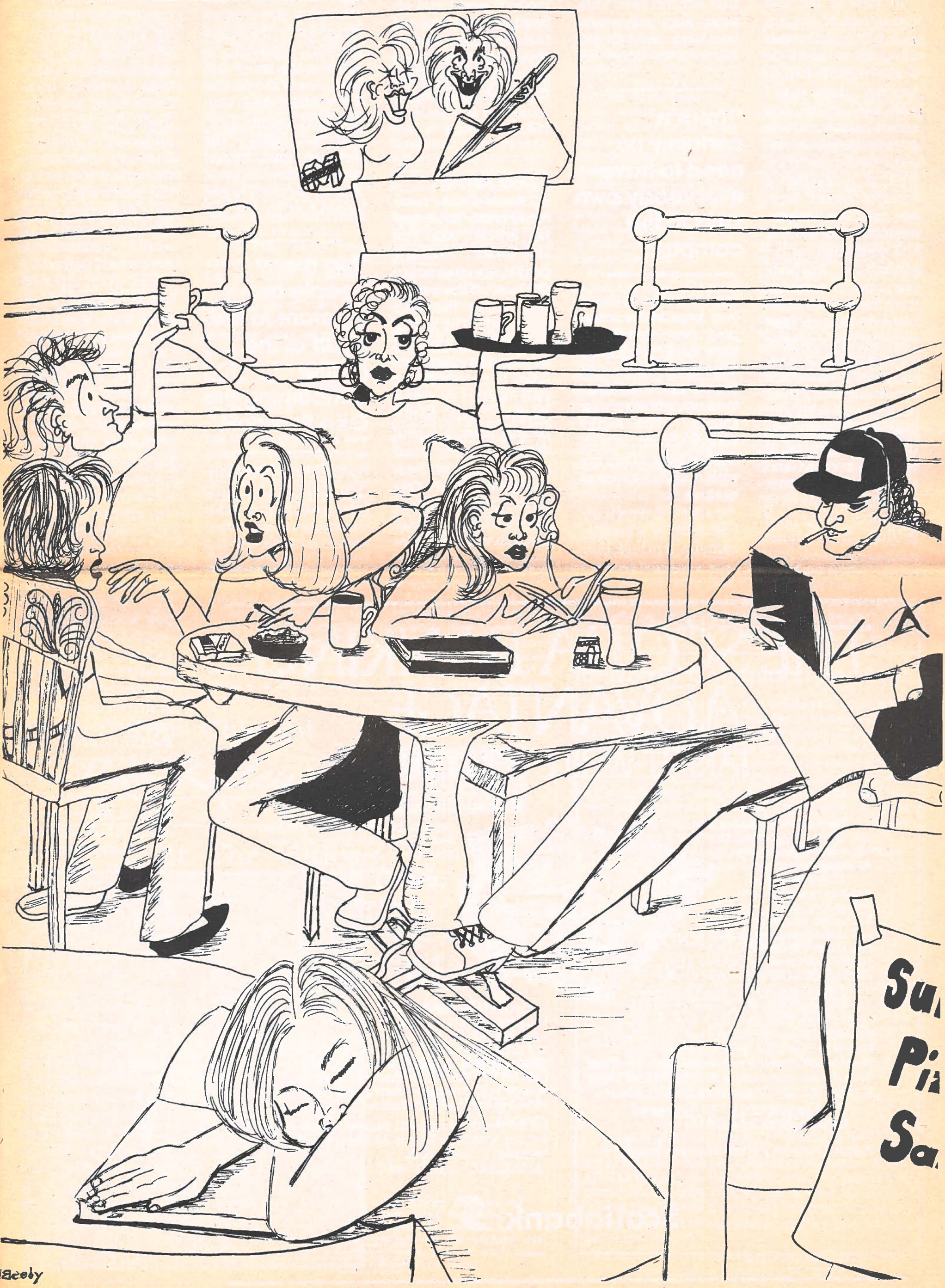
THE ARGUS

THE STUDENT NEWSPAPER OF LAKEHEAD UNIVERSITY
VOL. 27 NO. 3 SEPTEMBER 27, 1990



LETTERS

Dear Editor:

In view of the last two issues of the Argus, I thought something more need be said in regards to L.U. security. Last year I was one of the few active participants in getting petitions toward better security. Well, it looks like a security "escort" service will be implemented. But there is still confusion on organization. Anybody can apply, provided they have the time, know the campus (2nd year and up), can offer character references, and mostly, realize the importance of their position. In addition, they must know the times and places of special events and classes. It is not just walking a girl (most of the time) home and getting her phone number, but rather, that she feel safe. This topic also relates to break-ins and keys. There is certainly no need to have everybody own keys to the campus. Security officers have keys, presidents have keys, and one set to only main buildings available, not openly for spares. The escort service should have no need of keys if they are within walkie-talkie of backup.

"There is certainly no need to have everybody own keys to the campus."

Just because Lakehead is a smaller campus, it is high time it stepped into the modern world and offered and maintained their responsibility to good education and security throughout the whole campus.

Amy Giroux

Dear Editor:

I would like to commend Lesley Davis and her article "Oka: The Real Issues". Too many people are ignorant to the heart of the matter concerning the Oka stand-off. The media in it's constant search for sensationalism, has failed to exemplify the real issue of land claims. The native people have a lawful dispute over land claims with the Federal government. Our elected leaders in their continual asinine fashion, have failed to listen to the voice of the Canadian people. The Mulroney government must learn that they cannot continue to sidestep the issues and concerns of the people. They must deal with the land claims honestly and fairly. The Federal government must swallow it's pride and be prepared to give somewhat to the natives. But in like fashion, those at Oka must also swallow their pride and lay down their arms and accept full justice of the law. In other words, amnesty cannot and must not be granted to those who took up arms against their country. This act alone is an issue that must be dealt with great care and careful thought. Granting amnesty to the armed warriors of the barricades could set a frightening precedent in Canada. It would acknowledge that armed aggression works when attempting to achieve a desired end. In a country that prides itself on it's multiculturalism, and is comprised of a wide variety of different ethnic and social groups. The implications this could have on future internal events is plain.

"Too many people are ignorant to the heart of the matter concerning the OKA Standoff."

We must not allow our emotions to overrule rationality. To believe that the native ***people had no other*** recourse is wrong. Have we all forgotten how Mahatma Ghandi and his policy of non-violent resistance brought the British Empire to it's knees and freed his people to self-rule? Or how Martin Luther King brought a super power to shame and tears in his non-violent protests to achieve equal rights for all people in his country? Imagine the effect of the first nations in an unprecedented show of solidarity, having the biggest peaceful pow-wow demonstration on the front lawn of parliament hill. Who could ignore such a gathering on their front lawn?

In deciding the fate of those who took up arms at Oka, we must not let our emotions coerce us into only looking at the short term effects. Reason must prevail in order that the long term repercussions can be fully understood.

Keith Gregory

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NEWS NEWS NEWS NEWS

The Young, The Restless, and The Board

By Robert McKenzie

At last Thursday's LUSU meeting, the first major item of discussion was the preceding weekend's street dance. Dominant topics ranged from Mother Nature's spitefulness to alternate rain locations for future events of this type. Most discussion time on the subject dealt with the irate students who paid a rather large sum of money to be turned away from a promoted beer gardens which closed for business at 10:30.

The early closure was initiated by administration's James Marsh, according to Tony LeBlanc, LUSU V.P. Finance. Mr. Marsh was the person in charge of the licensed running of the facility which was located in the main cafeteria. When later asked about LUSU's reaction to this, Mr. LeBlanc stated that "There was some resistance by LUSU organizers". He went on to explain, however, that with the amount of staff hired for the event and the low numbers of students actually using the facility, " we would have continued to run at a loss anyway."

When asked about the absence of a beer tent at this year's event, LeBlanc responded that administration would not permit one as part of their endorsement of alcohol-free events.

Though hard one may try, it is impossible to pin-point a scapegoat for this one, and almost equally difficult to devise a solution which may have prevented the $8000.00 in losses.

Immediately following the discussion of the dance, was a special report by the Judicial Committee. For this report, all observers were forced to leave the chambers. The Board of Directors voted to go into a closed camera session which lasted more than 45 minutes.

After this, council commenced discussion regarding the theft of several hundred dollars from the cash drawer of the LUBA offices. Speculation was raised by some councillors of an inside job, probably due to the fact that the thief had to know where the money was and when it would be there.

The proposal of a tighter key issuing policy and new locks for all club doors was presented by one executive member. But councillor, and former LUSU President, Greg Beckford came up with what seemed the most effective solution. He said that clubs which have money should "try using a bank account to store money ... or one of the safes on campus."

The next issue on the agenda was the consideration of withdrawing LUSU's membership from the Canadian Federation of Students if a certain motion was passed at their next meeting.

The motion to be presented at the next CFS conference was one which would provide weighted representation by institutions across Canada. The breakdown of representation levels was that a university with a student population of 5000 or less would receive one vote on the CFS Council. For every additional 10,000 students after that, an additional vote would be allotted.

Most councillors were of the opinion that, since CFS is essentially a national lobby group to the federal government, it should represent the concerns of each university or college on an equal basis.

Also, as Greg Beckford pointed out, most of the policies for CFS are created at the committee level. He stated that larger institutions already have advantages as their budgets allow them to send more delegates to conferences. These delegates can gain positions on several policy-making committees. At the same time, however, LUSU affords to send only one.

LUSU president, Ian Middleton, in a rather fiery delivery, also pointed out these and other negative aspects of the proposed motion of "rep-by-pop" in CFS. He made it clear that LUSU should threaten CFS with a petition at our institution to withdraw from the organization into which LUSU injects over $20,000.00 each year.

He stated that LUSU cannot afford to sit aside and watch its representation dwindle further into obscurity. This point and all others were considered thoroughly and, after lengthy debate, the position of the board was clear - the threat of withdrawal would be issued to the CFS.

Finally, during question period, the topic of LUSU's promotion of American Express was raised by several concerned councillors. They mainly wanted to know why V.P. Finance, Tony LeBlanc chose to promote that particular card when it requires a full balance payoff every month.

Aside from the $5 commission LUSU receives for each card registered for, Mr. LeBlanc stated three other reasons. The card provides great travel deals for all students in conjunction with Canadian Airlines. It provides discounts for its holders at select businesses. And, finally, the company will provide a large programmable electronic sign-board for student use. This will be used for promotions in the pub.

When later discussing the Am-Ex promotions, LeBlanc stated that he had run into resistance by the Alumni Association for promoting the card as they are promoting another card on campus.

Alumni feels that they make more meaningful use of the revenue gained by commissions on their card and LUSU shouldn't compete with that. LeBlanc stated that it was LUSU's intention to provide a service to the students with the advantages that the card can provide for them. The main thrust behind the campaign was not the intention of providing competition.

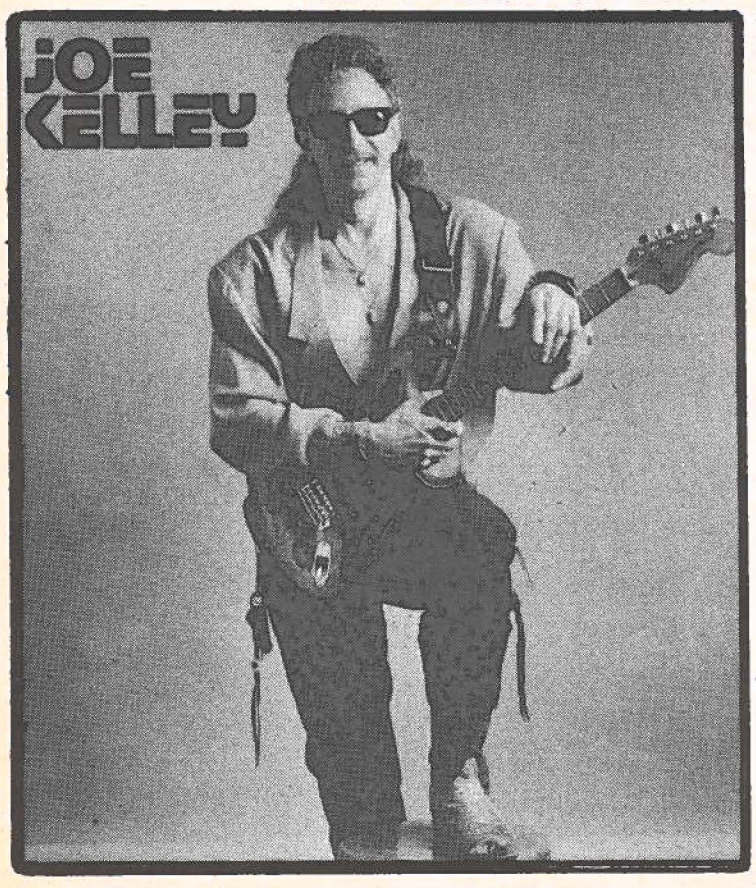
LeBlanc feels little doubt that the Alumni position had influence on administration's choice to forbid LUSU a stand on university property to promote their card. He also stated that LUSU should be able to make money as Alumni can since "LUSU services are available to all of our students rather than a select few."

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CAMPUS CLIPS

University Commision Hearings

Public Hearings will start on October 17, 1990 for the Commission of Inquiry in Canadian University Education in Quebec City. The Hearings, which will be held in several other Canadian cities over the next few months, have three main goals. First, to examine the extent that the educational mission of Canadian universities needs to be revitalized. Second, to determine just what this renewal will consist of. And third, to examine the ability of the university educational system to adapt to the needs of an evergrowing Canada.

The Commission, though established by the Association of Universities and Colleges of Canada, is an independent body.

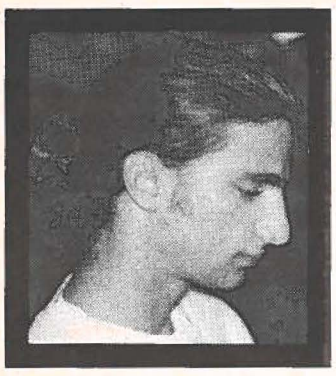
Status of Women

The Status of Women Committee had their first meeting on Tuesday September 25 at noon. The mandate of the committee is to raise the profile of women's issues on campus and to provide a support network for the female population of Lakehead University. The next meeting will be on Tuesday November 6 at noon. It is hoped that more students, faculty, and employees of the university will join.

Smoked Muffins

Smoked Muffins, anyone? That's what they're serving in the Education Lounge at the Bora Laskin Building. The lounge is so full of smoke that you may as well have a cancer stick hanging out of your mouth too. Considering the size of the facility, it would seem logical that smoking should take place outside, right? It' s only fair—clear the air!

Do You Think There Is An Apartheid In Canada?



Brian, Outdoor Rec. II: Yes.



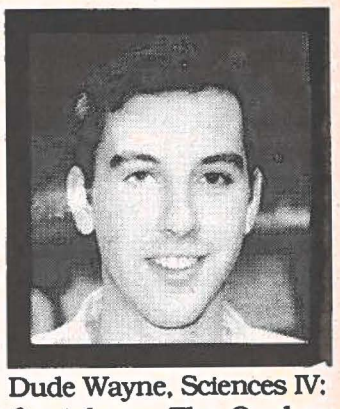
Allison, Outdoor Rec. I: Yes, in dealing with the natives.



Bruce, Languages I: No, but I believe there is a slight problem with racism in the larger centres.

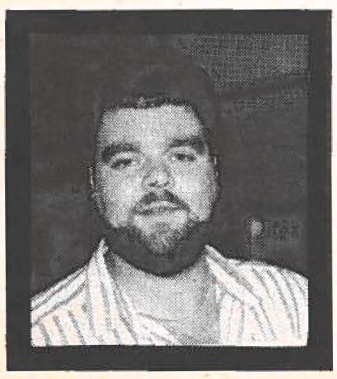


Michelle, Outdoor Rec. III: Definately.



Dude Wayne, Sciences IV: Definately so. The Quebec referendum to seperate, Native rights, gender, economic/financial status, cultural differences.

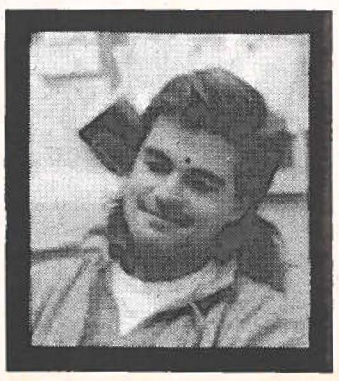
Do You Think Sex Is Over-Rated?



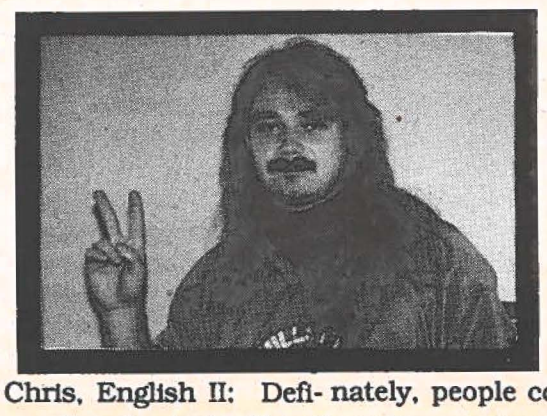
Doc: Yes, but I'm married.



Wendy, Forestry III: No, It's great.



Tony, Arts IV: I don't know, I'm still a virgin.



Chris, English II: Defi- nately, people concentrate on the physical rather than the spiritual and psycho- logical.

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"We should't teach great books, we should teach the love of reading"
B.F. Skinner

EDITORIAL

Enemy of the Month Club

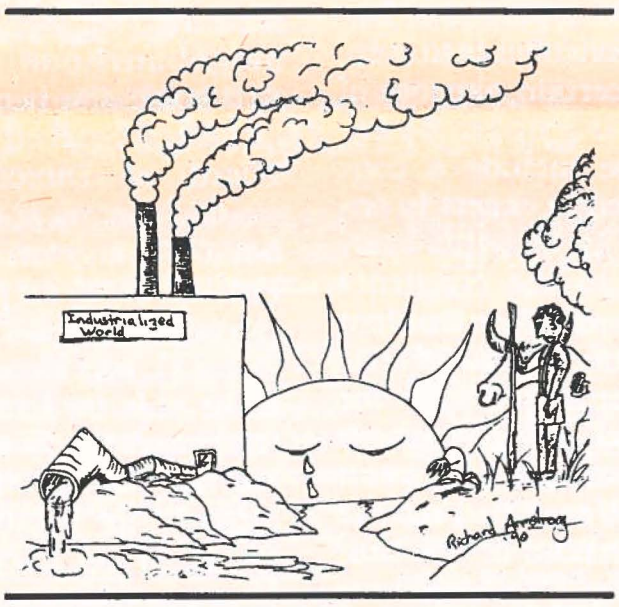
by Faisal Ali



One thing we can be certain of in our Western culture, is that it is easy for us to create bad guys. Openly defying men like Fidel Castro, Noriega, or Daniel Ortega (as a few examples), was easy for the American media and Presidential speech writers to do. However it tends to get consistently more difficult for us to befriend world leaders when they walk that fine line between dictatorship and democracy. The removal of Ferdinand Marcos from the Phillipines is only one example where a strong message was sent by the U.S. State Department—run your country your way, but don't forget where the gravy comes from. A friendly reminder from your neighbourhood CIA.

For years, the American and Western governments kept Saddam Hussein in what might appropriately be called the 'good boy' closet. We never wanted to actually call him a close friend, but nine years ago when he boldy stepped across the border in Iran to claim a small piece of land, the West breathed a sigh of relief that someone was teaching those wicked hostage-takers a lesson. Supplying Iraq with weapons and satellite intelligence wasn't enough—they also let Iraq grow into a formidable power in the Middle East. Now, when Iraq makes peace with Iran (sort of) and steps into Kuwait to claim another disputed chunk of land (to pay off accumulated war debts), the U.S. and other Western allies are left with mud on their face. There is no doubt that what Saddam Hussein did epitomizes the ruthlessness of a war-monger dictator, but now we sort of look like hypocrites also. It just proves the old adage "superpowers have interests have—not friends." After eight years of fighting with Iran, using Soviet and American Weaponry, spending all of the country's oil money, and causing countless deaths, Hussein basically gave the land back to Iran in a hastily negotiated peace settlement. He had bigger fish to fry.

Saddam Hussein is now the biggest single threat to American oil in the region. Defending the Saudi Royal family is not only defending individual lives, but defending a steady stream of reliable energy to the West. If you're looking for a prediction as to whether war will break out, then yes, it will. Iraq has one million people ready and poised for war. The United States is the backbone of one of the largest peace-time troop buildups. With increased tension in the Middle East already, growing pan-Arab support, and the cooling days of winter approaching, it will cease to be a standoff, and Iraq will come out the loser. The United States will go home breathing a little easier; and maybe they will be more choosy about how they treat their 'friends' in the rest of the world. As for the Middle East? Well maybe Democracy might get there yet, but that's another story.



Painting the Politics Green

Painting The Politics Green

It is beyond doubt that the environment needs to be carefully assessed and it's use strictly monitored. The depletion of the natural resources worldwide at a scale never witnessed before in human history is a fact; leaving behind the task of determining the extent of damage done, and what remedies can be offered for a more sympathetic and caring exploitation of the environment.

However, before we jump blindly onto the "protect our environment" campaign and in order to control the use and abuse of the environment, we need to first understand the reasons and the dynamics which have so far governed this exploitation, otherwise, the radical policies that are formulated to tackle the environment issue, mostly in the industrialized countries- but presumed suitable worldwide, threaten to stagnate (if not reverse) economic growth and development in areas most in need of growth and development- the weak and poor nations who constitute the developing world.

The environmentalists have proven that the "greenhouse effect" will make the earth warmer in decades to come. For example, the Northern European climate will resemble that of the Mediterranean and there will be an increase in desertification in many parts of the world; areas which include the Sahel and the American Mid-West. The main culprit of global warming is carbon dioxide. A vigorous campaign against this compound has been launched in Western Europe, from discouraging the construction of thermal power stations and banning timber trade (large forests will consume, among other things, the excess carbon dioxide in the atmosphere, or so it is believed). Policies are churned out thick and fast.

Some of the methods of limiting the emissions of carbon dioxide are improvement in the production method, reduction in harmful wastes, making better quality products, using the raw materials more efficiently and substituting natural inputs with synthetic materials have all been part of the evolutionary process in the West's industrial development. Further, the use of nuclear power to generate electricity because it is atmospherically clean (no carbon dioxide emission) is another alternative. This step will benefit the industrialized nations as it will improve the quality of life, and maintain/preserve to a better degree, than has been the case in the past, the natural environment in the rest of the world.

On the other hand, Green Politics neglects the right of the third world, people who depend on the environment to generate much-needed wealth for their economies. Further, these poorer nations depend on the aids and grants from industrialized nations, who in the bargain tap poorer nation's natural resources for their own benefit. There are issues such as the rate at which the rainforest is cleared, or the amount of toxic material that is used in agriculture and that which pollutes the rivers and lakes at an alarming rate. These poorer nations do not realize that in the long run it will damage their natural environment.

Recent examples of the damages are: Bhopal (poor industrial safety), Chernobyl and Three Mile Island (nuclear accidents), Western Europe (acid rain), Alaska and Morocco (oil spills) and Bombay, Cairo and Mexico City (smog).

In conclusion, the technology and expertise used by the third world to generate hydro power, and in the manufacturing sector, is very primitive and emit ample carbon dioxide and CFCs into the atmosphere. To replace these primitive tools is very expansive and too costly. Further, these nations look up to industrialized nations for aids and grants to develop their industrial sectors, and these rich nations take advantage of this opportunity. Hence, all in all, the environment needs to be looked after. But if it is done so on terms and conditions set out by the industrialized world, then it is the poor nations that look after these policies.

Salim Dharsee

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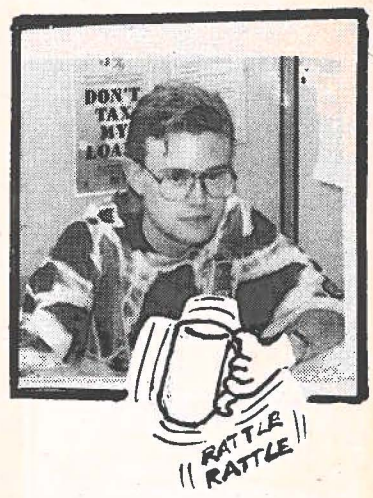
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PRESIDENT'S REPORT

September 27, 1990



.The Great Administrative Director Debate.Last year as a result of a report issued by a LUSU AD HOC committee on how to restructure the Student Union, LUSU created a new staff position called the Administrative Director (A.D.), with a salary range of between $37,500 and $42,000. This May, the summer executive reassessed the position to see if it was worth the expense and was necessary since there are now three full_time executives. It was our conclusion that the needs identified as not being met by the Student Union's current organizational structure could be addressed without hiring another full time staff member. This was done by hiring on a part time basis, consultants to oversee certain aspects of LUSU operations. These include a construction expert to ensure the students interests in the construction of the Student Centre, a team of consultants to review the proposed management agreement between LUSU and the Board of Governors of the University. We also have people looking at the long term fiscal picture of the Student Union and will be developing a five year business plan for LUSU. Experts in the hospitality field are looking at the restaurant operation of the new events hall and will develop operating manuals. Currently, the Student Union has a business manager, pay clerk, events programmer/bar manager, assistant bar manager as well as five supervisory personnel in the Study. Even though the new events hall will be a much larger operation than we currently run, we have the operating procedures in place to accommodate the increase in staffing and revenue. New computer equipment was installed in the Study this year with the express purpose that staff would be fully trained on it by the time the Student Centre was ready to open. There will also be a Kitchen Manager to run the restaurant.What then is the administrative director to do? This was the problem that we had this summer when it came time to actually go out and hire someone for a job we felt was redundant and a waste of money. The total bill for all the consulting work to be done this year is in the neighbourhood of $10,000. Some people on campus and on the Board of Directors would have us spend $42,000 a year, IN PERPETUITY, for jobs already accomplished. The A.D. was thought to be able to develop the long range financing of the Student Union. The business plan and our current Business Manager are already doing this. Furthermore, how is one person to address all the aspects of LUSU? We need a Construction Engineer to oversee the building, we need kitchen experts to help in the purchasing of equipment for the main events hall, we need business people to develop a long range business plan. We did actually go out and advertize the A.D. position, none of the applicants were able to offer the qualities that were needed. Some people wanted the A.D. to make policy decisions. Policy decisions are made by elected representatives of the Board of Directors and the executive. In my opinion, all policy decisions must remain in the hands of demoeratically elected individuals if LUSU is to be accountable to its membership. The money that would have been spent on the A.D. can go towards offering better services to the student body. We need more photocopiers, we could use student accessible word processors so essays and reports could be typed, replace the old typewriters under the Library, offer legal advise to students, make the Ombudspersons office full time, more speakers on campus, more alternative programming etc.In the next two weeks the Board of Directors will be again looking at the A.D. I stand by the decision of the executive this summer to not hire and A.D. We must remember that LUSU is here to offer services and this cannot be done if too high a percentage of our revenue is use to pay staff.In conclusion the decision not to hire an Administrative Director is supported by our auditors, L.U. Administration and our present staff.







ACROSS CANADA

No Nukes At U. of Sask.

SASKATOON (CUP) — The University of Saskatchewan should quash plans to buy a controversial ten-megawatt nuclear reactor, according to a local citizen's coalition.

Using a recent report critical of a two-megawatt nuclear reactor in Piniwa, Manitoba, the Pokebusters Citizen's Coalition has intensified its campaign to stop U of S from buying the reactor.

The Atomic Energy Control Board (AECB) has said Piniwa's two-megawatt reactor is unsafe because of improper waste management, inadequate testing procedures, and a general lack of quality assurance in the design.

Pokebusters official Tom Ermondi said if the two-megawatt reactor can't be operated safely neither can the larger one being considered by U of S.

"The U of S board of governors should reject the Slowpoke outright," Ermondi said. "The Atomic Energy Control Board's document is enough proof.

"Hidden dangers within the Slowpoke reactor would pose unnecessary risks to thousands of university students and the surrounding community," he said.

But Metro Dmytriw of AECB said those who are afraid of the reactor "don't understand the technology."

When asked about the safety concerns, Dmytriw said an environmental impact assessment would be conducted under provincial and federal government guidelines.

The university's board of governors is expected to make a decision on the issue by November.

Bye Bye Tuition

By Helen Wuorinen

The Ontario Confederation of University Faculty Associations (OCUFA) which represents Ontario's 12,000, professors, passed a statement calling for a decrease in the level of tuition fees. This decrease would involve a policy, which over a period of time would see the complete elimination of fees altogether. Such an elimination would also affect international students. As well as leading to improvements in the Ontario Student Assistance Program.

In the policy statement, one of the main goals is to attract students who are currently unable to afford the present cost of tuition.

The statement was issued in response to a rise in public attention to the higher cost of university, specifically a proposed plan by one Canadian University to steadily increase their fees.

An official at Queen's University proposed yearly increases of 125 dollars in tuition costs in early 1989. This directly led to the striking up of a committee to study the issue of fees at the June 1989 meeting of the OCUFA Board of Directors. As a result of this committee a policy statement to slowly do away with tuition fees was passed on September 14, 1990. The following are a list of what the policy expects from the Government:

Differential fees for international students were to be cut out and tuition fees were to be reduced, at the same time as fees for Ontario students were.

Financial aid to international students from nations less prosperous than Canada was another proposal made by the directors.

The implementation of a review of the Ontario Student Assistance Program, allowing for more flexibility in parental contributions, reviewing the definitions of the dependent/independent student categories and to give more assistance to post graduate students.

Dr. Bob Rosehart, President of Lakehead University said that "...if the new government decided on a long term strategy that would like to see tuition fees eliminated, I don't have any trouble supporting it."

Any long term plan would have to involve an increase in funding from elsewhere — more than likely, further government subsidies. Currently, the provincial government picks up around eighty percent of the average student's education, while the international student pays the entire cost.

Whether or not OCUFA's recommendations are put into place by the newly elected government, still remains to be seen.

Unfortunately, the Lakehead representative of OCUFA could not be reached for comment at this time.

Canada's Native Obligations

OTTAWA (CUP) — If the problems facing Canada's native people are to be resolved, Canadians must first recognize and address their moral obligations to the First Nations.

That was the message about 350 students heard at a Sept. 12 open forum on aboriginal self-government at Carleton University.

In a speech repeatedly interrupted by applause, Ovide Mercredi, the deputy regional chief for the Manitoba Assembly of First Nations, argued that the problem of aboriginal sovereignty is not a legal or constitutional issue, but rather a moral and political one.

"When did the indigenous peoples surrender the right to govern themselves? Where in our history is the paper that tells us so?" he demanded.

Native collective and individual rights to freedom rights enjoyed by other Canadians are being suppressed, Mercredi said.

And Canadians have no right to tell natives how to conduct Indian affairs, he maintained.

Appealing to governments and the Canadian public to abolish their double social standards and share political and economic power, the Manitoba chief called for a just and more equitable allocation of resources.

"There can be no law and order without justice," he said. In a spirit of cooperation and friendship, Mercredi appealed for a greater understanding and tolerance for native people. He also called for the opportunity for natives to address issues in accordance with their traditional values and institutions.

American native leader Russel Means told students about current relations between natives and the U.S. government.

In that country, there is a structure of tribal police and courts that work in conjunction with local, state and federal authorities, he said.

The Canadian government's refusal to negotiate towards this type of sovereign structure is a disgrace, Means said.

"Canada has been embarrassed before the world. Its treatment of Native people is being internationally compared to oppression in Israel and South Africa," he said.

Native political and legal stability is a prerequisite for economic development, Means said. The present situation between natives and the U.S. government was carved by acts of violence, he said, adding that he hoped native and non-native violence can be avoided in Canada.

FIRE DOOR FEAR

TORONTO (CUP) — A newly-installed security system in a University of Toronto building has raised concerns among students about fire safety.

Electronic locks on the building's doors are supposed to automatically unlock in the event of a fire, but students fear the system may break down and people could be locked inside the building in an emergency.

Alan Rosenthal a graduate computer science student, said he is concerned about the new locks."Anytime there are electronic systems there are usually complications or electronic failure," he said.

After inspecting the building recently, Ron Lewis, the U of T's chief fire prevention officer, said the fears are well-founded.

"There is a remote possibility that during a fire alarm when people try to leave, the button (to unlock the door) could fail," he said. "You could in some circumstances be trapped."

But, he said, U of T is dealing with the issue.

"The university has gone to the project architect to try and find some solution to this problem, because we can't live with it."

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ENTERTAINMENT

LONGTIME COMPANION

by Jenny Beck

Longtime Companion is currently playing at the Cumberland Cineplex. It is the fictional account of a small group of friends in New York City in the 80's and how their lives are changed by the appearance of a mysterious and devastating new disease, Aids. To handle such a heavy subject at an entertaining as well as an informative level, demands a delicate balance in its treatment. This film, written by Craig Lucas and directed by Norman Rene, meets the challenge.

The film first and foremost is a celebration of life and this is where its strength lies. Although it portrays the horrendous consequences of the disease, it isn't mired in the problems surrounding Aids. It is an honest account, exploring what it must be like to live day by day wondering if you, your friends or your loved ones will be marked by this incurable disease. It deals with the paranoia surrounding Aids: the constant self examination for symptoms and the fears surrounding touching the Aids sufferer; and it deals with the strength required in facing such adversity day by day.

It is a story of relationships and the loyalty and dignity surrounding those relationships. I was impressed by the level of caring and courage which the characters demonstrated to each other. In the finest senses of the word, the film is a love story. Which brings me to another point. The film, of course, is also about living an alternative lifestyle and it portrays this lifestyle with tact, and humour.

In the film, there were only two things I had difficulty with. I found the beginning confusing. The film has several major characters all of whom were introduced in the opening minutes of the film. This happened so quickly, I found it difficult to keep track of who was who throughout the film. Only one of the major characters was a woman and I think this is a flaw. In the face of the devastation of this disease, where were the birth families? Were Lucas and Rene suggesting that the families of these characters were all homophobic? Additional female characters would have emphasized the fact that, although initially it affected North American homosexual men, it now colours the lives and lifestyles of all of humankind: men, women and children.

Its a great film. Go see it.

PUB PROFILE

by Rita Racco

an interview with Liz Melvin



Liz Melvin at work in The Study Photo by Steve Balogh

Where are you from and where did you go to university?

I'm from London, Ontario but went to Brock University in St. Catherines.

What did you study and for how long?

I studied communications for three years. I did a part honours, part general B.A.

Have you been to Thunder Bay before? How do you like it now?

I've never been here before. (Liz pauses and smiles)... I miss the trees, the red on the trees. I don't see any large deciduous trees on lots or around houses here. But I haven't seen much of the city yet, just L.U.

What are your impressions of Lakehead University?

I think it's a good school, most of the people are great, and down to earth. I'm impressed with the attitudes of the students. I'm really impressed with my staff. So far I haven't seen much of L.U., but I have seen the Fieldhouse.

How does L.U. compare to other universities?

Well, its not Western. (She looks relieved that she's here and not there). It (L.U.) is about the same size as Brock. I feel comfortable here. You don't feel like you're lost here like you do at Western. You're also more likely to see someone you know. It's more...homey.

What made you decide to make the move up to Thunder Bay?

I worked at Brock for the Pub management. I worked there for three years during school and I loved it. Working here is the same kind of work.

What did you do before you came to Thunder Bay?

I helped execute the coordinating of the Miracle Network Telethon. That's for the children's hospital. I also worked as an advertising manager in Western University.

What is your job title and what are your responsibilities?

Well, I'm Assistant Pub Manager/Events Programmer...(she laughs), but really I'm just Jeff's assistant. I take care of about 70% of the Pub, and 30% of the programming. Jeff (Dockeray) and I have the workload of four people split between the two of us.

What are the hours like?

I haven't had a lot of sleep since I've gotten here. We have been working about 95 hours a week since before school began. Because there's only two of us, it is double the work.

Are you finding it hard to adjust?

I have so many things to do I haven't had time to really adjust!

Do you miss home?

Yes. I miss my family and I miss London...but I can't call that home anymore.

LAXDAL AT THE MOVIES

by Brian Laxdal



After the largest box office summer in history, (1989), Hollywood was preparing this summer to once again break records. In order to achieve this, many movies with the highest budgets ever were readied for a fight to reach the top. However the net results at the end of the summer indicated that the movies were unable to produce the desired box office draw of the previous year. The apparent big budget winners of the summer were "Total Recall" which cost $65 million to make and made $113 million and " Die Hard 2" which cost $70 million to make and brought in over $100 million. Both movies gave us the roller coaster ride of the summer; however, unfortunately for the studios, neither topped the profit of last summer's Batman which grossed $250 million.

More surprises continued as " Days of Thunder", a much expected blockbuster, went down in smoke. Prior to this the movie industry believed any Tom Cruise movie was a sure ticket to the big bucks. Another major disappointment was the eagerly awaited sequel to "Chinatown" entitled "The Two Jakes". The movie's plot was so complicated and disjointed that the audience was left confused and bored to death. Also, the past summer showed us flops from former box office stars such as Robin Williams in the lacklustre "Cadillac Man" and two from Mel Gibson who starred in "Bird on a Wire" (proof that showing Mel's behind can no longer draw an audience) and "Air America", a black and laughless comedy.

But the biggest disappointment of the summer was "Dick Tracy" which was hoped to surpass the largest box office draw of all time "Batman". "Dick Tracy" grossed $100 million; however, it was made for $32 million while its advertising campaign cost an astounding $40 million. The movie's lack of success at the box office is a good indicator that many fans very disappointed with the film.

As many of the summer hits came and went some spring mega-hits continued to dominate the box office, "Pretty Woman" is the highest grossing movie of 1990 with a take of $165.8 million. That is followed by "Teenage Mutant Ninja Turtles" with $131.7 million and "Hunt For Red October" with $102.2 million. It seems Hollywood is still unsure of how to secure a hit. Stay tuned next week for a detailed rundown of what is coming this fall.

"GET ROOTED"

by Jennifer Simmik

Do you like to dance? Do you like music? Then 'GET ROOTED'. The band is "ROOTS ROUND UP" and their music is a unique blend of funk, folk, roots, rock, reggae, ska, and dance music that will keep you on the dance floor from beginning to end! The band has so much energy you can't help but dance.

Roots Round Up is currently travelling through Canada, coast to coast, by means of a new bus. The band is promoting their new tape "Get Rooted" and, at the same time, they are initiating a new member of the band.

The band was started up about four years ago in Vancouver with a few member changes since then. They are made up of five people, each with a very different musical talent - Greg Hathaway, vocals and guitar; Keith Rose, bass; Dym. E. Tree, trombone and vocals; Barry Taylor, drums; and the newest member Mark Campbell, guitar. Two members of the band you hear on the tape "Get Rooted" have since left and are pursuing other interests - Dave Hathaway, guitar; and Hugh Milligan, percussion.

The tape itself includes eight songs such as Sleepin', Boulderdash, H.M.S. Cadillac, Why I Otter, 1st Impressions, Funky Diddley, Can't Find Love, and In This Time. It was recorded at Profile Studios in Vancouver and was produced by Roots, Cecil English, and Chris Engleman.

I guarantee you will have a good time if you decide to see 'Roots' live in concert. Roots Round Up will be playing at Crocks-n-Rolls (Cumberland St.) October 1st and 2nd and also on their way back from Halifax. Make sure you get out and see them and support Canadian music(ians).

GET ROOTED!

Wild At Heart



By Diane Mills

All references to this movie include David Lynch's name. The characters are merely the means through which the director Lynch tries to shock the viewers.

Nicolas Cage plays a guy named Sailor Ripley, believe it or not, but looks, talks and even sings like Elvis. Sailor's girl Lula, played by Laura Dern and her mother played by Diane Ladd, are walking lipstick and nail polish ads.

The other stars are there to partake in bizzare sub-plots which attempt to distract the viewers into thinking that things are actually suppose to make sense.

Incidental actors appear from nowhere, blurt out statements laced with philosophical theories, ask questions containing 7 digit numbers and sometimes only gesture.

Lynch uses Lula's memories and eclectic thoughts to draw current issues such as rape, abortion, alcholism and the environment into the picture.

In one of the many bedroom scenes Lula expresses her concern for the depleting ozone layer, fearing that one day we'll wake up and it will be gone. Sailor dismisses her worry by stating that "they'll be sending Buicks to the moon by then."

Yes, this movie is violent. Within the first five minutes, an occipital lobe oozes onto a carpet. The gore along the yellow brick road happens only in flashes and is easy to digest. Sex scenes repeat. Actors smoke too much. Perhaps the constant smoking, besides being the excuse to demonstrate a 'match trick' visual effect, is a way to taunt smokers in the smoke-free theatre. (Viewers may notice that Lula's puffs often produce clear exhales.) What some have referred to as "bizzare references to the Wizard of Oz" are really not so strange. We have all seen that classic, we know its plot. By interjecting this familiarity, Lynch can create all the aberrations his wild little heart desires, and the audience will follow.

A View On Aids

By Vince Ponka

What thoughts run through your mind when you think of someone living with AIDS? What do you feel? Anger? Resentment? Fear?

A short time ago I met a fellow by the name of Jim. Now Jim's the sort of person everyone would like to know. He's friendly, talkative, and an awfully nice guy. The thing is, Jim has AIDS. He was diagnosed six months ago.

Unfortunately, that is enough to scare most people away from Jim, and others like him who have tested HIV+. (Human Immunodeficiency Virus- the virus believed to cause AIDS)

If a friend, or anyone in our society were to be diagnosed as having leukaemia, no one would say that the person deserved the cancer, or that they must have been leading unnatural lives and that this is their punishment. Then why is it that these things are said about AIDS? Why is there such a mortal fear of this disease? One must remember that people living with AIDS are doing just that. They are trying to cope and accept the fact that they are living with a disease that will probably kill them.

"I do have an illness to which there is no cure and thus far is fatal, " Jim said. "There is a certain amount of fear here. The question, although challenging, is of benefit to my mental well-being. I continue to accept."

AIDS is a disease that, through education and the practising of safe sex, can be prevented. People should not fear coming into contact with those who are living with AIDS.

Society must learn to overcome its fears and come to the realization that AIDS is not a divine act of retaliation, some great super-natural act of vengeance, or something that is deserved in any way, shape or form. It is a disease, and those trying to live with it should not have to remain behind closed doors for fear of some sort of retaliation.

It's important to become educated about this disease. Learn about it, talk about it, but do not do nothing.

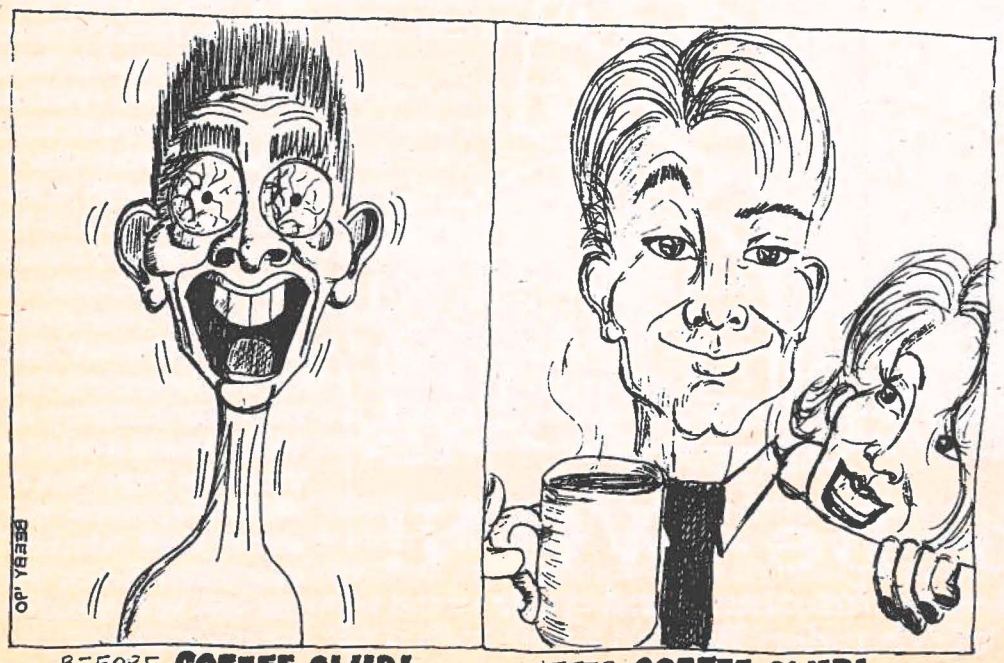
"I believe my life has a purpose; I'm not sure what it is. I possess fear but I'm not controlled by it. I survive, that's what I do best. When I'm at my lowest, I'm not afraid to ask for help, I'm not afraid to ask someone to listen to me, to hug me, to love me. All I want really, is to be allowed to live."

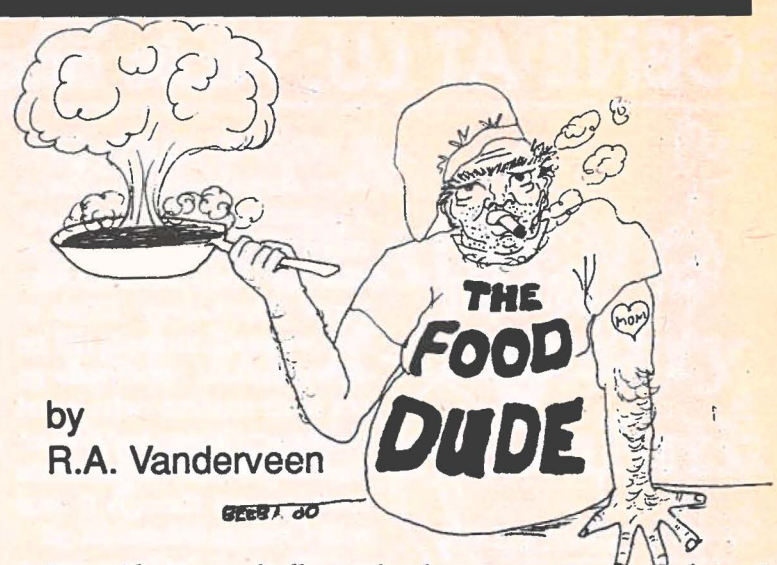
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Peanut butter and jelly sandwiches or macaroni and cheese? The other night I found myself asking this question for the tenth time in as many nights. I answered this question by placing two peanut butter and jelly sandwiches and the cooked contents of a box of macaroni and cheese into my blender. This puree had an interesting taste to it but it was most definitely not aesthetically pleasing. I decided that I needed more variety in my meals, so I began asking people for their favourite recipes. The first lucky person asked was our illustrious chief and president Dr. Robert G. Rosehart. I received the following memorandum.

* * * * * * * * * * * * * * * *

TO: Richard, The Argus

* * * * * * * * * * *

As requested, here is the President's favourite recipe:

MacRosehart

(a) Beat two eggs together and add two slices of ham cut in small squares

(b) Scramble the above in a hot frying pan

(c) Place a slice of the cheese of your choice on top of (b) and let melt

(d) Serve with hot toast

This recipe is tasty, easy, fast, and economical. It is an excellent meal for any student. For those that do not like ham, an infinite number of alternatives could be used. ie (green peppers, mushrooms, salami, peanut butter and jelly, kielbasa, onions, salmon etc...)

until next time,
happy masticating and gormandizing

P.S. masticating and gormandizing ARE NOT SEXUAL TERMS.



President Rosehart schleps burgers.

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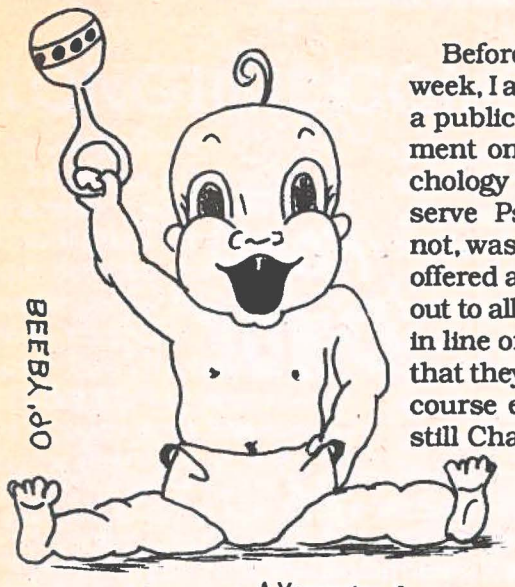
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SCENE AT LU: Pikes and Youngsters by Travis Belrose



Before we get rolling this week, I am required to make a public service announcement on behalf of the Psychology Department. Reserve Psychology 2800 is not, was not, and will not be offered at L.U. Apologies go out to all students who stood in line on Friday to find out that they could not add this course even though it was still Change Week.

On a more interesting note, I was able to interview the Northern Pikes before their show on Wednesday which, incidentally, should not have been missed, regardless of your opinion of the band. We talked about weighty matters like the collapse of the Berlin Wall, to which they responded with an emphatic "Thank God!" They were, however, just a little disappointed that it "dates the song [Let's Pretend]", so now the guys are searching for new lyrics so that they can play the song live again. They felt that their musical influences were too numerous to mention, but this did not stop them from naming a number of British bands ranging from The Beatles, The Kinks, The Who, to the Police and Squeeze. They happily informed us that SNOW IN JUNE would be platinum in Canada in about two weeks, but due to complications in the U.S. (involving disassociating themselves from their record label) they are still waiting to be distributed in the large American market.

"Some (of our lyrics) are a series of words that could be classified as a poem, sometimes a word is just used for the rhyme."

The Northern Pikes

As for the offbeat lost tourist "Canadian Gothic" photo that appears on the album's cover, the Pikes thought it was different but the concept itself was not their idea or responsibility. I then asked if they would consider their lyrics as a form of poetry, to which Jay Semko replied that "some are a series of words that could be classified as a poem [while] sometimes a word is just used for the rhyme." Finally I asked them where they saw themselves in five years to which they answered:

Don—"Possibly in this room."

Bryan—"I don't know where we will be November first."

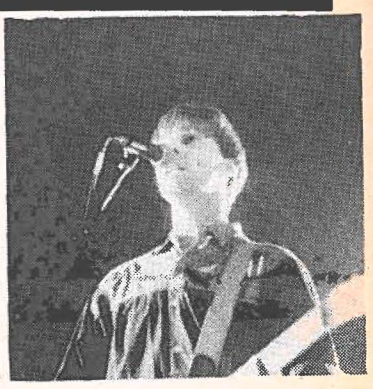
Merl—"Hopefully with four more albums under our belts..."

Jay—"Four!?"

Merl—"Alright, three, one will be a double album."

Jay—"Hopefully we will have seen a lot more of the world."

There you have it, some of the highlights of an interview that my micro recorder failed to record (good thing I took notes). Go figure, I can record my professor's every rant at ten metres, but I can't record a Pike's voice at close quarters. I am going to blame Steve for this because "scapegoat" is a legitimate part of an Editor's job description.



Photos by L.Bunting and S. Balough
Northern Pike Merl Bryck in action.

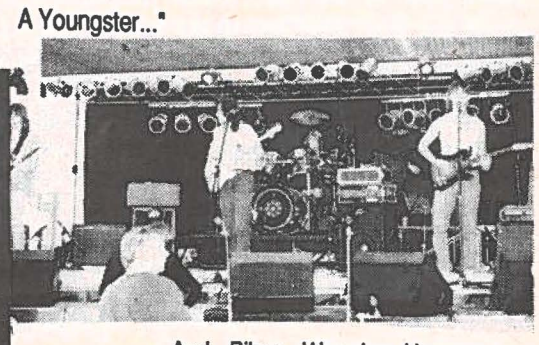
As for the most persecuted minority at L.U., I have what should be good news. You know who you are—the underage Lakehead students who pay full LUSU fees but cannot attend LUSU funded programs like the Northern Pikes concert. Meanwhile, Harry Brickhead can gain admission by springing for an extra two dollars that he probably extorted from an 18 year old student who was caught trying to forge his I.D. Granted, the Street Dance was for all ages, but based on last year's precedent of restricted entrance to 54-40, the Tragically Hip, Blue Rodeo, etc., extending to the game show Test Pattern, the problem had to be addressed. So I stopped by the LUSU office to test Ian Middleton's open door policy. As soon as we sat down in the Study, Middleton proclaimed "I want to see a lot more non-alcohol events." This was before I even asked him the question. Can this man read minds or do I really look that young? According to our LUSU connection (who does not wish to remain anonymous), we can expect more events held under a two Caf-system. Alcohol in one room, and the band in the other. In Ian's words it is "more expensive, but necessary to serve this section [under 19] of the student population." There you have it young ones, a quotation to nail Mr. President to the wall with should the need arise sometime this year. Fortunately, this entire inconvenience should be resolved next year if the Dining Room licence being applied for concerning the soon to be erect Student Centre is approved. This will allow the studentry to mix freely at most events held at the centre, regardless of age. Word of approval will not arrive until around the completion date in '91, not that any of this matters to me, I'm nineteen.

"I want to see a lot more non-alcoholic events."

LUSU Pres. Ian Middleton

A Youngster...





And Pikes Warming Up

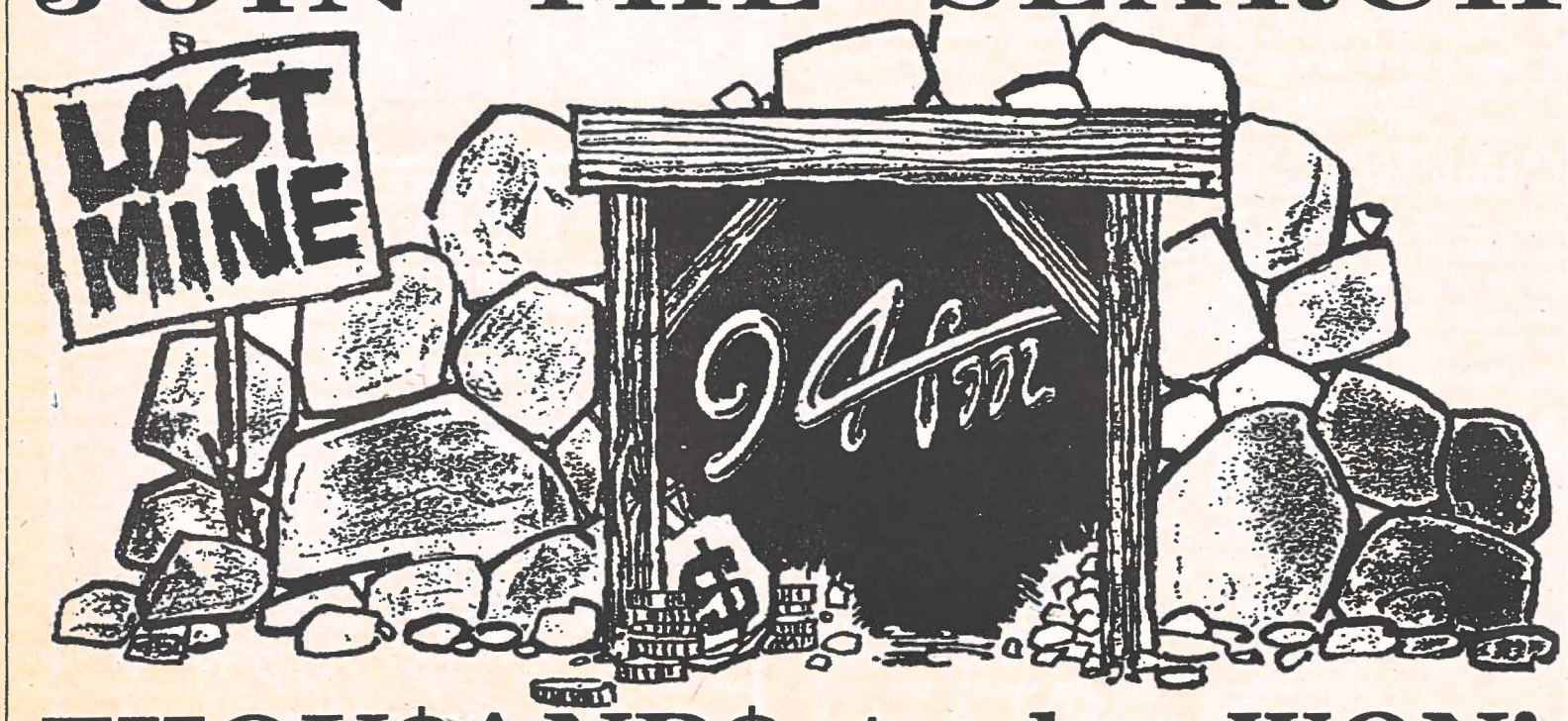
From The Lighter Side Of Life

L.U. Staff Photo



"Here, you eat it!" quips ARGUS Entertainment Editor during recent pizza feeding frenzy.
"Why don't you stuff it up Ron's nose?" says Sports Editor in rebuttal.

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TUNE IN WEEKDAYS to 94 FM at 7:10 a.m. for clues and your chance to discover one of the lost mines of Thunder Bay.

SPORTS

RECRUITING IN CANADA:

Where Have All The Athletes Gone ?



by Anthony Hewitt

Scholarships solely for athletic achievement are not available in Ontario.
The CIAU has set down in its guidelines a provision to allow first party athletic awards provided after one year of residency to a value of $1500.00.
In Ontario the OUAA reject the CIAU policy on purely athletic awards. On the other hand GPAC, Canada West, and Atlantic and Quebec Universities allow the CIAU policy to be used.
The OUAA policy reflects the ideal that we are an academic facility first, and foremost. The few awards that are related to sport aspects are judged first on academic achievement then the athletic component.
The guidelines for awards in the OUAA set out the following criteria;
1) (The student) be open to any sport
2) The athletic dept. is excluded from the selection process
3) Recipient beyond their first year
4) Outstanding academic achievement
5) Award not to exceed $1000
6) Administered and selected by the University awards office
7) University senate approved
8) Awards updated with OUAA executive officer and distributed OUAA members
9) Judicial committee can suspend or place on probation sports or university violating this guideline
10) Awards reviewed and ratified by OUAA awards committee and legislative council
What does this mean for a small school like Lakehead when recruiting some big name athletes? Clyde Tuyl, Lakehead's athletic coordinator doesn't see the absence of sports scholarships as degenerative to our sports programs. "Our coaches do a significant amount of recruiting to keep us competitive...but dollars and cents are not a big issue."
Tuyl says that they sell the things that are unique to Lakehead, "The fact that it is a small school, with very unique academic programs, that is forestry, business, education and so on."
The small school population is a big selling point stressed Tuyl,
"The chance for quality education that may not be available in other schools, and the chance to play a sport in a school with such tremendous student support is very appealing."
The OUAA policy reflects more the fact that the larger schools have no use for monetary incentives to attract players. Schools with large student populations have a lot of interschool competition for their teams, and bringing in outside talent is seldom needed whereas the smaller schools just have to work harder to attract the student athletes.
"I wouldn't call the process unfair (no athletic incentives) but it does make it more difficult. It would be nice to have an athletic scholarship concept but at the same time we have to recognize that first and foremost we are an academic institution and athletics can play an important role in the education process. Even if an athletic scholarship were available it is still incumbent upon any institution to recruit people with enough academic ability to complete their degree."
"A one or two year wonder will not do a lot to develop a program...we want the students to stay from three to five years and finish their degree."

The problem of Canadian "athlete drain" to the U.S. is something that Anthony felt he did not have the resources to cover in this article. How many of our top athletes are lost to the lures of glittering scholarships, signing bonuses and attractive perks offered by the relatively unrestricted recruiting policies of universities and colleges south of the border is difficult to even imagine. This is where the real problem with CIAU and OUAA policy lies. - Sp. Ed.

SOLLY & KAINULAINEN 1st in X-Country Opener in Duluth

by Ellen Longboat

Jonathon Solly and Sue Kainulainen ran away from their fields to capture 1st place honors in the University of Minnesota-Duluth invitational x-country race held this past weekend. As a team the Lakehead men's squad came a close second to UMD while the L.U. women finished fourth.

Solly, a 1st year H.B.P.E. student, ran the 5 mile course over rolling hills and blustery conditions in an impressive time of 27 minutes, 50 seconds. Second place also went to a Lakehead runner, Michael Hay, with a time of 28.09. The other L.U. scorers were Steve Boyd, 7th in 29.16, Peter Lessard 8th in 29.18, and Dennis Paradine 13th in 30.19.

Kainulainen, a rookie to the Lakehead team but a veteran on the Northern Ontario running scene, opened up a huge lead on the rest of the pack and finished almost a minute and a half ahead of 2nd place finisher Dianna Loson of UMD. Kainulainen's time of 18:51.2 was a course record for the 5km distance.

Coach Ian Newhouse was happy with his team's performance, noting Kainulainen, Solly, and Hay will be turning a few heads if they can reproduce these efforts in 6 weeks' time at the conference championships.

Post Script: After just one day of recovery L.U. runners continued to shine in Sunday's Heart of Thunder Bay Races. Johnathon Solly captured 1st in the 5 K event while Sue Kainulainen earned top spot in the women's half marathon. Although Mike Hay couldn't keep pace with his brother Darrell in the men's half marathon, he did finish a respectable 4th. Lakehead's Robyn Agar ran to victory in the women's 5 K event.

M.C. Horgay Consults Ouija On Rez Sports

by George Angelkovski

Yes, ladies and gentlemen, residence sports has started another action-filled season. For those of us living on campus, another season means all-out war between our neighbouring houses all to determine this year's residence sports champions. Every participant can feel the electricity in the air as they show their true skills and "friendly" fair play". Those students returning to residence realize that competition here is anything but a stroll in the park. Just ask last year's champions of the male houses, the Dryden Destroyers, and the co-ed houses, Terrace Bay/Sioux Lookout, as neither house walked away with their trophy's all that easily.

What about this year's season? Who will be the new champions? In the all-male houses, it will not be as close as it was last year between the Dryden Destroyers and the Ear Falls Eagles. The defending champions will be fortunate to finish third this time around. Fort Frances will battle it out with the Eagles for first place but will come up short again.

In the co-ed division, it will be a close contest as always. Geralton, the Townhouses, and Atikokan are looking strong and will probably scrap it out for the championship. Nipigon House, competing with all girls this year, will be the underdog team that might win their share of games. Longlac... well...at least they will have fun this year.

M.C. Horgay's Predictions

Male Houses	Co-Ed Houses
1. Ear Falls	1. Geralton
2. Fort Frances	2. Atikokan
3. Dryden	3. Townhouses (if they show)
4. Rainy River	4. TB/SL
5. Marathon	5. Kenora
	6. Nipigon
	7. Longlac

That Missing Volleyball Story:

Eight Rookies And Two "Walk-Ons" Set The Stage for "Big Times"

by Chris Williams

Holy optimism Bat Man. There hasn't been this much excitement about the future of a varsity team since Stu Julius took the Nor'Westers to the division title last year. But that was Basketball. This is Volleyball. A sport that hasn't quite shaken the foundations of the 'Thunder Dome'as of yet. But hey, as the song goes, "the times they are a changin".

Riding this growing wave of excitement while at the same time generating much of it through his own apparent awe at the potential talent of his team is veteran coach Claude Lapre. Entering his third season with the Volleyballers, Lapre is the as positive as he has ever been.

"We have 13 players and I would say that if you look at the quality of athletes we have now, our twelfth and thirteenth player would have been in the middle of our pack last year, so we've experienced quite an upgrade... sure we'll take our lumps at the beginning of the year, we're a young team, but by the end of the year we'll be a much better team than we were last year and things look very positive for the future."

Leading the team in skills and experience are vets Breutigam and Williams- "the two Kelly's", who could both find starting spots with any team in Ontario. Rookies you'll definitely here more about in the future are the "tower trio" of 6'Heather Douglas- yes the one time varsity B-ball player- 6'Sandra Bacic a call up from the Ontario Junior team, and 6'2 Geraldine Bergman. Biting their ankles and keeping them in line are a host of what Lapre affectionately calls "Smirfs", sparked by second year player and this years team captain Andie Aitken.

With only five of thirteen returning athletes, or in other words eight rookies on a thirteen woman roster, one as a coach might be a little hesitant to make predictions about the future, but Lapre is clearly impressed with the results of what he sees as his best recruiting year to date at L.U..

"Although a tough exhibition schedule will probably cause some initial problems...we have no doubt that this is the start of the big times for Lakehead's volleyball program."

Have you seen the backsides of these two men too often?





On October 2nd don't be just another drylander Tuyl and Lavoie left behind! Sign up for the inaugural Nor'Wester paddle on the beautiful lake Tamblyn and sink the hopes of a couple of guys who are all wet. Entry forms are available at an Intramural office near you.

Interesting Intramural Information: (for those who like to be on top)

By Bill Keeler

Soccer and touch football (both co-ed) begin next week and schedules will be available at the Campus recreation/intramural office. The squash ladder has been started and participants, please remember to complete your result sheets on time and hand them in to the intramural office.

The co-ed volleyball league has doubled in size this year from ten to twenty teams and begins play this week. Captains should pick up their schedules at the Campus Recreation/intramural office. Please note that the starting times listed for Monday nights must be moved back by 1/2 hr.

Our golf tournament was postponed until this Friday due to poor weather. The bus will leave the CJ Sanders Fieldhouse at 2:00 pm. All golfers who are tailing the bus please be on time.

Co-ed hockey and No Body Contact hockey registration is open until Oct.4th.

The inaugural Nor'Wester paddle has been postponed until Tues. Oct. 2nd through Friday, Oct. 5th from 3pm to 5pm. This is a two person canoe race on Lake Tamblyn and should be great entertainment for spectators and participants.

Another new event is our Sno-Beach 4-person (2 girls and 2 guys) volleyball tournament to be held at the Brew Pub. Please call the Campus Rec/Intra office at ext 8808 for more information.

Persons interested in officiating for soccer, touch football and hockey should put their applications in at the Campus Rec/ Intramural office. The hours are Monday to Friday 12:30 to 4:30 pm.

Relay Race Coming Fast



by Ellen Longboat

Registration is now open for the 2nd annual Group of Seven Relay race which will be held at 10:00 A.M., Saturday, October 13.

The race will cover a 10.7km route in and around the Lakehead University campus. The individual legs range from 0.7km to 2.7km. Race convener Dr. Ian Newhouse notes that the emphasis in all 5 categories (men, women, co-ed, highschool and corporate) is definitely fun. While the top three teams in each category will receive various awards, there will also be draw prizes, best uniform prizes and a participation trophy. After the race a free lunch of pizza and pop is offered. The format for this race is an adoption of the Arts 20 relay race in UBC. The Arts 20 race has become the most popular intramural event in Canada attracting over 2000 competitors. The L.U. event, while part of its intramural program, is open to all members of the community.

"Last year we had 217 competitors and would expect that this year the numbers will be in the 300+ range" adds Newhouse.

Entry forms can be picked up at Fresh Air Experience, Petries, Canada Games Complex, Confederation College Fitness Centre, L.U. Intramural Office and C.J. Sanders Fieldhouse.

WANTED

The Lakehead varsity wrestling program is looking for a few small men.

QUALIFICATIONS

-Must Weigh in between 115Lbs/52kgs and 130Lbs/58kgs

-Some wrestling experience or equivalent natural talent.

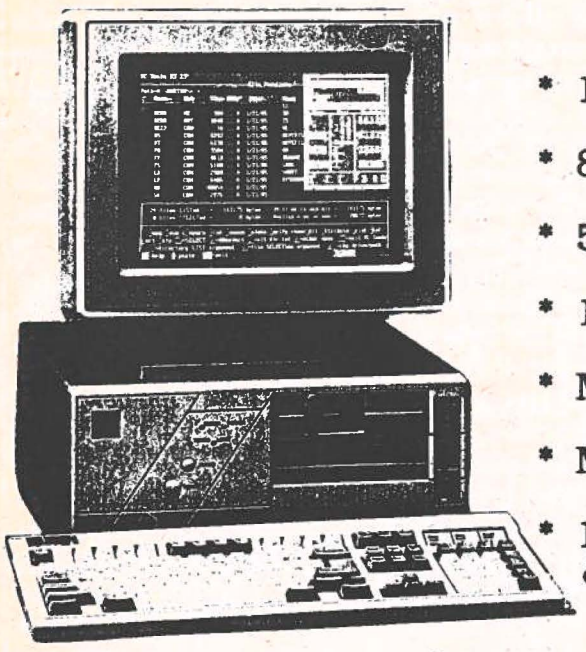
-Ability to attend workouts - 5:00 to 6:30 Monday to Friday

-Must be free on weekends to travel the country far and wide -(competitive schedule includes trips to Toronto, Regina, Saskatoon, London and perhaps either Europe or Nipigon.

Interested Persons call Francis Clayton at **343-8513** or drop by his office.

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Analyst Annie



Dear Annie,

I am a mature student and am writing you regarding my 15 yr old daughter. My husband died almost a year ago and since his death my daughter has become very religious. Our family is not at all religious, but we did have a church funeral. She has become very quiet and wishes to be alone most times. She gets angry at me when I try to discourage her religious interests but I don't think this is healthy. What can I do to get my daughter back?

A worried mother.

Dear Worried,

The death of a loved one is considered a major life stress. Your daughter may be feeling a sense of powerlessness in that she can't do anything to bring him back. She may even think her father has in some way abandoned her and left her all alone. Your daughter's interest in religious concepts could be of comfort for her because it allows the idea of life after death. Discouraging religion may be more harmful than beneficial at this time. She may be holding on to her father through religion. You need to help your daughter work through the reality of the loss. Explore her feelings and share yours with her. Your focus should be on discouraging her isolation and quietness. Don't be afraid of reaching out to her.

Annie

Dear Annie,

I am a first year off-campus student and I am having problems meeting people. I am from a small town where everyone knows each other. Believe it or not, Thunder Bay is a big city. I am lonely, a little scared, and I want to make friends.

Signed, LSA

Dear LSA,

It is difficult moving to a new city, especially if all the faces are new to you. The important thing is to just be yourself. Attending social functions in which you are interested or joining LU clubs will place you in the perfect spot to meet people with similar interests.

In an academic setting, sitting beside a fellow classmate and initiating conversations may have added benefits. Take part in conversations, don't shy away from them.

Annie

Dear Annie,

I'm in my last year and I've heard from reliable sources that it is a very hectic year. I am terrified that I'll be stressed out by the end of the year.

Signed, Stress Phobia

Dear Stress Phobia,

Below are some methods to help you tiptoe through stress:

1) Get into relaxation. Buy a relaxation tape(or imagery tape) to practise deep breathing-can be purchased at Coles.

2) Purchase your favorite comic books and read through them during periods of stress. Some of my favorites are Herman, Far Side and Bloom County.

3) During trying times, take a bread. Go to a movie, or simply rent one.

4) Learn to organize your time. Don't leave things to the last minute, and remember to plan breaks as well as study time.

Annie

Dear Annie,

I have a friend that would like to ask you something but doesn't want to walk into the Argus office and hand it to someone. I would have asked for her but she won't even tell me what her problem is. I just put this in the Argus mailbox, but is there another way so that nobody (even the Argus staff) will see her handing in a question.

A friend.

Dear "Friend" and her friend,

One simple way is to drop off your question in the Argus mailbox, or slide it under the Argus door. Hey, submit it after hours if you want. If per chance the Argus staff does see you, remember that these individuals are journalists, and journalists never reveal their sources.

P.S. Make sure you address your question/envelope to Annie Analyst to ensure safe delivery.

Annie



Ministry of Colleges and Universities
Ontario

Ontario Student Assistance Program 1990-1991

OSAP

OSAP applications are still being accepted for the 1990-91 academic year.

If you negotiated a student loan last year but not this year, you must notify your bank that you are still enrolled or your loan(s) will lose their interest-free status.

See your Financial Aid Administrator for details.

Vous pouvez obtenir des renseignements en français sur ce programme et les autres programmes d'aide financière à la Direction du soutien aux étudiants.

Composez le (807) 345-4830 ou le 1-800-465-3013.

Apply Now!

ARGUS POSITIONS AVAILABLE

PHOTO MANAGER

NEWS EDITOR

Check with ARGUS regarding nomination forms and deadlines ifinterested in these positions.

Dear Annie,

I am madly in love with one of my professors and don't know what to do next. I constantly walk by his office hoping he'll notice me but nothing seems to be happening. I don't feel comfortable telling any of my friends about this because they'd giggle and probably try to embarrass me in front of him. I want to know what I should do next.

Barb(not my real name)

Dear Barb,

DO NOTHING! It's not unusual for a student to have a crush on a professor(notice I said "crush"). You probably see your professor as very knowledgeable, and as a high authority figure, making him all the more attractive (assuming he's attractive in the first place). Whether he's attractive or not, forget it. He's out of the question-off limits-foreign territory. A professor/student relationship will only cause problems for both of you. There are loads of single male students all over campus, good looking ones too (or haven't you noticed yet).

Annie.

HEALTH

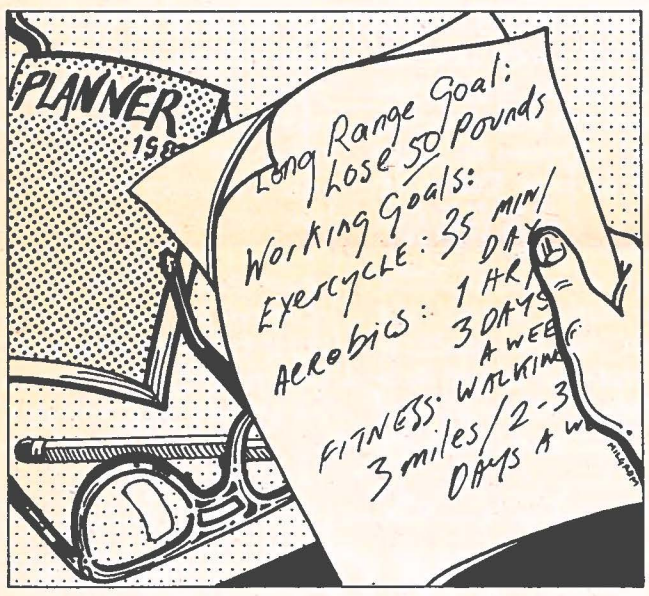
A VISION OF FITNESS

Goal-Setting for Health Achievement

The most important part of developing a personal plan for physical fitness is knowing *why* you want to become more fit. As simple as that may sound, it is actually a critical aspect of a successful fitness plan. If your goal is weight loss, you'll approach fitness somewhat differently than if your goal is building strength and endurance. And, once you know *why* you want to become more fit, you can more easily determine *what* you can do to reach that goal.

Set Long-Range Goals

Be specific. Sit down with a paper and pencil and jot down exactly what you hope to accomplish by becoming more physically fit. Do you want to lose weight? If so, how much? Do you want to improve your endurance? If so, why? If you wish to improve specific skills (your bicycling, swimming, or golf game, for instance) state them. Knowing what you want in the long-run will help you tailor your program to achieve your ends as well as motivate you to follow through with your "working" goals.



"Working" goals say what, how much, when, and how often you will do an activity to help you move toward your final goal.

Set Working Goals

If your long-range goal is to lose 15 pounds, start by setting short-range "working" goals—small steps that will help you reach your long-range wish. "Working" goals say what, how much, when, and how often you will do an activity to help you move toward your final goal. For instance, a working goal might be to attend a one-hour exercise class after work on Monday, Wednesday, and Friday. Each time you attend a class, you've met one working goal. If your ultimate goal is to increase the weight you can bench-press, your working goals will center around progressively "overloading" your muscles to help build strength.

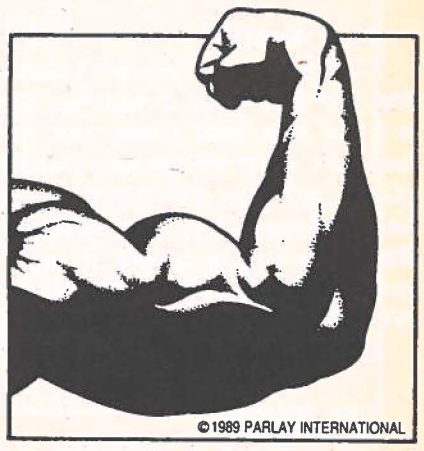
Keep A Planner

The best way to outline working goals—and to make your fitness plan a firm commitment—is to keep a planner. Write down the activities you will do, which days you will do them on, and when and how long you will do them. It's best to space your "workouts" at least one day apart to allow for adequate recovery time, so if you exercise vigorously on Monday, wait until Wednesday to repeat that activity. (Remember, for optimum results, you should exercise vigorously 3–5 times a week.) When you've accomplished each goal, take a minute to write a comment or two on how you felt afterward. Did you feel a sense of accomplishment? Have you noticed that you're exercising with greater ease than when you first started? Did eating lunch before your workout affect your performance? Keep notes about your progress and use this information to analyze any problems you may be having as well as to award your achievement.

The Payoff

Long-range goals—the payoff— can be easy to lose sight of; that's why working goals and planners are important. By writing down what you hope to accomplish and setting well-planned working goals, you'll find that the payoff isn't the impossible dream, it's the final success in a series of hard-earned achievements.

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YOUR FITNESS DICTIONARY

A Glossary of Fitness Terms

If you don't know your triceps from your biceps (and are afraid to ask), don't despair. The following explanation of fitness terms can have you talking like a pro in no time flat.

Abdominals: The stomach muscles; those that run from the lower ribs to the hips.

Aerobic: 1) (*metabolism*) the process by which bodies use oxygen to convert stored body fat into energy; 2) exercises that work large muscle groups continuously to improve cardiovascular fitness.

Anaerobic: 1) (*metabolism*) the process by which bodies use glucose and glycogen for immediate energy production; 2) exercises that demand energy quicker than the cardiovascular system is able to provide it.

Biceps: Muscles in the front part of the upper arm.

Hamstrings: The muscles in the back of the thigh.

Laterals (Lats): The large muscles of the middle of the back.

Maximum Heart Rate: The highest number of heartbeats per minute that a given person can safely achieve.

Quadriceps: The muscles in the front portion of the thighs.

Static stretch: A steady, slow, non-bouncing stretch, which, when reached is held for 12 seconds or so, and then released.

Target Heart Range: The safest *range* of heartbeats per minute during exercise (usually calculated as 60–80% of a person's maximum heart rate).

Triceps: Muscles in the back of the upper arm.



Graphic: The Muse



CLUB NEWS

IEEE

We are sponsoring a "Meet Your Prof Night" on Thursday, October 4, at 5:00 pm in the Faculty Lounge. All electrical engineering students are welcome and encouraged to attend. There will be free pizza for all attendees and a cash bar. This is a great opportunity to meet your profs on a social basis so don't miss it. Tool kits consisting of a breadboard, side cutters, needle-nose pliers, wire strippers, and alligator clips are available for purchase from any of the executive. These are necessary for labs so be sure to get yours. We offer discounts to IEEE members. For all of those electrical engineering students without an IEEE membership, what are you waiting for? Application forms are available from any of the executive or from professor John Coolen. The executive this year are: Bulmaro Landa (5th yr.), Chairman; Gord Rae (5th yr.), Vice-Chairman; Mike Henniger (3rd yr.), Secretary; Keith Koetter (2nd yr.), Treasurer. Look out for upcoming events.

CUNSA

(Canadian Universities Nursing Student's Association). So Far, the nurses at Lakehead have been extremely busy. To date we have celebrated the commencement of classes with an amazing "welcome back to the Boda bash," held a "meet and greet" for nursing students, and joined the Foresters for a hayride and barbeque at Silver Spruce Ranch. Now it's time to do some work! This year should be one of the best ever for the nurses. So watch for our events—you won't want to miss out!

We still have T-shirts on sale for a mere ten dollars. Our office is UC2016 so if you need a nurse that's where we'll be.

AFCASA

Hi, I want to welcome all the new members of AFCASA. This year we have presently 77 members, but up to 100 are expected in total. On Saturday our meeting was a success and we are proud to welcome the following members in their new positions on the executive committee: President-Patrick Matakala, Vice-President-Michelle Sergent, Secretaries-Louis Stewart and Stacey Trunbull, Treasurer-Kevin DeSouza, Correspondents-Roxana Mamoojee and John Ujong, and our P.R.O.'s-Salim Dharsee and Joel Ngugi. Congratulations!

This year promises a variety of enriching cultural events; mmm...cookies, cakes, don't forget to leave room for dessert! We're holding our annual bake sale outside the main cafeteria on October 3rd.

On November 9 we are proud to welcome Rosemary Brown. This distinguished guest speaker is the executive director of Match International, a non-government development organization which deals with women in the third world. Brown is a feminist writer as well as lecturer who will cover various topics such as the role of women in development and overcoming sexism and racism. This should be quite a learning experience!

Looking good! Coming November 17 our Fashion Show and Dance, which will feature: African, Caribbean, Arabic and North American clothing. This will be a guaranteed cultural experience.

GSA

I bid you a humble hello from the dungeon (my office). You all should have noticed the Wine and Cheese posters by now- they're on vibrant red paper (you can't miss them). Anyways, some BIMBOS screwed up the date on the ads. It should read Saturday, October 6th, not the 5th. OOOOOPS! C'est la vie. It'll be held in the faculty lounge, and yes there will be a cash bar (as requested). If you have any tunes (besides country and metal) you'd like for your listening enjoyment, then feel free to bring em, cuz we'll play em. All grad students and faculty advisors are welcome.

FAMOUS QUOTE OF THE WEEK: "Look our T.A.'s in the pub."...till next time.

N.B.: (LUSU still won't give GSA an office!) Sigh!

MAPSA

(Mature and Part-Time Students Association)

Hi, everyone! We're back and still trying to get it together! We get together for necessary meetings, for socializing and to share information and ideas. All LU students, on or off campus, are welcome to join.

This year we want to be noticed and attract lots of attention! If you are interested in making this happen OR you just want to meet other serious-minded students, watch for notices posted at the Career and Counselling Centre, LUSU and at the Main Cafeteria. If you want to be contacted, sign your name to the MAPSA sheet in our mailbox at LUSU. Watch for the upcoming Evening Social coming in October!

LUBA

To better inform the student body about LUBA and it's purpose, we would like to take this opportunity to do just that. The Lakehead University Business Association's function is to promote the interests of it's student members, through planning and co-ordinating social and athletic activities, as well as encourage and facilitate student involvement with the school of business and the university as a whole. All students enrolled in the school of business are automatically considered members of LUBA, and are strongly encouraged to participate in LUBA events. Non-members are also welcome to take part.

Speaking of events, LUBA has various activities scheduled for students. A successful back to business bash was held on Sept. 20 at the BODA. However, the golf tournament that was scheduled for Sept. 21 at Emerald Greens was postponed and has been rescheduled for Sept. 28 at 1:00. Stay on the look-out for information regarding the Halloween Howl that will be held on October 26.

Take pride and get involved- class spirit starts with LUBA!

Kayak Club

The Lakehead Kayak Club held elections September 25, to fill the executive for the 1990-91 year. Pool times for instructional sessions are being arranged. The primary focus of this club is to provide a service to students and faculty by getting them started in an exciting and wholesome recreational activity. Watch the club's bulletin board in front of the main cafeteria for further details regarding: membership sales; pool times; social events; club excursions.



Serving Canadians at Home and Abroad

The people who work for **External Affairs and International Trade Canada** enjoy careers with constant challenges and broad frontiers. By working on a wide variety of assignments at home and abroad, they gain experience that enhances their professional development and opens national and international doors. We encourage applications from women, aboriginal peoples, members of visible minority groups and persons with disabilities.

If you are a Canadian citizen and have completed a university degree in any discipline, or will have completed one by the end of June, 1991, why not submit an application form and take the tests for the Foreign Service? The application deadline is October 12, 1990, and the tests will be held on October 20, 1990 in every Canadian city which has a university campus. To obtain an application form or more information on the tests and a career as a Foreign Service Officer, call the office of the Public Service Commission of Canada nearest you or your campus employment centre.

A Foreign Service Officer will be on campus during the 1st week of October to talk about a career in the Department. For details contact your campus employment centre.

The Department is interested in recruiting from a wide variety of academic disciplines so students from all faculties are invited and encouraged to attend.

Come and find out more about the possibilities that could await you!

Servir les Canadien(ne)s au pays et à l'étranger

Les personnes qui travaillent au ministère **des Affaires extérieures et du Commerce extérieur** profitent du même avantage : pouvoir se tailler une carrière aux horizons presque illimités. Affectées à une diversité de mandats tant au pays qu'à l'étranger, elles acquièrent une expérience qui leur ouvre la voie à une carrière nationale et internationale. Nous encourageons la participation des femmes, des autochtones, des membres des minorités visibles et des personnes handicapées.

Si vous avez la citoyenneté canadienne et, avant la fin de juin 1991, un diplôme de fin d'études universitaires, remplissez un formulaire de demande d'emploi et présentez-vous aux examens du Service extérieur qui auront lieu le 20 octobre 1990 dans toutes les villes canadiennes où il y a un campus universitaire. La date limite pour vous inscrire est le 12 octobre 1990. Afin d'obtenir une demande d'emploi et de plus amples renseignements sur les examens et une carrière à titre d'agent(e) du service extérieur, communiquez avec le bureau de la Commission de la fonction publique du Canada le plus près de chez vous ou le bureau d'emploi de votre campus.

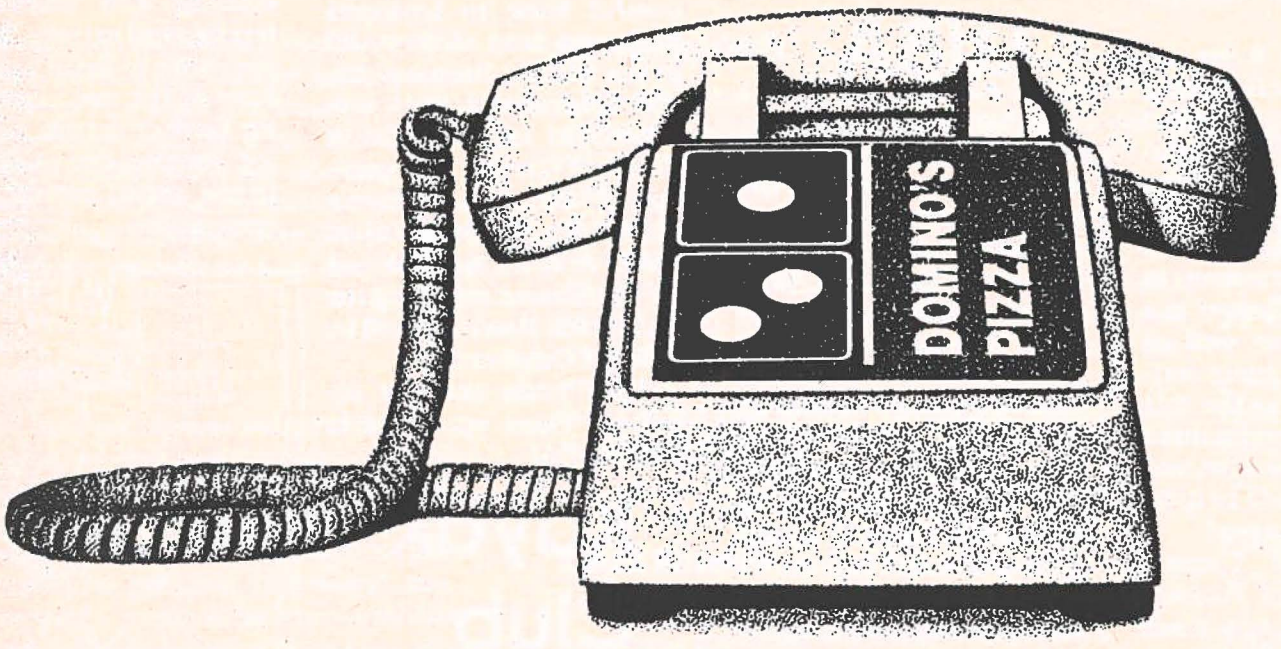
Un agent du service extérieur sera sur le campus la première semaine d'octobre pour discuter de la carrière au Ministère. Pour plus de détails à ce sujet, veuillez communiquer avec le bureau d'emploi de votre campus.

Le Ministère est intéressé à recruter des personnes ayant un diplôme universitaire, quelle que soit la discipline. Par conséquent, nous encourageons les étudiants de toutes les facultés à poser leur candidature.

Venez découvrir les chances de succès qui vous sont offertes.

External Affairs and International Trade Canada
Affaires extérieures et Commerce extérieur Canada
Canada

CHOW LINE

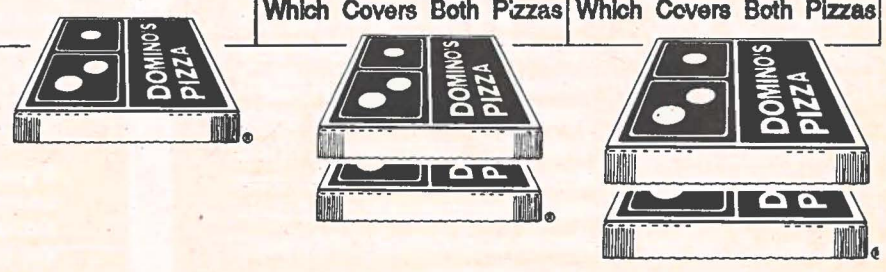


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Extra Toppings $1.00 Each	Extra Toppings $1.25 Each Which Covers Both Pizzas	Extra Toppings $1.50 Each Which Covers Both Pizzas

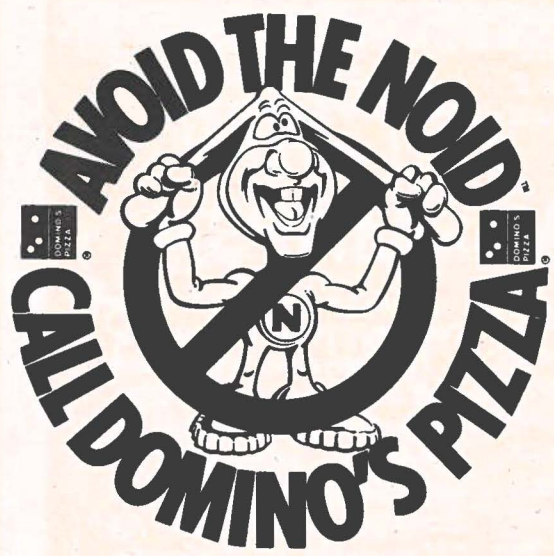


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