

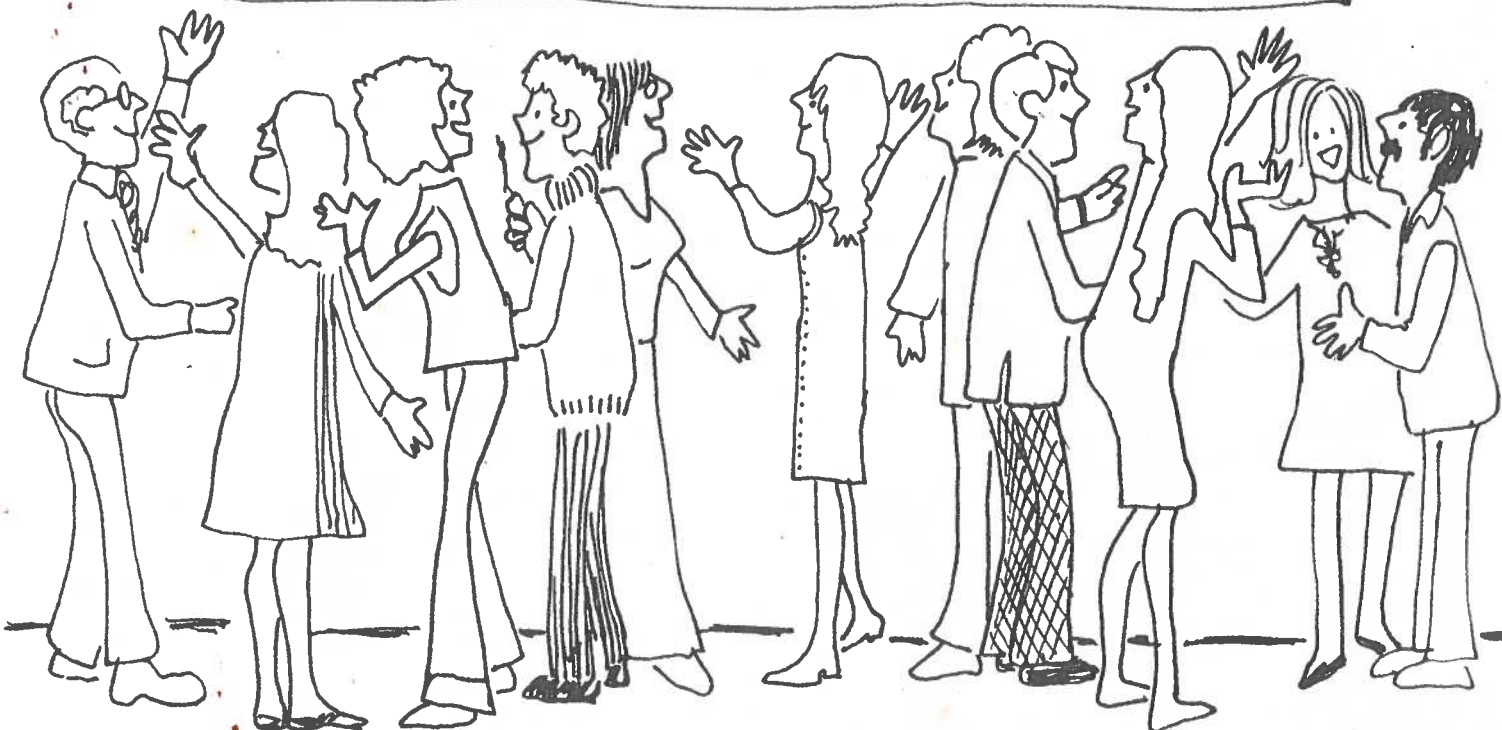
SDMRO newsletter

OCTOBER '74

Welcome to the S.D.M.R.O. Annual
TRAINING INSTITUTE
and ANNUAL MEETING !

NOV. 13-16

Geneva Park



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Pickering Recreation and Transportation

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Bronte Creek Provincial Park

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Simcoe County Recreation Department

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OLGA TYNE,
Mississauga Recreation and Parks

PHIL WHYTE,
Mohawk College, Community School Programme

TED WOOD,
Sarnia Parks and Recreation and SWORD

people/places/plus.

The TOWN OF PICKERING lost a human resource that will be difficult to replace when LINDA LLOYD (nee Daly), programme coordinator resigned to pursue her Masters Degree in Community Development at the University of Waterloo. Linda recently married Douglas Lloyd who is involved in a Doctorate programme in chemistry, also at Waterloo.

Linda's position has been assigned to DON DONNER, formerly community use-of-schools coordinatore and a 1973 graduate of Fanshaw College. In turn, STEPHEN REYNOLDS has been dired to replace Don; Steve is a '74 graduate of Durham College.

From MISSISSAUGA comes word that IAN SCOTT, formerly supervisor of athletics - has been traded to the facilities section! LYNDA PETROSKY has taken time off to study music, and will be succeeded by DEBBIE REYNOLDS, supervisor of arts.

New staff appointments at Mississauga:
CHRIS BELLAMY, assistant, youth programs;
JOHN CRAWLEY, assistant, health club; JILL MILLER, assistant, acquatic programmes;
KAREN EARLE, assistant pool supervisor;
CATHERINE HILL, assistant, senior citizens;
and ANNE PANTIN, supervisor, Huron Park Pool.

ANNE FORDE, a graduate of Sir Sanford Fleming College Recreation Course, has joined the staff of the PETERBOROUGH Recreation Department; Anne is working on a contract basis on special projects.

ROSS VENTRCEK is the new Director of Recreation in STRATFORD; ROGER LABELLE is the new Deputy Director; and STEW BELL is now enjoying his retirement.

COTE SAINT-LUC has a new Recreation Director in the person of R.L. HOWES.

PAULINE REANEY of the SARNIA Parks and Recreation Department received her Permanent "B" Certificate on September 26th at a presentation ceremony by the Board of Parks and Recreation.

CATHEE DUBBLESTYNE has resigned from her post as assistant director of recreation with the Town of Onaping Falls, to assume new employment with the recreation branch in Pickering, Ontario.

PHIL KELLY has left his area supervisor position with the Brantford Parks and Recreation Department to assume new duties as Director of Recreation with the Town of Ancaster.

BOB LITTLE is the new Supervisor of Special Services and NORMA WILLIS the new Pool Programmer in BURLINGTON.

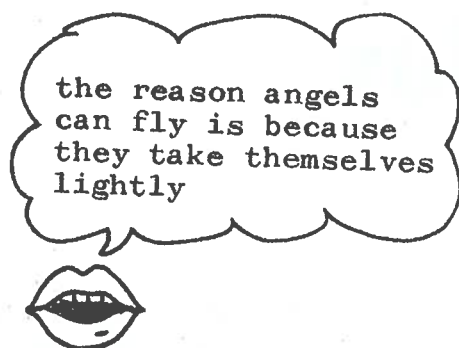
THE PROFESSIONAL RECREATION GUILD OF METROPOLITAN TORONTO
is proud to present its semi-annual
" RECREATION SHOWCASE "

FRIDAY, NOVEMBER 29th 1974
2:00 to 6:00 pm
Centennial College, 651 Warden Avenue
Scarborough, Ontario.

Participating agencies: municipal recreation, corrections, psychiatric institutions, Homes for the Aged, Ontario Crippled Children's Centre, Bloorview Children's Hospital, the C.N.I.B., Donwood Institute, YM-YWCA's, Boys' Clubs, agencies for the mentally retarded, high-rise recreation, Ontario Houseing Recreation, industrial recreation, Sport Ontario, and educational institutions.

Programme: 2:00 - 4:30 p.m. Open House & visits to booths
4:30 - 6:00 p.m. Social Hour
Faculty Lounge

More information? Contact Ron Fein or Paul Drohan of the Recreation Leadership Programme or Centennial College at 694-3241, ext. 394.



The Peel Board of Education and the cities of Mississauga, Brampton and Caledon have established a committee to study ways of eliminating duplication of recreational programmes and improving the quality of community service. Also, to make certain that all facilities and social, educational, and recreational services are made available to the general public with the least possible inconvenience and cost.

WOODSTOCK Recreation Services is coordinating a "Leisure Showcase" in November (18-23) at the Blandford Mall. The goals of the showcase are: 1) to create public awareness of the leisure time pursuits offered by various agencies, groups and individuals in Woodstock and district 2) to offer a chance for participation and involvement by people as a result of this awareness 3) to obtain feedback from the visitors to the showcase as to their particular needs and interests from a leisure-time standpoint. They are anticipating support from groups and agencies like the YM-YWCA, minor sports, adult sport groups, public libraries, art association, little theatre, model airplane club, and other cultural, intellectual, social groups.

In PETERBOROUGH, this year's municipal ballot will include the question as to whether the voters are in favour of rescinding the Board of Park Management By-law and amalgamating recreation, parks and arenas into one civic department. Under one new By-law, a Parks and Recreation Advisory Committee would be formed to advise on policy matters pertaining to these three operations, to Council via the Director of Parks and Recreation and the City Administrator. This is the third time this subject has come under review in the past 12 years but it is the first time that Council has approved a plebiscite on the question. This change would include the withdrawal of the Recreation By-law too, which at present is a Council prerogative.

The PETERBOROUGH Recreation Committee is cooperating in the promotion of the 1st Annual NATIONAL OLD TIMERS' HOCKEY TOURNAMENT to be held February 21-23 '75. Initial reaction has been unbelievable with enquiries from both coasts and every province in between. If plans go according to schedule an anticipated 60 teams will participate.

The tournament is sponsored by the Canadian Old Timers Hockey Association under executive director, John Gouette, who some members will recall is an ex-member in our field.

MOHAWK COLLEGE OF APPLIED ARTS & TECHNOLOGY in Hamilton, is again offering its one-year COMMUNITY EDUCATION TRAINING PROGRAMME. It is open to practitioners in the fields of recreation and education as well as university and community college graduates. This year, part-time studies are available for those interested, and attempts will be made to arrange class times appropriate to one's working schedule.

For further information, please contact:
Phil White, Community Service Department,
Mohawk College
135 Fennell Avenue, West
Hamilton, Ontario L8N 3T2
416 / 389-4461, ext. 339

h-e-l-p

Peterborough Recreation Department would like to hear from any municipality having mini-bike problems: have you found any solutions or worthwhile proposals for consideration? Write to

Ken Robinson
Director of Recreation
City Hall
Peterborough, Ontario

Nepean Parks and Recreation would like to hear of successful projects with "Doggie Drop Inns" or doggie parks or ways and means of solving the excrement problem. Write to

Gail Brown
Director of Recreation
Nepean Parks & Recreation
3825 Richmond Road
Ottawa K2H 5C2

FACILITIES

BURLINGTON Recreation Services reports that their new Centennial Pool was officially opened July 27th 1974: they now have two indoor pools on board of education property. They have also reached an "agreement in principle" that Burlington's next high school will include additional facilities for community use, such as a day care centre, crafts room, lounge, office, general purpose room and three outdoor tennis courts.

Burlington's Appleby Tennis Club has made arrangements to erect an air supported bubble over two of their six outdoor tennis courts. The club will assume the total cost of the project which is estimated at \$25,000. Annual rental \$16,000; hydro \$3,000; and operating costs \$6,000.

Within the next eight months HALTON HILLS will have acquired three new recreation facilities: a new 25 metre x 42' indoor pool attached to the high school in Acton. The pool features 1-metre and 3-metre boards. There will also be a new 25 metre indoor pool attached to the high school in Georgetown; it's scheduled for spring opening. A new arena with an ice surface of 185' x 85', with seating for 1,000 patrons, will operate year-round and provisions have been made to accomodate the addition of a 'pad' later. The arena will also open in the spring of '75.

In addition to all of the above, Halton Hills is fortunate to have a Georgetown Lions Club. They have undertaken to replace the 'old' pool building and changing room facilities at their outdoor pool. The second floor of the new building will also be the new "home of the Lions".

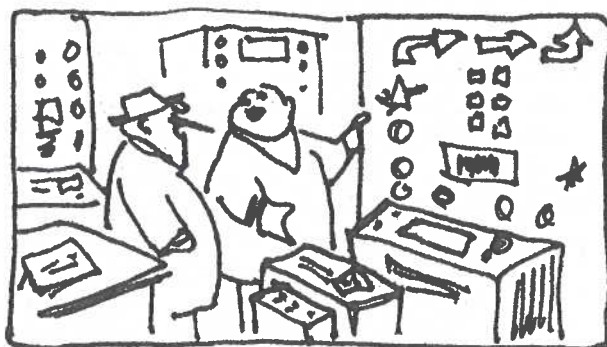
"SAD HUMOUR DEPARTMENT" Ever try to close down a stadium during the height of the football season? Sarnia did. They were over-ruled and Council re-opened it. Then a lady fell through it and Council ordered it closed. The football team raised its strong voice and the Aldermen said "re-open it". The insurance company said "whoa" and everyone was put on 'hold'. Then they said "O.K." So it is open. When the season is over Sarnia will have some nice dry-rot wood for sale.

On March 9th the City of WOODSTOCK officially opened the Southside Indoor Swimming Pool. The Federal/Provincial/Municipal Winter Assistance programme gave financial help with 50% of the cost of on-side labour to November 30th '73, and 100% from December 1st '73 to the completion of the project. The pool was built by Con-Dign Limited of Waterloo at a contract price of \$259,518. Both 1 and 3 metre diving boards are featured in a 33' x 36' diving area adjacent to the 42' x 25 metre swimming area - an excellent design for teaching and recreational swimming.

BRANTFORD is happy to announce the completion of their new 65 metre indoor swimming pool: November 2nd '74 has been set as the official opening. The first event to take place in the pool was the Canadian Diving Championships during the Labour Day weekend. Canada's top divers were in attendance working to gain a spot on the Canadian Game Plan team.

If anyone would like information on programs or construction you are invited to contact:
Brant Aquatic Centre
1 Sherwood Drive
Brantford, Ontario.

TIMMINS Parks and Recreation reports that the Archie Dillon Sportsplex will be completed in May '75. Plans and construction are well underway. And, a special swim pool committee has been set up by council to prepare a report on a regional olympic pool for Timmins.



The larger model replaces a secretary. The smaller one can replace the Recreation Director.

On September 7th the official celebration of Mississauga becoming a city was held, "Birth of a City" - involved a gigantic parade, a flypast, parachute jumping, CNE aquarama, involvement of community groups and sports groups, Harbourfest with beer and ethnic foods, fireworks ... something for everyone!

SIMCOE COUNTY Recreation Department reports a busy and varied programme. During the nine weeks of July and August their staff conducted 24 day camps throughout the County. Each camp is two weeks. Nineteen 3-week swimming programmes employed 79 students this past summer. Their annual Senior Citizens picnic, held August 14th, attracted 2,000 seniors! A conference for delegates of senior citizen clubs and groups will take place this month and again a good attendance is expected. Arrangements are also underway to conduct a series of arts and crafts workshops in November and December in each of the six county areas.

Lacrosse is developing rapidly in Simcoe as is soccer : it is estimated that some 1,400 boys are playing this year. The Village of Tottenham and Barrie hosted a September weekend soccer tournament for the County of Simcoe. A level II Hockey Clinic was held at the Eastview Secondary School and Arena in Barrie on September 21st. This National Coaches Certification Programme was conducted in close cooperation with the Ontario Hockey Association. The first Simcoe County Sport Conference - "SPORT '74" - was held October 5th at Georgian College in Barrie.

SARNIA, well known for its cycling clubs, is branching out again with a 40 mile bike race on the Thanksgiving weekend. It will be an annual event with top speedsters competing on a 7.5 mile circuit. This makes the third event to be held on an annual basis; the other two - the 90 mile Pedal to the Pines Tour and the 200 mile Stratford-Sarnia Tour. Riders from all across the province and the mid-Western United States make the trek to Sarnia every year to ride in these events. If your city or town hasn't sent its riders previously, you are invited to join the cyclists in 1975 for some good physical exercise and to meet new cycling friends.

It's enough
to be alive
to see the sea
the sky and
watch the changes
to eat talk
joke and create
love feel
the air ground
sun yourself
and not
have to
be somebody

Bernard Gunther

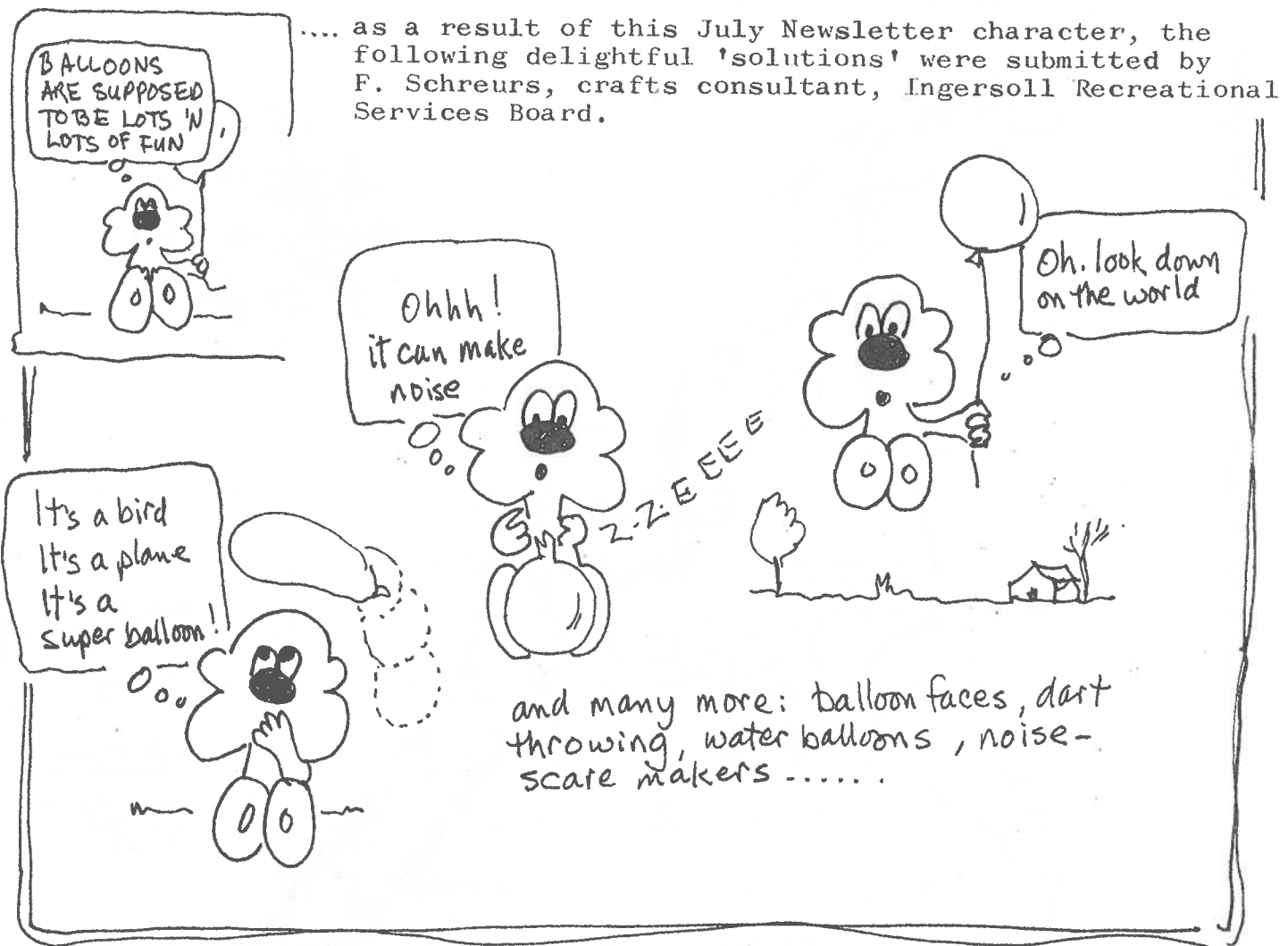
NEIGHBOURHOOD SCHOOLS

The Orillia Parks, Community Centres and Recreation Commission, in cooperation with the Simcoe County Board of Education through the Adult Education Programme in Orillia, are conducting a join programme in 74-75, known as Neighbourhood Schools.

Both agencies have combined their efforts similar to North Bay Parks and Recreation and are enjoying a very successful season. Programmes for all ages are being offered under the N.S. programme with fees set very reasonably at \$5 for adults, \$3 for students and \$2 for children; seniors are admitted free. Programmes are conducted in the schools, the arenas and other recreation facilities. To date, 90 programmes are offered with over 1,300 registered compared with 650 registered in adult education and 200-300 registered in recreation programmes previously.

New programmes can commence at any time providing ten weeks are available to conduct a course prior to May 31 1975. The programme supervisor and night school principal are encouraging resource people to make themselves known to them so they can organize courses around their skill or interest. To date it is working very effectively.

The PETERBOROUGH Recreation Department is very interested in the "Safe Driver Education Course" that is being conducted by H. WOODS, Superintendent of Recreation in ETOBICOKE.



ONTARIO ARTS COUNCIL

The Ontario Arts Council has awarded over \$1.5 million in support to arts organizations in thirty communities throughout the province. This includes \$262,540 in assistance to the province's orchestras and more than \$600,000 in awards to writers, publishing houses, periodicals and literary organizations.

In the performing arts, theatre companies share \$424,500 to assist them with operational expenses in presenting plays to the public. In music \$232,817 goes to twelve groups, including a grant to enable the Hamilton Philharmonic to develop an apprentice project for training orchestral players to serve communities. Two dance groups receive \$16,500 for performances and touring.

In the visual arts, nine galleries receive \$72,325 for exhibitions, education and extension programs and three groups receive \$13,500 for work on behalf of film-makers and photographers. Special projects grants provide assistance to five Franco-Ontarian cultural centres, and a grant to enable Inner City Angels to present free arts programs to inner city children in Toronto.

THE ONTARIO FEDERATION OF SYMPHONY ORCHESTRAS and twenty of its members have received a total of \$226,040 from the Ontario Arts Council. The assistance to the orchestras is earmarked for operations while the funds to the Federation are for workshops, a regular newsletter and the annual meeting. In addition, orchestras in Kingston, London, St. Catherines and Thunder Bay receive a total of \$36,500 to engage resident musicians during their 74/75 concert seasons.

↑ Hwy 5



Wildlife
Management
Area

Walking
Trail

Uppermiddle Road

Main Park
Entrance

Area under
Construction -
Please avoid

Information
Centre

Maintenance
and Receiving
Park Office
(1470 Bronte Road,
Oakville)

Burloak Drive

Walking
Trail

Future
Children's
Farm

Mice, Men and
Maiden's Blush
Trail

Future Rural
Living Centre

Swimming-Tennis
Area

Horse and Wagon Route

Half-Moon
Valley Trail

Future Arts and
Crafts Centre

Spruce Lake
Farm

Half-Moon
Valley

North Service Road

Highway 25
Bronte Road

Queen Elizabeth Way

BRONTE CREEK PARK

CONCEPTUAL PLANNING FOR CREATIVE INTERPRETIVE PROGRAMS

ONTARIO MINISTRY OF NATURAL RESOURCES
BRONTE CREEK PROVINCIAL PARK

Although Bronte Creek Provincial Park is in its development stages, specific plans are now being formulated to develop a new approach to Provincial Park programming. Prior to the summer of '74 a program research team comprising of four specialists representing related disciplines - sociology, recreation, geography and landscape architectures - were assembled. They were matched with the present staff members representing biology, history, agriculture and recreation planning, to form the program research teams. These teams were assigned facility development and program topics to research and develop a conceptual framework through which each subject assigned could be assessed and later implemented. This conceptual approach to program planning is essential to the successful implementation of innovative program ideas or the development of a recreation facility.

During the summer months, the teams alternated their time between weekend visitor services and future program planning. The following topics illustrate the scope and depth of the subjects researched.

- a children's farm development, including a day care centre, creative play areas and apparatus
- a rural living centre, including a farm restaurant, tea garden, both featuring the early 20th century period
- a demonstration farm to highlight its historical and educational value
- the biological management plan - alternatives for wildlife and woodlot management
- friends of the park - a volunteer visitors' organization
- creative craft centre - highlighting pioneer and nature crafts
- recreation complex featuring
 - 1½ acre swimming lake
 - 8 tennis courts
 - 4 multi use playing areas
 - outdoor artificial pleasure skating area
 - change areas

After thoroughly researching the selected topics the conceptual plan is presented to the Bronte Creek Coordinating Committee for its consideration and approval in principle.

From this management stage, implementation is dependent on funds and staff availability. By this unique approach to park program planning each project can be specifically designed to service the needs of the potential park visitor.

As each project is systematically introduced, timing again dependent on the annual funds available, they will be monitored and evaluated to maintain the level of efficiency required to produce a qualitatively sound system. The results of this innovative approach to park programming will be recorded and available for other recreation program planners.

Kenneth J. Burgess
Visitors Services Programmer
Bronte Creek Provincial Park

The Nepean Orchestra

By SERGE TITTLEY

There is a sphere of artistic creativity in Nepean of which all too few citizens are aware — the Nepean Orchestra.

The Nepean Orchestra is a group of amateur, semi-professional and professional musicians who compose a unique experience on the community musical scene.

There are many community orchestras in Canada, but none of them is quite like the Nepean Orchestra which is the only such group to perform on a truly professional basis.

What probably brought to mind the orchestra's existence to many Nepeanites was the financial difficulty it was in until Township Council passed a motion providing the organization with a loan to lighten the accumulated debt.

At that time there was some question as to the wisdom of floating a loan to an orchestra calling itself "The Nepean Orchestra", but composed almost entirely of non-Nepean residents.

"The accent is on the quality of music provided by the orchestra", says James Wegg, the N.O.'s conductor and director. "It is highly prejudicial to question the origin of musicians within the group since the orchestra should be used as a tool by Nepean to develop itself culturally."

Mr. Wegg is a 22-year old music student at the University of Ottawa, completing his fourth year of studies for the Baccalaureate in Music.

He explains that the company developed from the Ottawa-Carleton Summer Orchestra, a local association of students who get together for summer performances and keep in touch with music during the lengthy absence from academic study.

"There are 173 members in the Ottawa-Carleton Summer Orchestra," he says. "A musical day-camp sponsored by it teaches up-and-coming musicians the intricacies and finer points of musical performance."

Now it has just finished its third season, growing more and more popular and assured of continued

success.

A real need for such an orchestra working in and for Nepean, was felt by some, especially at the Parks and Recreation Department of the Township where Karen Woods was already pushing for the formation of such a group.

Miss Woods and MR. Wegg then shaped a viable, really expert orchestra out of the rough sketch they had drawn in their minds.

As a result staff jumped from five to thirty-eight and an accent on professionalism developed with the introduction of high calibre musicians from such groups as the National Arts Centre Orchestra.

Salaries for the University of Ottawa and Carleton University students were only \$90 a week, but for that relatively small income, the students could spend up to sixty hours in the practise at their future profession, or out of pure enjoyment.

"Of course, they could have obtained much better paying jobs if they had wanted to," says Mr. Wegg, "but where could they cram in the experience from working with masters of the art if not with a really semi-professional group such as the Nepean Orchestra."

Mr. Wegg said he found Nepean to be a very forward thinking area and believed the orchestra's existence would better be assured than with a more conservative Ottawa.

A day-camp for music study was also instituted by the Nepean Orchestra, although tuition fees were kept at a minimum to allow anyone access to them. Such students included many 10 and 12 year olds and the occasional older student — aged 68.

"One of the best violin players is a medical student at the University of Ottawa," said Mr. Wegg.

A series of five concerts were offered during the summer, mostly at Sir Robert Borden High, beginning on June 22nd and about every other week following until the end of August.

Prices were very reasonable with tickets ranging in price from one to three dollars. On July 31st a free concert was held where

orchestra members explained the purpose and functions of instruments as well as that of the orchestra as a whole. The success of that performance will assure its repetition in the coming season.

MR. Wegg was impressed with his audience at the concert he conducted for senior citizens during the summer. He found that "they seem to appreciate the finer things in life."

Although with a successful season behind it, excellent reviews on performances and continued enthusiasms on the part of orchestra members, Mr. Wegg fears that Nepean might start taking it for granted.

"They must realize that there is no combination of this sort in the country; where the teaching is quite inexpensive, the orchestra is not a great financial deficit and where some excellent musicians give of their talent for very nominal fees," he says. "The most attractive point in all of this is that anyone can participate. It doesn't matter what your music teacher told you when you were six years old, this is your chance to find out if you can play. You may even wish to make it into something more serious than a hobby."

"Everyone gains in this way: the students who learn from the real pros, the children who come in and learn from the university students and those who have played before but somehow lost touch with their expertise," says Mr. Wegg.

The youthful conductor also pointed out that he also was gathering experience in conducting, a complex and difficult craft to master.

Performances by the Nepean Orchestra usually centre around the "classical period" of 1700 to 1800 with Bach, Beethoven and Schumann being favourites. The orchestra has nonetheless performed premieres not yet presented by such groups as the NAC Orchestra.

Mr. Wegg unearthed a Mozart para-symphony while in New York City and brought it back to a Nepean Orchestra first.

Skeptics had ruled the day when the orchestra was first established, according to James Wegg.

Skeptics are sometimes proven wrong. The Nepean Orchestra has seen to that.

Free concert!

5 concerts attracted more than 400 to each performance.

+ the audience!

\$ 3,700.00 grant.

\$300 2 wks.

250 children registered for the musical day camp.

The 'children's orchestra' gave a concert every 2 wks and played at the Township country fair!

CHANGES IN ONTARIO WATER SAFETY

1. AGE PRE-REQUISITE FOR SENIOR

Due to public request, there will be an age requirement for the Senior award of 12 years of age on the date of the examination. The Senior award unfortunately requires a high level of maturity and that was not being experienced in all candidates in the past. The age pre-requisite will come into effect on July 1, 1974.

2. AWARDS

Going back to the more familiar way of handling things...wallet-size certification cards are again being issued with crests for the Pre-Beginner, Beginner, Survival, Junior, Intermediate and Senior levels. The progress cards that were used last year are now optional and may be used as lead-up cards. The progress cards may be obtained through the Branch (there may be a charge) or purchased from the Division.

3. DECENTRALIZATION OF SUPPLIES

We think we've figured out a way of saving you time--Red Cross Branches are being supplied with small stocks of materials--try them before you call Ontario Division... you might find that visiting your friendly neighbourhood Branch will save you time and effort. Awards are now being stocked at local Branches.

4. EVALUATION STANDARDS HANDBOOK

To look at things in a positive light, we've discarded the Failure Faults sheets and replaced them instead with a booklet outlining evaluation standards, policies and procedures. The Evaluation Standards Handbook is available to all Instructors and programs at a cost of \$1.00; it is free on Examination Standards Clinics. This text is a recommended reference.

5. EXAMINATION FEE FOR THE RED CROSS PUPIL TRAINING PROGRAM

There is now no charge for the candidates taking the Pre-Beginner, Beginner and Survival levels but there is a 50¢/examined fee for candidates being examined at the Junior, Intermediate and Senior levels.

This particular change was made with the view to encouraging more Ontarians to become water wise and safe and to encouraging more programs to offer the basic water safety levels. It should result in an over-all saving to the program.

6. METRIC CONVERSION

Water Safety nationally has gone into metric measures in its evaluation forms. There will be no need for students to swim the difference between metres and yards except at the Senior and Leader levels. If instruction is carried out in a "yard" pool, substitute the word "yards" for "metres" at all levels up to and including the Intermediate.

At the Senior level, the endurance requirement is 400 metres (425 yards is the accepted alternative). When swimming yards, the last length may be swum in

6. METRIC CONVERSION (cont)

in the stroke of the candidate's choice and must be placed before the Drownproofing.

7. PROGRAM REGISTRATION

In order to better serve programs we need to know where they are located and when they are being operated. Registration forms are being circulated through the Area Supervisor and the Branches. When the form is returned we will issue an attractive registration certificate and eventually will serve only registered programs.

8. UP AND COMING

In making a greater effort to reach Ontario where it will do the most good, Ontario Water Safety has developed two new courses. A Backyard Pool Owner's course is available in the form of Course Conductor Notes (\$2.00) for the Instructor and a candidate's Workbook (\$1.50).

A Small Craft course outlining safety in the use of canoes, rowboats and small power boats will be available later in the summer.

The Canadian Red Cross Society, Ontario Division, Water Safety Service in cooperation with British Columbia and Quebec, has initiated a new Water Safety programme - PROGRAMME FOR THE DISABLED. Space does not permit a complete outline of the new programme but those interested in this new development the guidelines are established under the following areas: Is there a Water Safety Training Programme for the Disabled? Has this Programme been recently visited? Who will be able to use this new programme? Who can teach and evaluate this programme? What kind of incentive awards will be used? Can a candidate be progressively evaluated? Are adaptations to strokes and skills acceptable? Can disabled individuals participate in the regular water safety pupil-training programme? Why is water safety knowledge to be taught and not evaluated in the new programme? Is each level a prerequisite to the next level? Is this a national programme? Is there a service fee or examination fee for any of the five levels? What do the test sheets look like? Should each individual have a medical examination before starting the programme? Does a statistics form need to accompany each set of completed test sheets to Ontario Division? How many copies? Is there a reference test published by the Canadian Red Cross Society? How are people trained to teach swimming to the disabled?

For the answers to these questions and for further information:

Miss Maryl Hurley
Coordinator of Special Programmes
Canadian Red Cross Society
Ontario Division Water Safety Service
460 Jarvis Street
Toronto M4Y 2H5

Everyone spends a certain amount of time worrying about problems that can't be solved. Here are some tips for keeping this misspent time at a minimum:

1) Keep your perspective. If you sense that you may be making a mountain out of a molehill, ask yourself how big this problem will look in six months;

2) Give yourself the right to make mistakes. The only way to achieve perfection is never to do anything that might expose you to the possibility of error. You just can't expect to pick roses without getting a few scratches;

3) Take a positive attitude. Thinking that you can win is half the battle;

4) Expect -- in a cheerful way -- a certain amount of disappointment. You can't win 'em all. Even if you're perfect, the umpires aren't;

5) Put the finger on your worries. They thrive best when you refuse to acknowledge them;

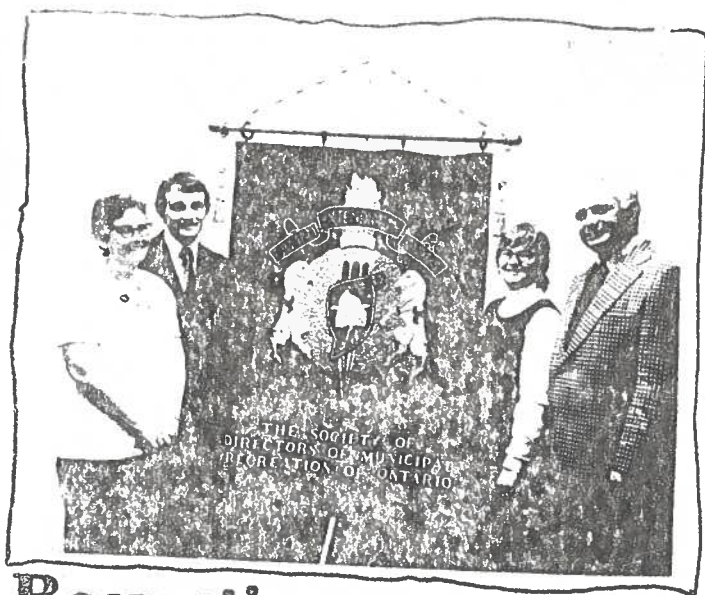
6) Make decisions. The tangled loose ends of small but unmade decisions tend to weave themselves into major problems;

7) Talk out your problems, not just to win sympathy, but to obtain help in solving them;

8) Make a change. Run away, but do it deliberately. This won't solve a problem, but it may reduce the tensions that make problem-solving difficult;

9) Don't be controlled by moods. If you make decisions when you are down, optimism will come harder and harder;

10) Remember that others have had the same or a similar problem. You are not alone. And some of those people solved the problem, so you know that it can be done.



Recreation Directors Honoured

When Ontario's Municipal Recreation Directors go to their annual meeting in Geneva Park, Orillia this fall, they will be taking a beauty from Simcoe County with them. An impressive wall tapestry depicting the Society of Municipal Recreation Directors of Ontario (S.D.M.R.O.) crest was presented Wednesday to Gary Stoner, S.D.M.R.O. president and Peter Cavill, vice-president, by the Huronia Hooking Craft Guild at the Simcoe County Administration Centre, Midhurst.

Mary Lou Justason, president and Shirley Poole, secretary-treasurer of the Guild, have worked on the three by five foot tapestry since late March, completing it in 176 hours.

"The hooking itself wasn't difficult", says Mrs. Justason, "the weight and size was the problem. Holding six pounds of wool over your lap in July isn't the pleasantest experience."

"But we're very pleased with the results," adds Mrs. Poole. "It's like a painting; the farther back you stand, the more impressive it becomes."

The tapestry, made at a cost of \$75 for wool, mounting and sash, depicts a bright red circle held by two gold unicorns on a navy background. A blazing torch worked in gold is within the circle, bearing a silver trillium. The S.D.M.R.O. paid \$400 for the completed work.

"The longer they keep it, the more valuable it will become", says Mrs. Justason. "In 50 or 100 years it will be an antique."

Mr. Stoner, Director of Parks and Recreation for Barrie, says the tapestry will be displayed at all society functions and will hang in the President's office when not in official use.

"It is a rather fitting way of identifying our official crest, as this form of art is an extension of recreation activity."

"It certainly is a lovely work of art," says Mr. Cavill, Simcoe County Recreation Director. "The ladies have done an excellent job on the crest."

The two Hooking Guild members are also working on a four by six foot hooked quilt which will display the Simcoe County Crest.

"All the members of the Simcoe County Arts and Crafts Association (S.C.A.C.A.) are working on this project", explains Mrs. Justason, "and we're aiming to complete it by the summer of 1975."

The quilt, designed by Thor Hansen, a Danish designer long associated with S.C.A.C.A., will hang in the County Administration Centre.

The tapestry presented this week will serve as backdrop for the S.D.M.R.O.'s workshop presentation at the Association of Municipalities of Ontario Convention at the Royal York Hotel, Toronto, Nov. 15 to 16.

The S.D.M.R.O. is the professional municipal recreation director's society of Ontario established under a private bill by the provincial government. Its more than 250 members are from all parts of the province.

SDMRO TRAINING INSTITUTE and ANNUAL MEETING

November 13th-16th - Geneva Park

"Although only one of many reports to appear in the Society's Annual Report, we would encourage a serious scrutiny of the Board of Regents accounting and recommendations of their '73-'74 efforts. Several items will have a significant impact on the Society's future, direction and policies which, it is obviously felt, will be beneficial to the entire membership, and it is incumbent upon us all to thoroughly digest the report's contents."

K.W.R.

"It is difficult to realize the prestige the SDMRO holds in the eyes of participants outside of Ontario. As an example, requests for membership this past summer have been received from Frobisher Bay, North West Territories, and California. Most of the new members are derived by word of mouth. I guess all the printed matter in the world doesn't do the job unless you tell someone about it. Members of the SDMRO are talking to prospective members and the numbers show it! Have you recruited your new member of 1975 yet?"

B.S. jr.

"Have you heard that 'The Little Ol' Winemaker of Simcoe County' was awarded a 2nd, 4th and an 'Honourable Mention' for his booze at this year's Canadian Exhibition. This year's Training Institute could be a 'WINEDINGER'!"

G.C.

SDMRO blazer crests are now available @\$16. They're going fast! They'll be on sale at Geneva Park and/or you may order them from Treasurer R. J. Lucas.

Last minute information/registration?
Call Terry James (416) 759-4747 or
George Coulson (705) 728-1221.

Marketplace

THE TOWN OF DUNVILLE
requires a
RECREATION DIRECTOR-ARENA MANAGER

The successful applicant will be responsible for the operation of a community arena, recreation centre and swimming pool, and for the development of community programs of recreation.

The applicant will possess an Ontario Municipal Recreation Directors' Certificate Type A or B, have experience in arena management and a general knowledge of municipal recreation services.

The salary will commensurate with qualifications and experience.

Send a complete resume of experience, education and other qualifications to

Frank Scholfield
Clerk-Treasurer
Town of Dunnville, Box 187

Mark envelop "applicant", send as soon as possible; work to commence as soon as satisfactory arrangements can be made.

THE TOWN OF ONAPING FALLS (located in the Regional Municipality of Sudbury)
requires an
ASSISTANT DIRECTOR OF RECREATION/PROGRAMME COORDINATOR

Responsible for the complete coordination and supervision of a varied programme of recreation. To assist with the coordination of all town recreational facilities. To provide a liaison between the department and community groups and agencies. Responsible for the development of a complete aquatics programme.

The applicant must hold a Municipal Recreation Certificate and should have some experience in the municipal field of recreation. Some aquatics background would be preferred but is not a necessity. Salary to commensurate with experience and qualifications.

Apply to

Harold Bondett
Chief Administrative Officer
Town of Onaping Falls
Box 250, LEVACK, Ontario

A.S.A.P.

We don't have complete details, but TIMMINS Parks and Recreation is looking for a Recreation Assistant and Aquatics Supervisor.
Write to

Fred Salvador, Director
Parks and Recreation Department
220 Algonquin Blvd. East
Timmins, Ontario P4N 1B3



It's been good/OK/informative/stimulating/fun/annoying/frustrating/time consuming (when I never seem to have IT available)/creative/amusing being the SDMRO Editor. I've enjoyed the freedom given me by the Executive to 'do my own thing' in terms of image, design, layout and editing. I've enjoyed the 'communications' I've received from members - contributors and non-contributors alike. There was one long terrible silence after the first issue when I wondered and worried if anyone out there was reading it, and if they were, how did they feel about it. Well, it wasn't one of those "keep those cards and letters coming in folks" situations, but one positive/supportive/encouraging note/letter goes a long way to keeping up the ol' spirits and morale. Lacking sales and subscriptions as an evaluation of 'what's happening out there', I obviously needed that feedback. So to all of you who did take time to add a note with your contributions, or who responded to the Newsletter without a contribution - to say what you liked, didn't like, and most of all to respond to items within the Newsletter - THANK YOU!

I appreciate the value of the Newsletter as another form of communication between the members. I feel it could be improved greatly if contributions were more in-depth - more than just the boasting "we got a new facility/staff person/programme variety". If we could trust each other enough to open up and share our failures as well as our successes wouldn't we all gain? And if someone does communicate or respond to an item in the Newsletter it would be nice to know if that's happening and with what results. Were the items asking for HELP? ever answered? Much of this comes down to that ever present issue or COMMUNICATION.

Observing the content of the Newsletter I must admit to having a concern about what is happening in municipal recreation in Ontario. The emphasis and dominant items are always in the area of sports and facilities. Are we, as a profession, really concerned about the needs and interests of everyone - young or old, healthy or handicapped, participation numbers large and small? Are there really opportunities for the wide variety of people we have living in our communities to take part in satisfying and enjoyable activities of their own choice in their leisure time? How much choice are we facilitating to our total community? How are the interests of the 'minority' groups maintained? Or is the problem that there IS lots happening but it's just not being reported or noted in the Newsletter? I doubt it. My gut feelings tell me that philosophically we're great! but that in reality we're not even in the ball game ... or should that be picture? And that much of the solution to this lies with US as professionals and practitioners ... not just politicians and government.

To the next SDMRO Newsletter Editor - I wish you the continued support and interest of the members. That will go a long way to making your task personally rewarding and satisfying.

Gail Brown, Editor
SDMRO Newsletter, 1974.

