest-ranking graduating student in her program. In 1986, Lyn received her MA in Psychology from LU. Following a distinguished career in public service, Lyn was elected the 22nd Leader of the Ontario Liberal Party in 1992. Lyn has bid farewell to the Liberal leadership but she will remain MPP for Fort William.

Shawn Forbes is registered in the Honours Bachelor of Science Program, majoring in Biology. He was an active member of FWCI's music program where he played the violin and rose to the position of concert master. Shawn was also the Fundraising Coordinator and involved in the musical productions, "Kiss Me Kate," and the "Mikado".



In addition, Shawn was an advisor with the Student Action For the Earth (Safe) group, elected as a member of the School Improvement Team, and was a school tutor in math and science for three years. He was awarded a Volunteer of the Year Award by McKellar Hospital and was recognized by the City of Thunder Bay as a "Citizen of Exceptional Achievement."

Shawn works part-time at the Thunder Bay Public Library and is an active member of St. Dominic's Bowling League. His other interests include tennis, curling, model building, photography, and computer programming. Shawn is the son of Blaine and Ornella Forbes of Thunder Bay.

Engineering Prof Awarded 3M Teaching Fellowship

In the last twelve months, **Dr. Inderjit Nirdosh** (Chemical Engineering) has racked up three prestigious teaching awards: Lakehead University's Distinguished Instructor Award, an OCUFA teaching award, and now a 3M Teaching Fellowship awarded by the Society for Teaching and Learning in Higher Education (STLHE). Ten 3M Teaching Fellowships were chosen from a total of 64 nominations from 28 Canadian universities.

Former Dean Honoured by CIF

Dr. John Naysmith, Professor Emeritus and founding Dean of the Faculty of Forestry, has received the International Forestry Achievement Award for his outstanding contribution towards international forestry development. The award was presented during the Canadian Institute of Forestry annual meeting and conference held in August. Dr. Naysmith was the Project Leader and Senior Advisor for the National Conservation Strategy for Nepal during the 1980s. Presently, he is the Project Director of the Ghana Environment Management Literacy Project and Chair of the Ontario Forestry Futures Trust Committee.

WHAT'S HAPPENING ON CAMPUS

The Other R & R of Student Life

Rest and relaxation is an important part of a successful learning experience. But the other R (rules) and R (regulations) can play an equally important role in a student's academic life at Lakehead. Students often proceed with their studies without becoming familiar with the academic rules and regulations of the University. Getting an earlier grasp on this information helps to ensure a much smoother journey on the way to graduation. The LU course calendar, which is available to students at no cost, contains answers to most of the questions. A gentle reminder from you to note the following details could help make life less stressful for your son/daughter. If you or your son/daughter have questions on other rules and regulations, please contact us in the Office of the Registrar by phone at (807) 343-8500 or by e-mail liaison@lakeheadu.ca. We are here to help.

- **Course Numbering System**

(outlined on page 25 of the LU course calendar)

Lakehead offers full credit courses which are two terms in length and half credit courses which are one term in length. The third digit in the 4-digit course number indicates the course weight designation:

Odd numbers 1 - 9	half courses	e.g. History 2011
Even numbers 0 - 8	full courses	e.g. Sociology 1100

- **Academic Standing**

(detailed on page 23 of the LU course calendar)

Sometimes a student will experience life events, e.g. illness or a death in the family, that may affect his/her academic performance. In such cases, he/she should contact the instructor(s) as soon as possible. An instructor may employ one of the options listed on page 23 of the calendar and significantly reduce the stress level of the student.

- **Academic Schedule 1996-97**

(listed on pages 4 & 5 of the LU course calendar)

Winter Term courses (January 6 - April 8)

Final date for registration
and course additions January 15

Final date for course withdrawal
without academic penalty March 3

Fall/Winter full courses (September 9 - April 8)

Final date for course withdrawal
without academic penalty February 6

Other Important Dates to Keep in Mind

Fall Term Examinations December 4-17

Mid-year study week
(except Education) February 17-22

(for Education) March 10-15

Winter Term Examinations April 14-26

The Legacy of a LU Mom and Alumna



Betty Coates and daughter,
Mary Beth Coates.

Betty Coates had always been a leader. She served on the Lakehead University Alumni Association's Board of Directors from 1982, including two years as President. When Betty discovered that, for a limited time only, all contributions to endowed bursaries will be matched by the Ontario Government under the Ontario Student Opportunity Trust Fund program, she found the opportunity too good to pass up. She

and her husband, Bert, along with their four children: Melissa, John Robert, Mary Beth and David, established the Coates Family Lakehead University 30th Anniversary Bursary. The \$5,000 bursary endowment will ensure that, every year in perpetuity, a needy student will receive financial assistance in the form of a bursary.

"I have a great deal of loyalty to Lakehead University. I had a wonderful time here as a part-time student and all four of my children received their undergraduate degrees here before going on to other things," said Betty.

Betty passed away on October 8, 1996 but the legacy that she and her family have created will continue to benefit generations of students to come.

Ontario Student Opportunity Trust Fund

The LU Ontario Student Opportunity Trust Fund (OSOTF) has been established to provide financial assistance to needy students at the University. For a limited time only, the Government of Ontario will match all private donations for student financial aid endowments on a dollar-to-dollar basis. To be eligible for the matching contribution, all donations to the OSOTF must be pledged by March 31, 1997, and paid in full by March 31, 1999. The minimum for a named bursary endowment is \$5,000. Donations under \$5,000 will be pooled in a generic trust fund. Investment income from the trust funds will be used to assist academically qualified individuals who, for financial reasons, would not otherwise be able to attend university.

Our statistics show that...

- Approximately 50% of Lakehead University students are receiving OSAP.
- 68% of our incoming students are concerned about financing their education.
- 76% of first year students surveyed said they decided to attend university "to get a better job."
- Approximately 65% of our full-time undergraduate students are between the age of 20-24.

QUESTIONS FREQUENTLY ASKED BY PARENTS

Q: How can I tell if my son/daughter is eligible for scholarships, bursaries, and awards?

A: Scholarships are based on academic performance. All full-time students who have at least 80% overall average in their studies at Lakehead are automatically awarded an in-course scholarship for the following year. In addition, there are many program-specific scholarships that students may apply for.

Bursaries are based on need. Students who are in need of financial assistance should fill out an application form, which includes a budget, and submit by November 15. Students will receive their bursary money in late January. Additional funds are available for those who miss the bursary deadline and find themselves in extenuating financial circumstances in the second term.

Awards are based on satisfactory academic progress and criteria specific to a subject and/or program (e.g. Music award, Energy Science award). Students are usually chosen or recommended for awards.

Most scholarships, bursaries and awards are listed in the University calendar. However, students should check with the *Financial Aid Office* for new listings.

Q: Where can students find a part-time job?

A: The LU Student Placement Office posts notices on job opportunities on and off campus. There are about 50 positions available on campus through the Ontario Work Study Program (students must be OSAP eligible) in a variety of academic and administrative departments. The LU Alumni Bookstore, Athletics, Hospitality Services, Residence, the Outpost and Versa Food Services also offer part-time jobs to students. Off campus, students work at everything including childcare, retail sales, clerical services, accounting, computing, snow-shovelling, waiter/waitressing, tutoring, and ski instruction to name a few.

Q: Does my son/daughter need his/her own computer?

A: No, your son/daughter does not need a computer of his/her own but it is definitely a "nice-to-have" for term papers, assignments, e-mail, and Internet access. A number of IBM compatible and Macintosh PC's are available at the computer labs for students' use on campus but they must be booked in advance. The Bartley and Prettie Residences also have computer labs for residence students' use only. For students who have their own laptop computers, the Library has "electronic" carrels equipped for access to the on-line catalogue and the Internet. Also, all the rooms at the Avila Centre are "hard-wired" for direct connection to the University's computer networks.



Lakehead University Campus Tech offers a variety of computer packages, printers, games and softwares to students, faculty and staff at special educational prices. LU President, *Dr. Robert G. Rosehart*, is one of the many happy users of Campus Tech equipment.

NOTE:

Students may sign up for an e-mail account at the Communications Technology Resource Centre even if they don't have their own computers. If you have Internet access at home or work, e-mail is a great way to keep in touch with your son/daughter.

Parents Program Committee

Vonnie Cheng (Chair)	Development Officer
Anne Deighton	Acting Chief Librarian
Frances Harding	Publication Officer
Joy Himmelman	Director, Student Services & Community Relations
Sarena Knapik	Assistant Registrar, Admissions
Nova Lawson	Coordinator, Aboriginal Initiatives/Community Liaison
Norma Jean Newbold	Coordinator, Residence Life
Rob Zuback	Manager, Alumni Services

We'd like to hear from you

If you have any questions or topics that you would like us to cover in the next newsletter, please write or call:

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Suggestions on how we can improve this newsletter or the Parents Program would be greatly appreciated.