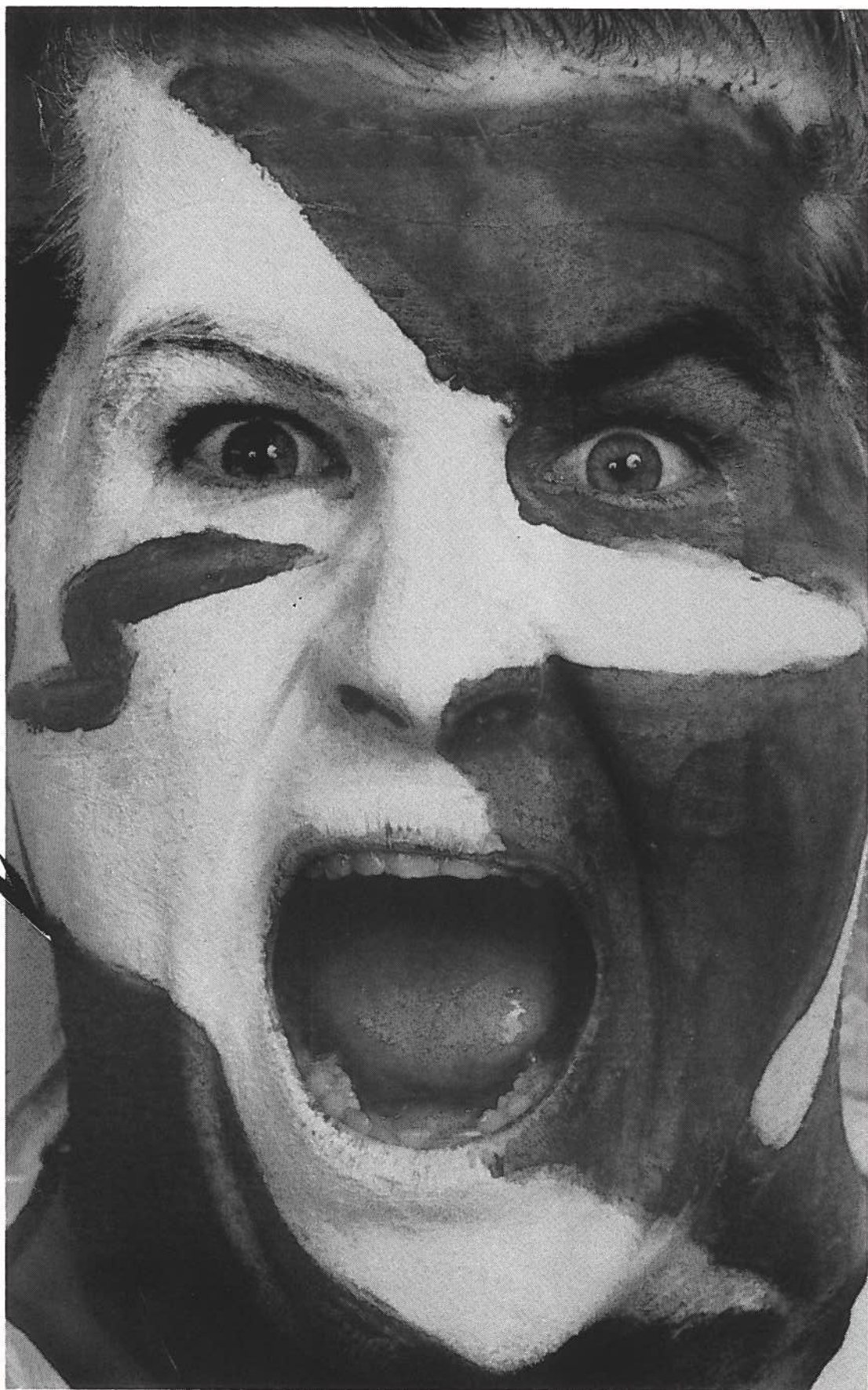


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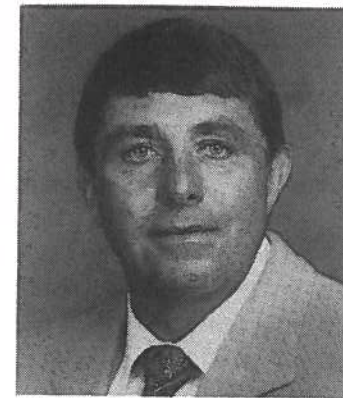
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1992-93 NOR'WESTER HOME SCHEDULE

DATE	EVENT	TIME
Oct. 17	John Zanatta Alumni Games	
	Men/Women (B)	6:30/8:30 p.m.
30/31	Pizza Hut Invitational - Women/Men (B)	t.b.a.
Nov. 1	Extra Women's Games	11:00 a.m. & 1:00 p.m.
12	Gogebic College - Men (B)	7:30 p.m.
13	Gogebic College - Men (B)	9:00 p.m.
13	McMaster at Lakehead* (V)	7:00 p.m.
14	McMaster at Lakehead* (V)	7:30 p.m.
15	Durham College at Lakehead (V)	11:00 a.m.
20/21	Lakehead Invitational - Women (B)	LU - 8:30 p.m.
27/28	Western at Lakehead* - Women (V)	7:30 p.m.
28	LU vs. U.W.O. Dual Meet (W)	4:00 p.m.
29	Humber College at Lakehead (V)	11:00 a.m.
Dec. 2	Univ. Wisconsin/Superior - Men (B)	7:30 p.m.
Jan. 8	LU vs. McMaster Dual Meet (W)	6:00 P.M.
9	Garvie Memorial (W)	8:00 a.m. - 5:00 p.m.
9	Lakehead H.S. Tournament (V)	5:00 p.m. - 11:00 p.m.
10	Lakehead H.S. Tournament (V)	8:00 a.m. - 9:00 p.m.
15/16	Wilfrid Laurier at Lakehead* - Women/Men (B)	6:30 p.m./8:30 p.m.
22/23	Waterloo at Lakehead* (V)	7:30 p.m.
29/30	Brock University at Lakehead* - Women/Men (B)	6:30 p.m./8:30 p.m.
Feb. 5/6	Guelph at Lakehead* (V)	7:30 p.m.
12/13	Univ. of Windsor* at Lakehead - Women/Men	6:30p.m./8:30 p.m.

(B) Basketball (V) Volleyball (W) Wrestling * Denotes League matches



MESSAGE FROM THE DIRECTOR OF ATHLETICS

As Director of the School of Physical Education and Athletics and on behalf of our coaches, athletes, and staff of Lakehead University we would like to extend a warm welcome to all our supporters and fans to once again participate in the Thunderdome. All of our teams will be very competitive this year and we are looking forward to a very successful 1992-93 Nor'Wester season.

Again thank you for your support and we are confident that we will continue to be the "Best in the West".

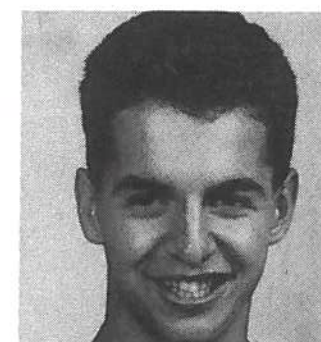
ATHLETES OF THE MONTH - Oct/92

Sponsored by: J.B. Evans



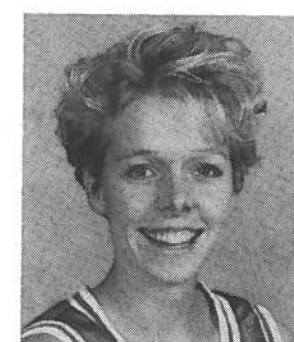
Women's Volleyball
- Jo-Anne Hood

Jo-Anne Hood's performance was instrumental in the success the Lady Nor'Westers obtained during the exhibition season. Her leadership enabled L.U. to quickly come together on and off the court. Her high level of confidence led the team to a more creative style of play. Jo-Anne's effort did not go unrecognized as she was selected on the All-Star Team at the University of Wisconsin-Superior Invitational and the Brock Invitational tournaments



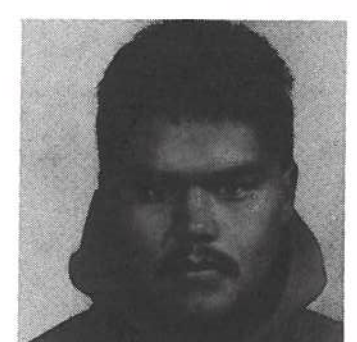
Men's Basketball
- David Pineau

David Pineau, a graduate of St. Patrick's High School, is the player of the month for October. During the month, David was the recipient of the 1992 John Zanatta Memorial Scholarship. In the Pizza Hut Invitational Tournament, David led the Nor'Westers to a second place finish averaging 33.5 points over the two games. In the final game against the top ranked U. of Manitoba Bisons, David scored a career high 36 points.



Women's Basketball
- Kathy Harrison

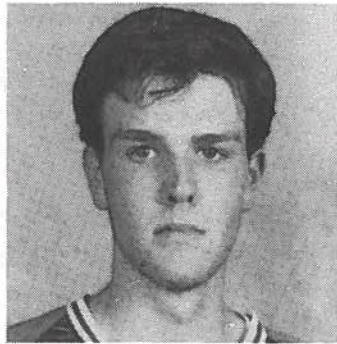
Kathy Harrison, a 5th year point guard, is off to a super start. In five games she has scored 80 points for an average of 16 pts./game. This past weekend, during the Pizza Hut Invitational Tournament, Kathy scored 29 points against the U. of Manitoba, including 4 for 4 from the three point line. More importantly, she leads the team in steals and assists. Her leadership and work ethic should definitely put her back in the All Canadian ranks for this season.



Wrestling
- Lee Pine

Lee Pine, a 2nd year member of the Nor'Westers, worked very hard this summer competing at the Senior Canadian Open as a member of the N.W.O. Wrestling Club. Lee's work ethic combined with a years experience wrestling at the university level, will prepare him to be a force at the National Championships. This past weekend, Lee placed 2nd at the Regina Open Tournament which featured the best schools from all of Western Canada. Competing in the 220 kg division, Lee pinned 2 opponents to reach the final.

FUTURE LIGHTNING BOLTS



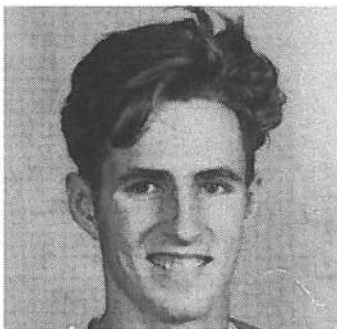
Paul Andrews

Height: 6'6"

Position: Guard/Forward

Hometown: Thunder Bay

Paul brings to the Nor'Westers a fine outside "shooting touch" as the Nor'Westers will look to him to add depth to their outside game. Andrews also displays excellence in the classroom as he was a 1992 Ontario Scholar and a recipient of \$15,000 in entrance scholarships.



Cam Becker

Height: 6'6"

Position: Forward

Cam is a transfer student from Champlain College in Lennoxville, Quebec. Cam was also selected to the first all-star team. Becker should excite the Thunderdome crowd with his offensive talent and his innate ability to rebound.

Catherine McMahon

Height: 6'1"

Hometown: Thunder Bay

Position: Middle

After honing her skills with the Junior Lady Nor'Westers during the past two seasons, Catherine's height and intensity will help improve Lakehead's blocking defence. Catherine is the first local athlete graduating for the Junior Lady Nor'Westers to gain a starting position on the varsity team.

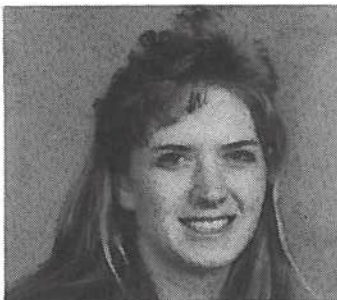
Monika Ucke

Height: 5'10"

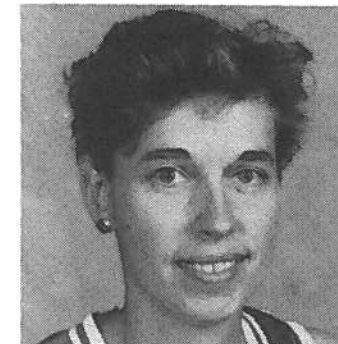
Hometown: Cochrane, Ontario

Position: Offside

Monika comes to Lakehead after three years at Canadore College, in North Bay, where she led her team to the 1991 Division II Championship, and was named an OCAA All-Star for the last two years. Monika will enable LU to present a more diversified attack in the upcoming season.



IN THE THUNDERDOME



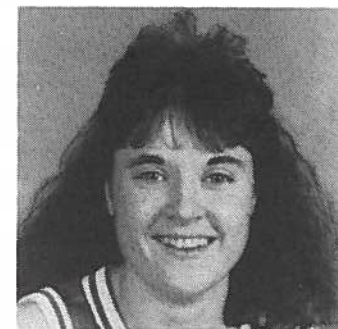
Angie Pumputis

Height: 5'11"

Hometown: Midland, Ontario

Position: Forward

Angie will bring experience and maturity to the Nor'Westers. She is an excellent rebounder and has the ability to score inside.



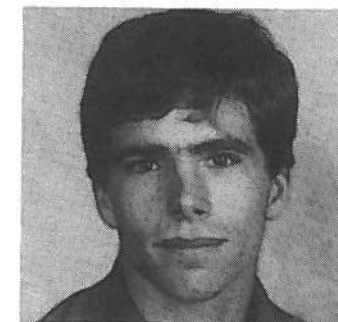
Lisa Chambers

Height: 5'7"

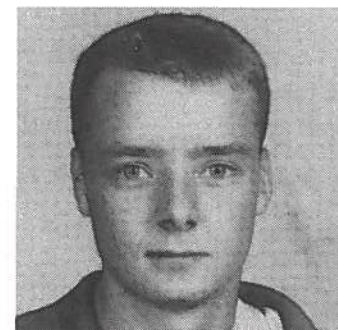
Hometown: Ridgetown, Ontario

Position: Guard

Lisa, is an excellent shooter and play maker for the Nor'Wester's. Her aggressive style of play will fit into the Lakehead style. We look to her to be an early contributor.

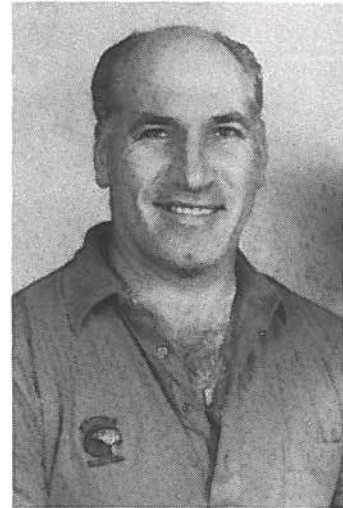


One of this years many new faces in the varsity wrestling program is **Troy Hicks**. Troy comes to Lakehead from the east coast where he studied at Mt. Allison and graduated from the Forest Ranger School.

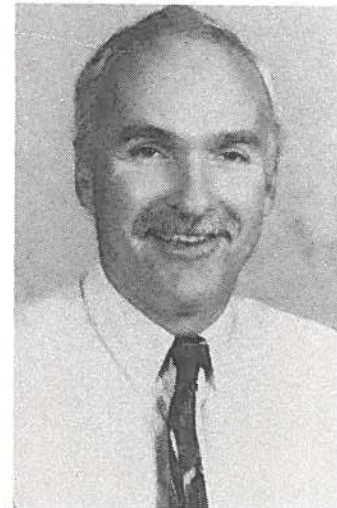


Mike Danialson is a product of Thunder Bay, having graduated from Lakeview/Hillcrest High School. Danialson will have an immediate impact on the team as he will be wrestling in the 52 kg weight class.

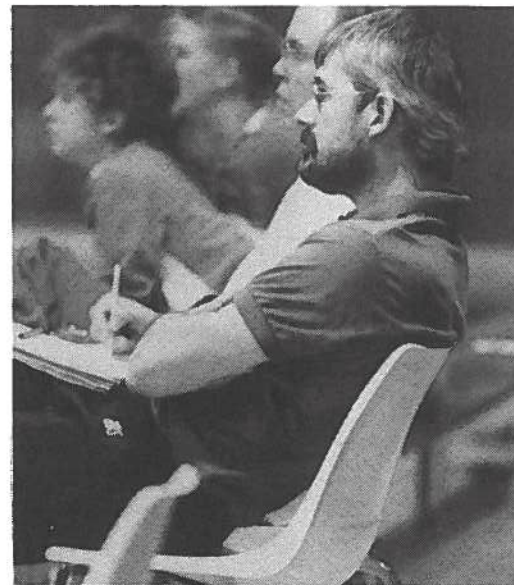
MEET THE COACHES



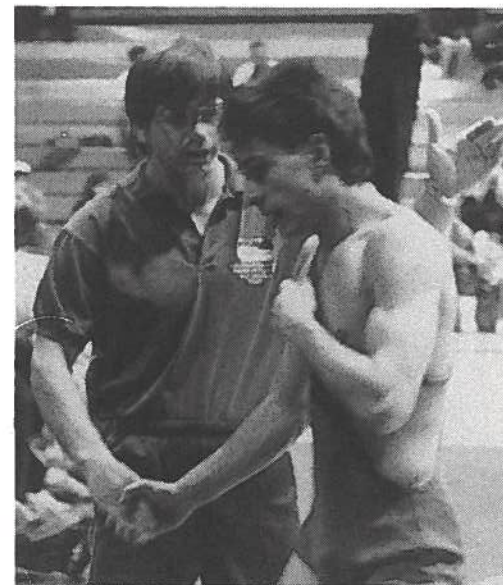
LOU PERO
Men's Basketball



STU JULIUS
Women's Basketball



CLAUDE LAPRE
Women's Volleyball

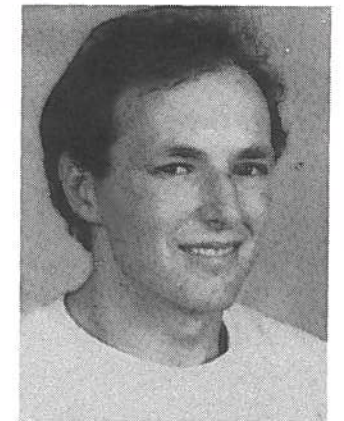


FRANCIS CLAYTON
Wrestling

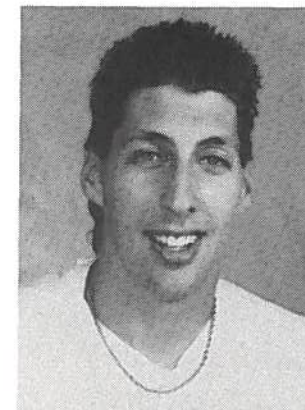
ASSISTANT COACHES



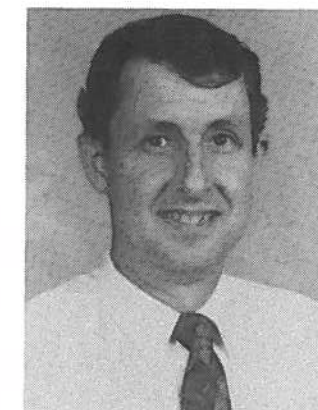
JOHN GRACE
Men's Basketball



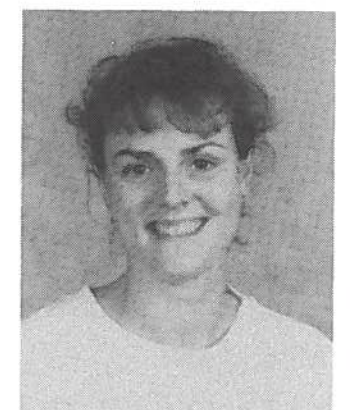
JOHN LAPLANTE
Men's Basketball



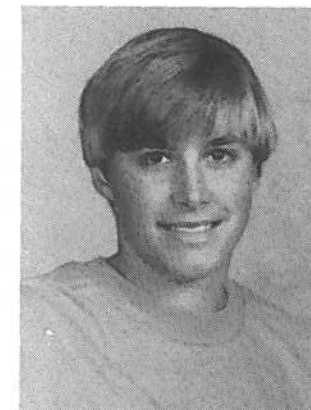
MIKE LALONDE
Men's Basketball



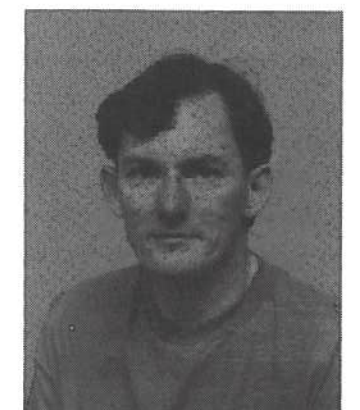
BOB MAIN
Women's Basketball



KELLY FITZGERALD
Women's Basketball

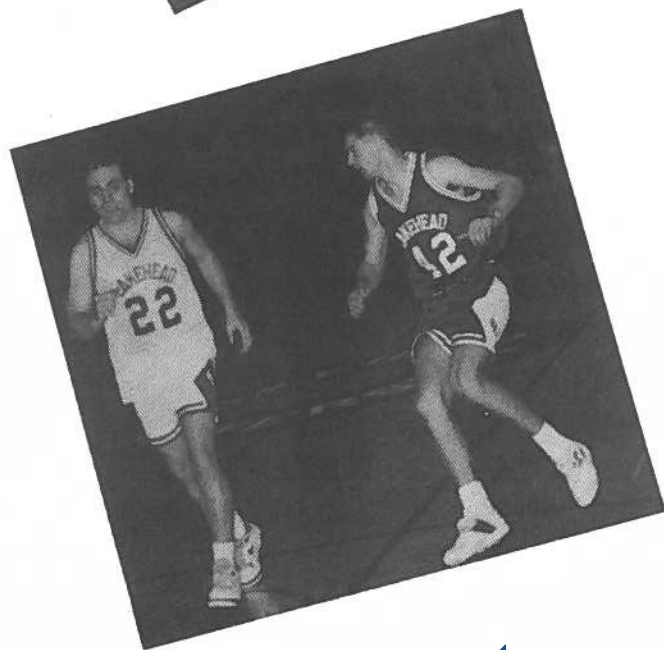


SHARON ECUEL
Women's Volleyball
Assistant



IAN CULL
Women's Volleyball
Assistant

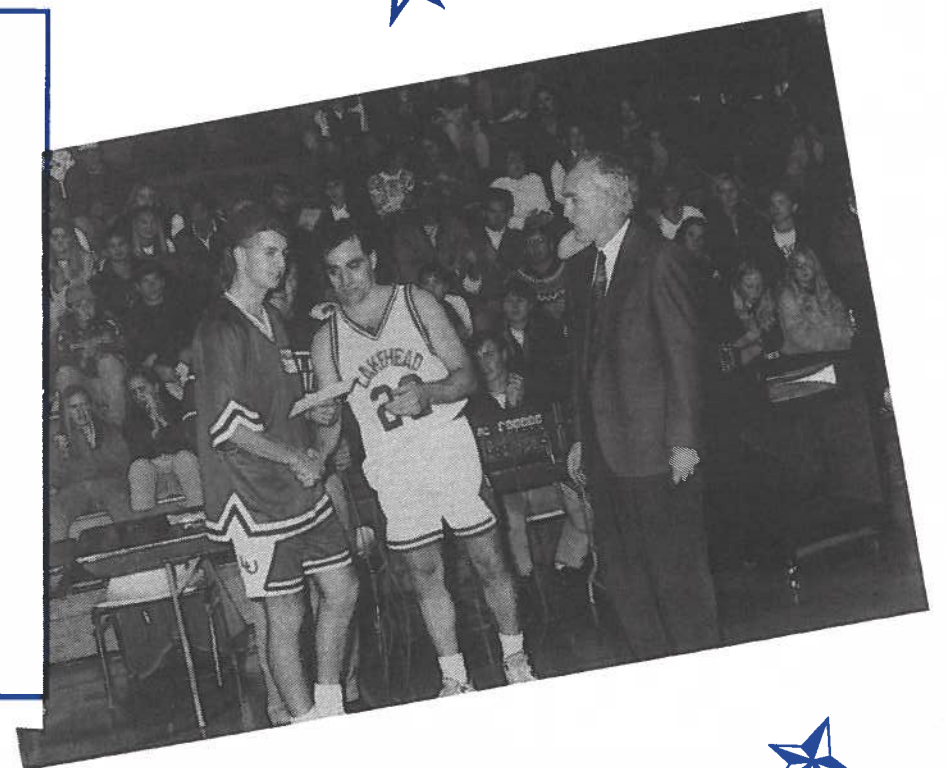
The Thunderstorm Salutes . . . John Zanatta Memorial Award



It has been two years since John Zanatta (above 30) was tragically killed in an automobile accident August 12, 1990. John was an outstanding basketball player coach at Lakehead University and a strong member of our community.

Upon his death the John Zanatta Scholarship Fund was established. The Scholarship is awarded to a student who combines leadership, athletic talent and academic excellence. This year's recipient is David Pineau. David is a fourth year Physical Education student and starting point guard for the Nor'Westers. He is also an academic All-Canadian, and truly exemplifies the ideals and morals that John himself displayed.

The Zanatta family extend congratulations and best wishes to David in his future endeavours.



SEASON PROFILE

FEATURE COLUMNIST: IAN FERO - ARGUS SPORTS EDITOR

It seems as though the last varsity season just finished however the 1992-93 year has just started. Each of the four L.U. teams achieved a level of success last year and the coming season holds only more promise.

The women's basketball squad will be looking to improve their OWIAA 3rd place finish, and a season that saw them narrowly miss the CIAU Championships. Returning is All-Canadian point guard Kathy Harrison. She will be joined in the backcourt by promising 2nd year player Donna Foreman and Patti Johnston, a clutch performer. Lisa Corsaut will play the post position while Jenny Burgess, L.U.'s leading rebounder, will once again control the boards as a forward. Michelle Black, a slick shooting guard returns after a year layoff. Leo Altieri and Bonnie McAlpine also return and will provide talented reserves. Coach Stu Julius also has a strong cast of rookies featuring Katie Langdon and Angie Pumputis both aggressive forwards, and Nicole Versaevel and Lisa Chamber who are strong guards. The team has depth this season, something which may have held them back last year. A trip to the Nationals is almost certain barring disaster.

The men's basketball team will be trying to rebound from a season of ups and downs. A very talented core of Peter Brown, Dave Pineau, Craig Law, Chris Grace, Brian Norland, Steve Riddle, Cory Keeler returns and should be very effective again. Similar to the women's scenario coach Lou Pero has recruited a load of talented freshman. Forwards Cam Becker, Kareem Rodriguez, Murray Smith, Noah Van Sickle and Paul Andrews will be joined by guards Eric Schultz and Chuck Brown to provide a promising future. A nice mix of veteran and freshman talent should make for an exciting year for coach Pero's team.

The wrestling squad as well has a vast crop of first year talent. Coach Francis Clayton is

confident in the direction of this years team, predicting a possible top ten entry and maybe even further success. Jim Gowanlock returns after missing a number of years due to injury, and last season helped in coaching with Clayton. Gowanlock's leadership will be effective on the rookies. Eddie Zinger also returns for his final year and will be joined by some very promising veterans, all capable of doing well in competition. Craig Hardy returns after a year of injury. Quinton Maechtel, Simon Lampi, Brock Lambert, Scott Pepper, Kevin Wallen and Mike Kitchen will be joined by last years CIAU reps Sheldon Muir and Lee Pine. Individual success is a sure bet and Clayton believes that if everyone fulfills their potential the team itself could go very far.

Achoring the women's volleyball team once again will be all-world performer, power hitter Kelly Breutigam. Jo-Anne Hood will have a full season at setter and Geraldine Bergams, L.U.'s all-time leading blocker returns in the middle

Look to Panda Edwards to provide depth on the starting line. Rookies Tanja Mastomaki, Jo-Anne Maunula and Catherine McMahon will be challenging for the final spots on the starting line. McMahon has looked impressive in pre-season though. Coach Claude Lapre had a successful regular season last year at 12-2 but could not advance against some good rival division schools, namely Toronto and York. The team looks to be equally competitive this year and good things should follow this young and talented team.

Overall we see an influx of good veteran talent with rookie ability in all teams. Lakehead had a good year with varsity last season but this years varsity editions look to be not only promising but capable of bettering previous efforts. I'm looking forward to greatness in L.U. athletics this year.

Ian Fero

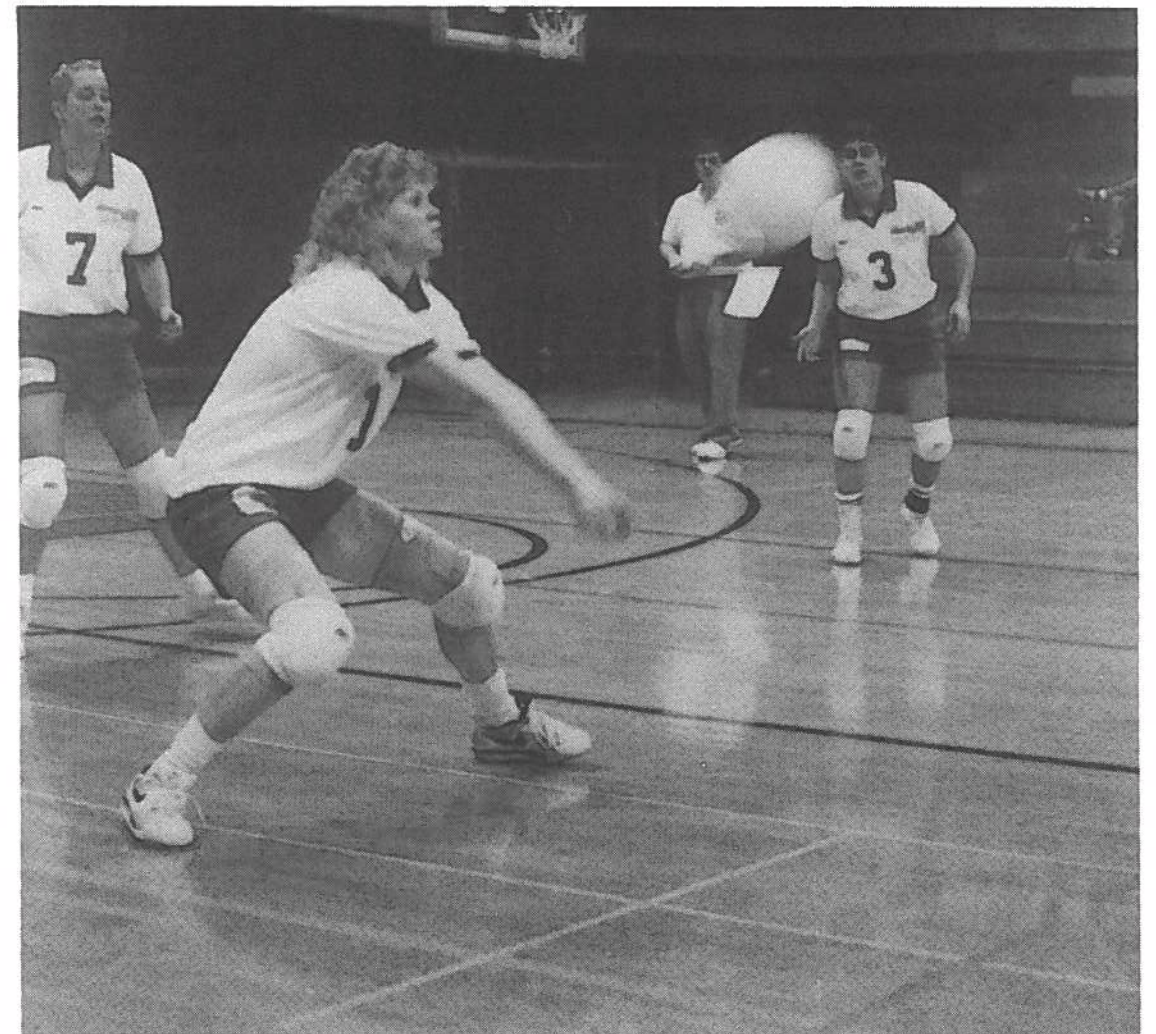
Lady Nor'Wester Volleyball

After a great pre-season, the Lady Nor'Westers are poised and confident at the start of the OWIAA volleyball season, as they obtained repeated success in exhibition tournaments.

At the U of Wisconsin-Superior tournament, LU won 3 of 4 matches. In the next event, the U of Minnesota-Duluth Invitational, Lakehead won 2 out of 3 matches. The first competition against Ontario teams was the Brock Invitational, where LU was further crowned with success finishing second in a field of ten teams.

LU's OWIAA season opens at Windsor, November 6-7. Lakehead will then host McMaster (November 13-14), and Western (November 27-28).

This early schedule should give an indication of Lakehead's strength, as Windsor was third in the West last season, while McMaster finished first, ahead of Lakehead. A good performance in these match-ups could lead the Lady Nor'Westers to their first Division Championship, after finishing third, fourth and second in the last three seasons.



Nor'Wester Wrestling

There are 15 new faces in the L.U. varsity wrestling team's line up this year. Twelve of them are first year freshman, while the other three are transfer students that have come from other programs after taking at least one year off in between.

Two of the transfer students are Don Sawchuk and Wayland Pulkinen. Wayland is from McMaster University where he wrestled for three years and graduated from Mac's Physical Education program. Presently, Wayland is a member of the National Judo team and is enroled in the Masters Degree Program in Applied Sport Science and Coaching.

From the group of twelve freshman, three are products of Thunder Bay High Schools. Mike Danialson and Dan Chartres are Lakeview/Hillcrest High School graduates, while Calum Thomson graduated from Hammarskjold. Both Thomson and Chartres will strengthen the team by adding depth to the 82 and 61 kg divisions respectively.

The remaining freshman include Torbin Jensen, Mark Bottineau, Jason Moore and Cam McLeod. Moore, a heavy weight and McLeod at 90 kg's will increase our depth in the heavier divisions. Jensen and Bottineau add some youth to the 68 kg class as Mike Kitchen will be graduating this year and is unsure of his plans for next year. Rounding out this years Rookies are light weights James Blair and Ray Gowlett, middle weights Chris Chopic, Oscar Burnell and Greg White.

Food Drive

On Saturday November 28, starting at 4 p.m., the Lakehead University Wrestling Team will be competing against the University of Western Ontario Mustangs. The L.U. Women's Volleyball team will play the Mustangs at 7:30 p.m. at the C.J. Saunders Field House. In conjunction with the competitions the two Lakehead teams are hosting it's second annual food drive in support of the Shelter House/Thunder Bay.

Non-perishable foods and donations will be accepted at the door in lieu of admission. Besides collecting food stuffs at the door, community groups and school departments are encouraged to gather food items and bring them to the competition. Special recognition will be given to the department or community group donating the largest number of goods. Last year the School of Business lead the way collecting over 1,500 food items and 50 dollars in cash. Overall there were 3,000 food items and 500 dollars in cash collected and given to the Shelter House/Thunder Bay.

Wrestling Notes:

The Lakehead University Varsity Wrestling team did the Athletic Department proud when they won the bus pull held Friday, October 16. This event was put on by the Engineering Department in support of the Big Brothers/Big Sisters organization here in Thunder Bay. The Wrestlers did have to do some recruiting as they added a Thunder Bay Giant football player, an x-volleyball player, a rugby and judo player along with a few of the wrestlers' girlfriends gave them a well balanced and explosive team. This years Buds Pulling Champions are assured of a spot in the Bus Pulling Hall of Fame.



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UP COMING EVENTS:

The month of November will be busy in the THUNDER DOME!

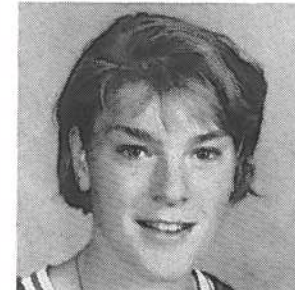
November 12, the men's basketball team will host the quick Gogebic mens squad. November 13th and 14th will be our first taste of OWIAA action as the Lady Nor'Westers volleyball team play host to McMaster University and will finish off the weekend playing Durham College on November 15th. The weekend of November 20/21 our Women's Basketball team will host an invitational tournament. Teams competing will include Brandon University, Northland College and the University of Wisconsin.

The following weekend the volleyball action takes to the forefront once again as the Ladies battle the University of Western Ontario. Rounding out the busy weekend our Wrestling team will host a dual meet with Western Saturday which will, undoubtedly, be very exciting.

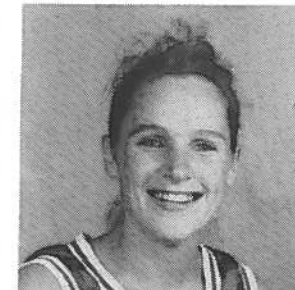
The final Home date in November, Saturday the 29th, the volleyball action will continue with Lakehead hosting Humber College. There's plenty of excitement in November so come out and catch all the action!

THUNDERSTORM SALUTES LAKEHEAD UNIVERSITY'S ACADEMIC ALL CANADIANS.

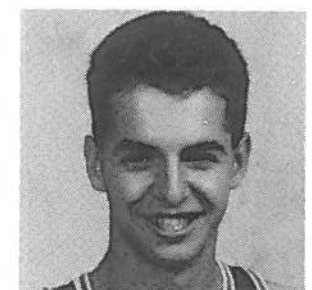
Student Athletes who have maintained 80% or higher in their chosen courses.



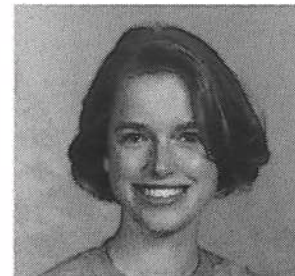
BONNIE McALPINE
Basketball



LISA CORSAUT
Basketball

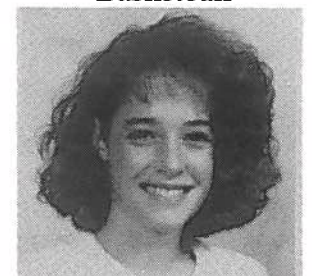


DAVID PINEAU
Basketball



GERALDINE BERGMANS
Volleyball

"STRENGTH IS NOT
ONLY IN THE BODY,
BUT ALSO IN THE
MIND."



ALYSON NICOL
Volleyball

***THUNDERSTRUCK
IN THE THUNDERDOME!***

