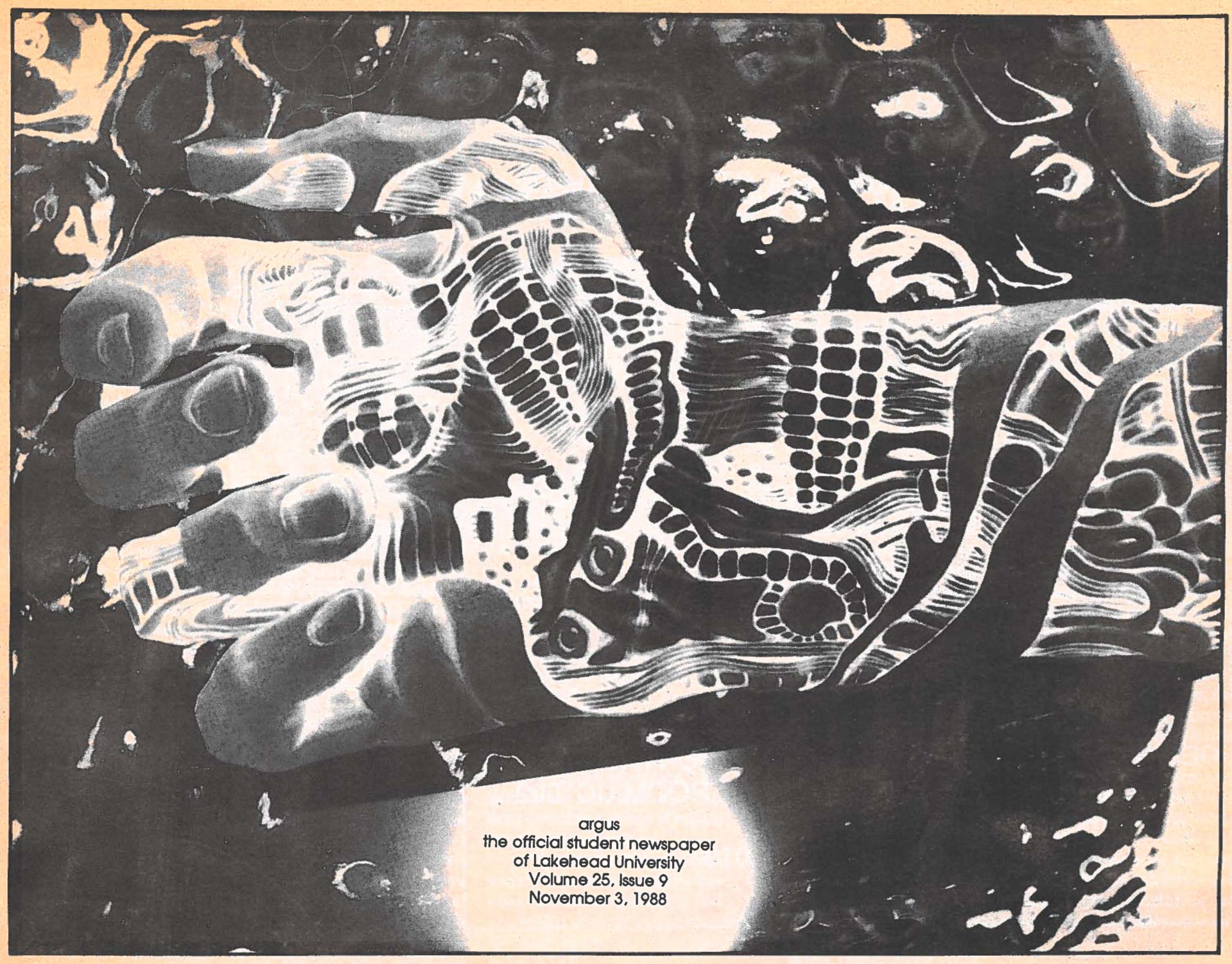
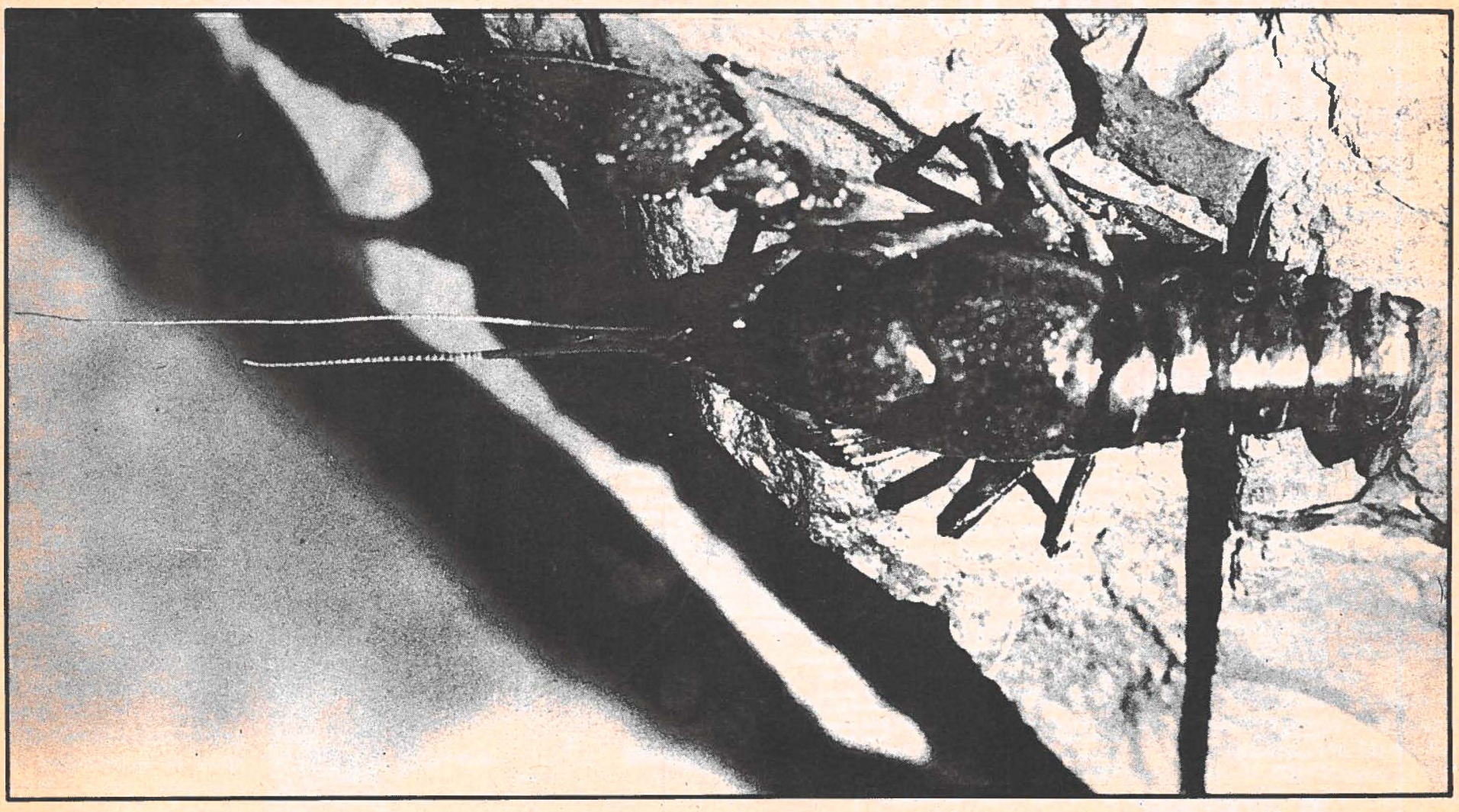


argus
the official student newspaper
of Lakehead University
Volume 25, Issue 9
November 3, 1988



STRESS MANAGEMENT

LEARNING HOW TO LIVE & STUDY WITH IT

Monday, Nov. 7/88	"How to deal with Study Burnout"
7:00 - 8:30pm	Part 1
UC1001	(assessment and symptoms)
Thursday, Nov. 10/88	"How to deal with Study Burnout"
7:00 - 8:30pm	Part 2
CB4104	(techniques to manage academic stress)

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TELEPHONE 343-8018

Enrollment is limited to 15 people

LUBA's Halloween Howl

by Rhonda McKay

What did you do this past halloween weekend? Did you attend the LUBA Halloween Bash? If you did, I'm certain you had a great time.

Everyone who attended put in a huge effort on all of their costumes. There were Drag Queens, Mice, Cats, Ghosts and Goblins. Also attending were MacTonites, Clowns and Vampires. To ward off some of these

Vampires was Dr. Strange, the legendary comic strip character of long ago who did battle with the evil blood suckers. One of the outstanding clowns had a bit of trouble sitting down and often falling down and not being able to get back up . These falls were made somewhat soft by the amount of balloons that provided a vast amount of padding.

The costume winners that evening included Robo-Cop in first place, the Tin Man in second and in a noble third place was the Mouse Trap. The prizes for these excellent costumes were provided by Labatt's Brewery and I'm certain everyone appreciated their generosity.

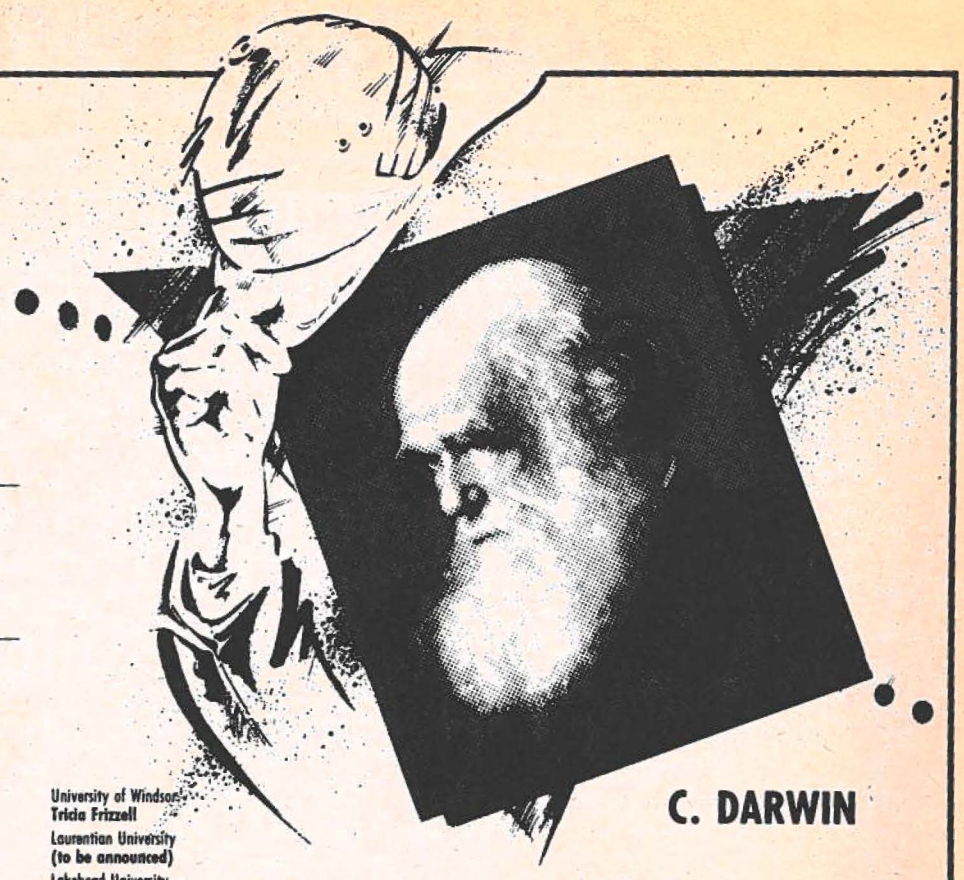
I was happy to see that a lot of people were resonsible enough to order a cab after they had been consuming alcohol. Others left the responsibility of driving up to their designated drivers.

Great tunes provided by Thunder Bay's own HEB 160 added to the rowdy atmosphere. The crowd was enthusiastic and showed their appreciation by packing the dance floor. In between sets, party sound was provided. A few of these songs slowed things down for those who just wanted to get close.

A big thanks goes out to all of those people who volunteered their time to make this event extra special.

HATS OFF TO ALL THE FREE PASS WINNERS!

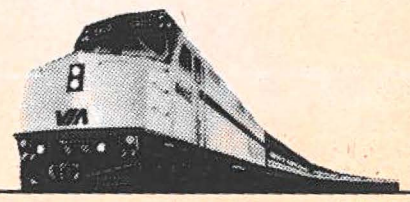
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McMaster University — Niel Levine
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University of Alberta — Lisa Sokoluk
University of Montréal — Isabel St-Pierre
Laval University — Jean-Guy Gauthier
Moncton University — Mario Leonard
Mt-Allison University — Alexandria Tao
University of Québec in Rimouski — André Lévesque
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McGill University — Gavin Downing
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University of Windsor — Tricia Frizzell
Laurentian University — (to be announced)
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Students Protest Deregulation

by P.S. Puttagunta

Over 300 students braved rain and slush-filled streets to march from Victoriaville to Mini-Queen's Park last Monday. As part of a province-wide demonstration, students from Lakehead University, Confederation College, and local high schools were protesting underfunding and deregulation of tuition fees.

Lorri Santa, Lakehead University Student Union VP External, explained that deregulation means colleges and universities can set tuition fees at their own rates. Currently, such institutions have to stay within 13% of what the government requires. Should deregulation occur, students may end up paying up to 3,000 a year in order to go to university. That would mean a 100% increase. The students want to suppress the idea of deregulation before it becomes policy.

Santa said the students were also demonstrating in protest of underfunding, which has led to depletion of library resources, insufficient university research and development funding, shortage of professors and a lack of required classroom space.



photo by Duncan

Students march through city streets proclaiming the evils of underfunding.

Escorted by police, the students marched down Arthur Street wearing white LUSU caps, carrying signs bearing the messages "We're the future, too", and "No cash, no class". Slogans such as "Deregulation Stops Education" were also cheered out. Several passing motorists honked their horns in support.

Upon reaching Mini-Queen's park, the protestors heard from several speakers. Among them was Hendrik Lavertu, a fourth year Social Work student who, referring to Premier David Peterson's campaign promise for quality in education, asked: "When is this going to happen -in the year 3000?"

Dr. E.R. Zimmerman of the History Department told the students "If society is wise, it will support education." He said those who saw the student crowd as a group of rabble rousers are mistaken.

"You are the 10% on whom society has to rely, you're the ones that act on principle and you're the ones who stand up for your rights and what you believe in !"

Lakehead University President Bob Rosehart told the students that deregulation would be the end of a publicly funded system in Ontario in copying the American system. Such measures would hurt northern universities' attempts to balance the equality of opportunity. Six percent of the northern Ontario population has a university degree as compared to 9% in the rest of the province.

In his concluding statements, Dr. Rosehart said: "...look at other countries we try to compete with- Finland, Sweden, Japan and Germany- they have almost zero tuition fees..."

Later, the students marched part-way around the office and tried to get in but Dr. Zimmerman encouraged them not to as events would become unruly.

But why are the deans from universities in southern Ontario supporting deregulation? According to Dr. Rosehart, this is because "most of the universities are tired of underfunding and they will take money from wherever they can get it."

When interviewed later, some of the students said they were not sure if they could return to university if deregulation became policy. They said that they didn't think OSAP would cover the losses.

Hendrik Lavertu claimed that , on a committee reporting to the Ontario Education Minister, 16 out of 19 universities voted for deregulation. When he contacted the Ontario Minister of Colleges and Universities, Lyn McLeod, it took him six months to get an appointment. He claims that even when he did get to talk with her, she didn't accept responsibility for these issues. She also did not state what she intended to do about deregulation.

Although deregulation is only in the proposal stage, the students want to act before it becomes policy in which case it could seriously hurt secondary education and the student body. As Lavertu stated," Lyn McLeod is listening to the universities down South and not to the people in her constituency." The students are afraid of the devastating results that deregulation threatens.

Harassment Abounds

by George Krebs

Educating the university community in dealing with sexual harassment does not contribute to the problem of harassment, but rather will bring forward the victims and help them to deal with the situation, according to Marilyn MacKenzie.

MacKenzie, conducting a workshop on personal harassment at Lakehead University, said that administrators should not be "ashamed or humiliated" by the presence of a campus policy to deal with complaints of harassment.

"It's not going to cause people to sexually harass, but it's simply going to give them (administration) a way of handling the situations that are out there," said MacKenzie, an Investigation Officer for Sexual Harassment Policy at the University of Manitoba. Her position, created in July of 1985, was the first of its kind. She had previously worked in Child Welfare and taught social work.

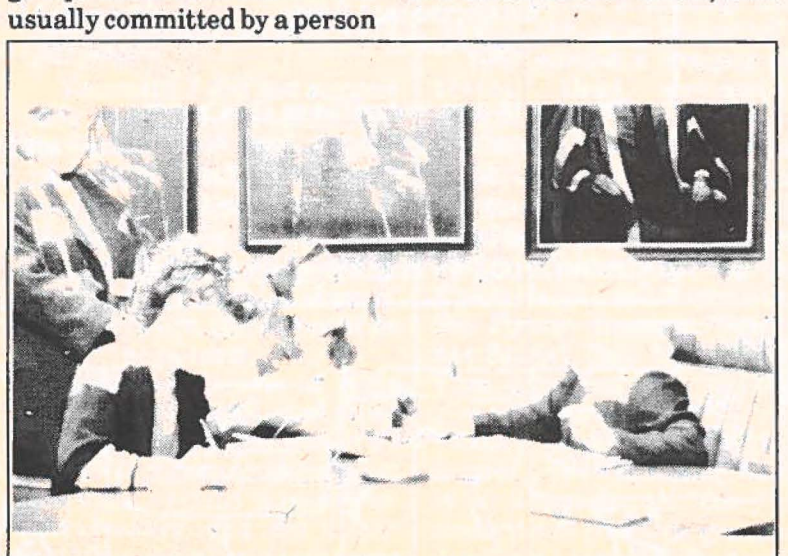
MacKenzie indicated that sexual harassment is quite prevalent, citing statistics showing that 50-90% of women in the workplace have been victims. In universities, a figure of 20-30% has been traditionally cited, but this only represents female students.

MacKenzie conducted a survey of her own at U of Manitoba revealing a higher percentage of harassment victims that included complaints from faculty and support staff workers. MacKenzie's survey mailed out 1783 questionnaires and received 1208 replies, or a 68% response rate. Follow-ups were done to stress the importance of the survey and receive maximum input.

MacKenzie said there is a theory behind the harassment of females on campus, explaining that female students in particular are a vulnerable group. Sexual harassment is usually committed by a person of authority and has forced students to change courses and alter their programs and futures to avoid the harasser. "We're finding that more and more people are altering their life due to this kind of behaviour," said MacKenzie. "Power is the key component in sexual harassment cases."

When asked about the number of sexual harassment complaints on the LU campus, Mackenzie could not give a specific figure but commented, "I know they're getting inquiries as we speak."

Myrna Holman, Human Resources Officer at LU, said that no statistics are available concerning the prevalence of sexual harassment on the LU campus because no records are kept. However, Holman said that a study similar to MacKenzie's is going to be done at LU to reveal the extent of the problem. Jane Livingston, an Employment Equity Project assistant, is conducting the survey this year.



Sexual harassment complaints are occurring "as we speak," said Marilyn MacKenzie (seated far right).

photo by Kristen DelZotto

"Power is the key component in sexual harassment cases."

The types of sexual harassment are quite broad. Complaints range from subtle remarks and innuendos to inappropriate staring, brushing against someone, kissing, fondling and "if you push that far enough, of course, you're into rape," said MacKenzie.

She also dismissed as "garbage" the old excuses used to explain sexual harassment - 'boys will be boys' or 'men can't control their sexual urges.' "It's not women who are overreacting...we're not frigid, rigid women who don't have any sense of humour. We are people."

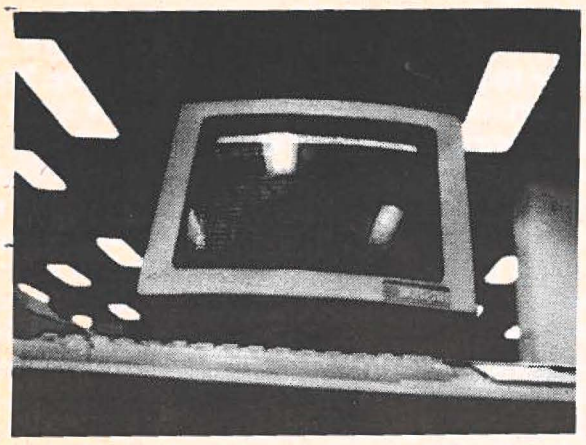
LAKEHEAD UNIVERSITY PERSONAL HARASSMENT POLICY

The Ontario Human Rights Code of 1981 defines harassment as a "course of comments or conduct consisting of words or actions that disparage or humiliate a person" and prohibits harassment on the basis of race, ancestry, place of origin, ethnic origin, citizenship, creed, sex, sexual orientation, age, record of offenses, marital status, family status or handicap.

Contacts on campus include Joy Lawson, Director of Student Services, Myrna Holman, Human Resources Officer and Dave Parsons, assistant professor of English. Other avenues of assistance include contacting a Dean, Chairman, Director, Supervisor, Union representative or the Human Rights Commission.

Editorial Comment

EDITORIAL



COMPUTERS: INSTRUMENTS OF SATAN

Many moons ago, in the age of iron swords and men, evil was prevelent. But then came the Reformation (not to mention Oral Roberts) and the evil was supressed.

But we have now passed into a new and darker age: the age of the computer.

For more than a decade now, computers have slowly and quietly found their way into our homes and our workplaces. Bit by bit (pardon the pun) they have infiltrated, passing themselves as "friendly" and "fruitful". They have found a niche in society, fooling us with their passive nature.

But let me tell you, they are passive no more! The computer revolution has started! Even in the Argus, files haved fouled up, disk drives have been degenerating and many a temper has flared. This is common all across the university. It seems that many people within ten feet of a computer hates them with a passion. A 'virus' in the system is not helping things much. Something is wrong with the computer population.

How is Satan connected, you may ask? Well, the connotations of "Apple" computers are obvious. And is it a coincidence that "IBM" also stands for Inter-Ballistic Missile, another instrument of Satan? What about the new computers in the library. Could this be a sign of the growing evil?

Another interesting phenomenon is people's irrational fear of computers (these are the people who have never yet used a computer and therefore cannot have any idea of the horror ahead of them). Computers don't bite; they may give you a shot of electricity through your body, but they don't bite (again, pardon the pun). It must be some instinctive sense the person has that tells them to stay away from it. It is the evil within!

Although there is no proof to the matter, I think it may be easier just to believe. You know those days, when you feel the computer knows you -- and is out to get you. To some, it can be little people inside, causing the disturbance. To others, the computer is its own self. But whatever it is to you, it is causing much stress and anxiety. I propose we take control of the situation: let's show them who's boss, let's show them who really punches the keys -- let's forget the whole thing and chuck them in the trash! Let's rip off the screen, tear out the disks, give it a real "General Failure error", let's....

(The editor was found passed out on his desk, various computer parts strewn around him. It's was a rough week).

LUSU MARCH DEFENDED

Let me begin by saying thanks to all those who participated in the March on October 31st. Lakehead had the highest participation rate ofany University in Ontario, an encouraging sign. Special thanks to Dr. Rosehart and Dr. Zimmermann, who support was most appreciated. And a round of applause for Lorri Santa and her hard working External Committee, without who the march would not have been the success that is was. Congratulations.

Many people said previous to the march, "What's the point?" "What will marching accomplish?" The point is that without media attention we are ignored.

The Ontario Federation of Students hammers away constantly at the government on student issues and on behalf of individuals. Two weeks ago there was a Lobby Session at Queen's Park. OFS representatives met with about 70 MPP's, on an individual basis from all three political parties. Yet during the three days of meetings not one question was asked in question period about student concerns. It took the spotlight of the media, focused on us becuase of the march, to have our concerns voiced in the legislature.

What we accomplished was a firm statement from the government that we will not have a deregulation of tuition. Nevertheless, we still son't have a committment that tuition will not be raised. We must not let up the pressure.

So how is LUSU doing these days? If you want to find out get off your *** and come to a meeting. Every Thursday night at 6pm either in the Senate Chambers, near the Agora, or in the Council Chambers, near the Aesthetics Lounge, council holds court. We spend your money, find out how and why.

A final note, on November 8th there will be an all candidates debate in the Agora at 7pm, between the Thunder Bay - Nipigon federal candidates (LU is in their riding). Come one, Come All. Roch 'n Roll will be back next week.

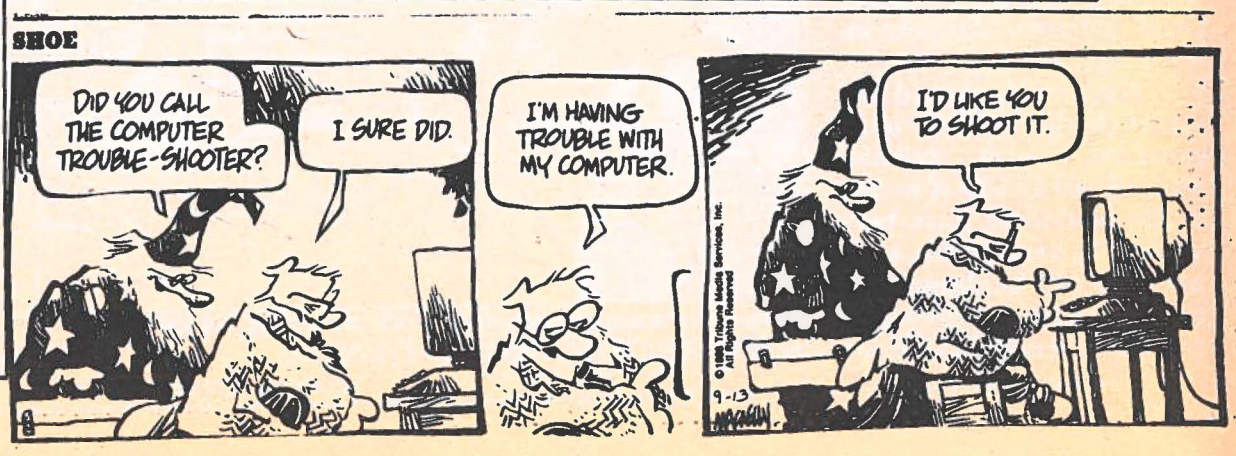
Ian Middleton, Arts Rep, LUSU

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Thanks to our volunteers this week:
Mike Moore, Lily Kangas, Ajoy Alexander, Saradhi Puttagunta, Kristen DelZotto, Chris Mills, Kathy McGowan, Ted Scollie, Jeff Lafontaine, Terrance Corry, Wilbur Wong and ISIS..
Apologies to everyone that we missed last week.
Spring Break '89 its coming your way SOON!.



"Daycare Questioned" Questioned

To the Editor:

After having read the article "Daycare Questioned", I found it necessary to comment on this because some questions came to mind.

The writer has the opinion that daycare and a double income are new concepts. He talks about the years before WWII and how no daycare was needed then, and how people were able to get by on one income. I don't know if the writer knows anyone who lived through those years, but I, being born, raised and educated in Europe, have a family who even served in WWI and who lived with a family and children through the years before WWII. Those glorious years of soup-kitchens, begging for some potatoes and having to trade your only winter coat for some cabbage to feed your children! I agree with the writer that we didn't need daycare then, simply because everybody was out of work, and money wasn't worth anything. He mentions that there were no daycare centres over 20 years ago and that families lasted a long time on one salary. Those years of the late fifties and early sixties have gone sown in history as the most prosperous of the 20th century. He moves on to ask the readers if "all of a sudden two incomes are needed. I wonder if this writer ever does grocery shopping? Prices in the stores are rising much faster than our salaries, and did he ever check out how much, for instance, children's clothing costs? On top of that, most people pay between $400 to $600 rent/mortgage a month. Does he not know how many men are laid off in the winter time, when heat, gas and hydrobills are 3 or 4 times as high as during other months? Does he know how many women are working to 'put their husbands through school' by working full-time while they also have children?

Daycare is not a new concept. It is at least 25 to 30 years old and many studies have been done. Children are looked after by people who are trained to do so. Children like to be with children, and learn from each other. Of course, there are good and bad daycare centres, good and bad baby sitters and I agree that the best and most effective way of passing on your own values to your children is to be with them all the time. I am sure that most parents would like it to be that way, but unfortunately that is not possible in many cases. The government could look into lengthening maternity leaves from 17 weeks to 1 or 2 years, for instance, which is done in other countries, that way a child would be with her/his parents for at least the first few years of her/his life, or by controlling the prices of the "first needs" and taxes, so that a second income would be a luxury, which it isn't in most cases.

And then last night, at 3:30am while I was comforting my 8 month year old, I tried to remember how many hours during the night I have spent with her in the last few months. I am sure that 10 hours of sleep for a child is an unfulfilled wish for many parents.

Finally, the writer wonders what the answer is, and "if we should move into the brave new world of daycare". I propose he, instead of using old cliches of 10 years ago, move into the brave new world of reality because it is my strong opinion that children are much, much better off than during the years before WWII. Unfortunately, it will never be ideal, but nowadays most families have not more than 2 or 3 children, and parents are able to give a lot more attention, than when families consisted of 6 or more children, which was normal some 30 to 50 years ago. Now, they are well cared for, well fed, well dressed and much loved. How about giving us some credit for trying so hard to give the best to our little ones, which every good parent wants for her/his child!

A Working Mother

I believe that the intention of my editorial may have been missed. So, I would like to clarify a few points.

First, I am not against daycare per se and I do appreciate that there are families that need some sort of assistance in order to raise a family and go to work at the same time. As I acknowledged in my article, these cases do deserve to be considered for a daycare program. My point is that there are some families who do not need the second income. One arguement I recieved was "How can you get a cottage and buy a microwave with only one income?" It may be true that these cannot always be obtained with one income, but if the children will suffer for it, then perhaps the cottage is not worth it.

Secondly, I did not suggest that the mother should stay home to take care of the children. I believe that it makes no difference whether the father or the mother is the one to bring them up. However, for the first couple of years of the baby's life, there should be one of the parents.

If it is discovered that daycare is really the best thing for the child, then I would be all for it. However, I feel that parents should assess for themselves and for their children, whether it is the best thing, rather than assume that because it is a government program, it is right. -- Editor

SPRING BREAK

ARGUS and LUSU
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February Study Break.
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For more information contact Brad Salavich
the LU Spring Break Co-Ordinator at Argus
ext 8803 or 344 - 6911

Education Discrimination?

To LUBA Executive:

Since when has the Bora Laskin building not been part of Lakehead University? Who have the education students been paying their tuition to? (Answer; Lakehead University). Don't you think its about time Lakehead University started including all students in social activities. Take for example the Hallowe'en Howl. No tickets were available to the Education Building and they were sold out on the first day of distribution. How does something like this happen? Where were the posters advertising the event? Education students are being blatantly ignored with regards to this matter.

How are the education students supposed to attend such functions without knowledge of them? Please do something to rectify this situation before the Terminator Bash. Stop discriminating against education students NOW!

Sincerely,
Unable to Attend.

STAiRGLIDES OF CONCERN

To the Editor:

In recent years Lakehead University has begun to take more notice of students who have a disability on the campus. Last year saw the installment of four new stairglides. One is located in the Education Building, one in the Nursing Building, one in the Braun Building and the last and most important, in the Agora connecting the tunnel, the bookstore, the Agora, the pub and finally the Aesthstics Lounge. The latter stairglide is the one which this article is about. When the stairglide is in use a flashing light and an alarm accompanies its movement up or down the stairwell to provide for the safety of other ambulatory students. When the stairglide is in motion, students are requested to use the other stairwells for their own safety. At present, there are very many studentys who do not heed this warning. Again I would lide to ask students to PLEASE MOVE!

Sexism on Campus

To the Editor:

Is it not enough we have to endure the racial slurs, pornographic drawings, and oppressive writings on the walls of the stalls in our campus in our campus washrooms?

Is it not enough that the Lakehead Engineers have as their mascot, a scantily clad woman sitting on a cannon?

Now amidst a campus activity that promotes sportsmanship, recreation and co-operation, the reputation of Lakehead's Intramural Sports is being tarnished by a team of insensitive, dehumanizing individuals who call themselves the Hymen Busters. This is not funny! This is not cute! This is outrageous, oppressive and demeaning.

The hymen is a fold of skin covering the vaginal opening of an infant female. Am I to understand that this group of people are sexual molesters?

It is my understanding that Intramural teams must include both male and female participants. Am I to believe that the women on this team are accepting of this name under which they play?

I condemn the organizers of the Intramural Sports for allowing such a blatant display of sexist discrimination!

I also condemn those members of the Hymen Busters intramural team for not only tarnishing the image of this campus activity, but that of Lakehead University as well.

Darwin Bakke
Interface Co-ordinator
SWSA

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In Defense of Coffee

by P.S. Puttagunta

It's another late night vigil and you're working on another essay. You feel fatigue clouding up your concentration and so you reach out for...COFFEE! Java. Cafe. Whatever you call it, it is simply irresistible and you can't get enough. You can divorce your spouse, total your car, say "no" to drugs, but you cannot stay away from that boiling brown beauty that French diplomat Tallyrand described as "black as the devil, hot as hell, pure as an angel, sweet as love."

Yes, the nutritionists tell you that a mug of the stuff can give you 290 mg of caffeine. The doctors tell you that it takes years from your life. But your brain tells you that if you don't get you daily dose, you are going to feel like someone just buried an axe in your head.

Coffee is so cosmopolitan. You can make it out of milk or water. You can get it in all sorts of different flavours - espresso, cappuccino, cafe au lait, Bavarian chocolate, and Dutch almond. Heck, add different alcohols to it and you have yourself a new breed - Irish coffee, Bailey's, B-52, Hawaiian, and Amaretto. Is this a choice or what!

The origins of coffee can be traced back to Yemen circa 1000 A.D. It spread with Islam to other regions. The Turks developed such a craze for it that they made a law in which a wife could divorce her husband for failing to keep the family pot full!

Today, coffee provides a livelihood for over 25 million people. All fifty nations that export it rely on it as a major source of exchange. The largest exporters happen to be Brazil, Indonesia, and the Ivory Coast of Africa.

Coffee has become a major, though unstable, source of exchange on the commodity markets. You can always tell that there has been a frost in Brazil, when you see brokers jumping out of windows at the Commodity Exchange in London.

The phenomena of coffee has people dying over it - literally. In Uganda during the reign of Idi Amin, coffee smugglers who were caught were put to death. In El Salvador, the rich families who own the coffee fields are subject to terrorist threats, kidnapping, and sometimes murder.

Do not worry; you are not alone in your infatuation with coffee. Voltaire was said to have drank 50 (count them - fifty) cups of coffee a day. Napoleon relied on it to stay awake at nights while he was laying down French civil law. Bach wrote the "Coffee Cantata" in dedication to the beverage. Frederick the Great had his coffee made with champagne rather than water.

Now you can see the phenomena behind each cup of coffee that you hold in your hand. When you are reminded that coffee is a slow killer, remember the immortal words of Voltaire: "I think it must be, for I've been drinking it for 65 years and am not dead yet!"

Coming soon - CHOCOLATE!

Campaign Launched Against Greenhouse Effect

WASHINGTON (IPS via ISIS) -- Asserting that the greenhouse effect poses an unprecedented threat to humanity's survival, a massive, worldwide coalition of environmentalists, scientists, political parties, consumer groups and others announced October 12 the formation of the Global Greenhouse Network.

At the conclusion of a three-day conference held here to discuss the economic, political, and social implications of the greenhouse crisis, 90 delegates from 35 nations issued a manifesto calling for radical changes in energy use, agricultural practices, food policy, and resource conservation.

"The greenhouse crisis may be the most profound environmental threat humankind has faced," said Jeremy Rifkin, president of the U.S.-based Foundation on Economic Trends, which sponsored the conference.

"The Global Greenhouse Network is the first step in creating a global political response to this unprecedented crisis," he told a news conference.

Delegates to the conference included officials of the Zimbabwe-based Environment and Development Agency, the Brazil-based Rural Advancement Fund International, and the Geneva-based World Council of Churches.

In addition, representatives of the Kenya-based Environmental Liaison Centre, the Sudan-based African Network of Non-Governmental Organisations, and the Malaysia-based Asia-Pacific People's Environmental Network were in attendance.

According to some scientific predictions, if current industrial growth and fossil fuel use are not reduced over the next 50 years, the Earth could experience a temperature increase of four to 15 degrees Fahrenheit, which would be the largest jump in 18,000 years, said Rifkin.

Such an eventuality could lead to a huge rise in the level of the oceans, severely threatening all coastal communities, as well as causing massive droughts in some areas, he said.

A significant increase in planetary temperature would also threaten the survivability of animal and plant life at the bottom of the food chain, thus endangering all species, added Rifkin.

The new coalition issued a nine-point list of recommendations, including the "rapid transformation away from fossil fuel-based technologies and toward solar, wind, and other environmentally-sound, renewable energy source."

The network also called for a 20 per cent reduction in carbon dioxide emissions by the year 2000, and a 50 per cent reduction by 2030.

Third World debt should be retired "as an incentive to conserve and replenish tropical forests," it said, noting that these forests play an important role in consuming carbon dioxide in the atmosphere.

The group call for "carbon taxes and other environmental penalties targeting industrialised nations," since it is those countries that produce the vast majority of the greenhouse gasses.

Proceeds from these taxes would be placed in an intergovernmental fund to assist in the necessary retooling of industrial infrastructures around the world, said the network.

Governments should reject nuclear and genetic engineering and other "high technology" responses to the greenhouse problem, it said.

The network also called for the widespread use of energy efficiency and conservation in industrial and private sectors, as well as a change from "green revolution" agriculture -- based on petrochemical fertilizers that emit nitrous oxide -- into organic-based, ecologically-sound agriculture.

The world's governments must also seek alternatives to chloroflourocarbons (CFCs) -- used in aerosols, refrigerants and in some foam products -- as part of an effort to work toward an eventual ban on CFC production and use, said the coalition.

In September 1987, 38 governments signed the Montreal Protocol which, if fully implemented, could reduce global CFC emissions by as much as 40 per cent by 2009.

The network suggested the use of tax incentives and legislative initiatives to achieve several of the goals on its list.

The greenhouse effect is a natural phenomenon whereby certain gasses in the atmosphere retain heat reflected off the Earth, providing the warmth needed to sustain life on the planet.

But since the onset of the industrial revolution roughly a hundred years ago, humanity has intensified the greenhouse effect by introducing huge amounts of greenhouse gasses -- carbon dioxide, nitrous oxide, CFCs, and methane -- into the atmosphere.



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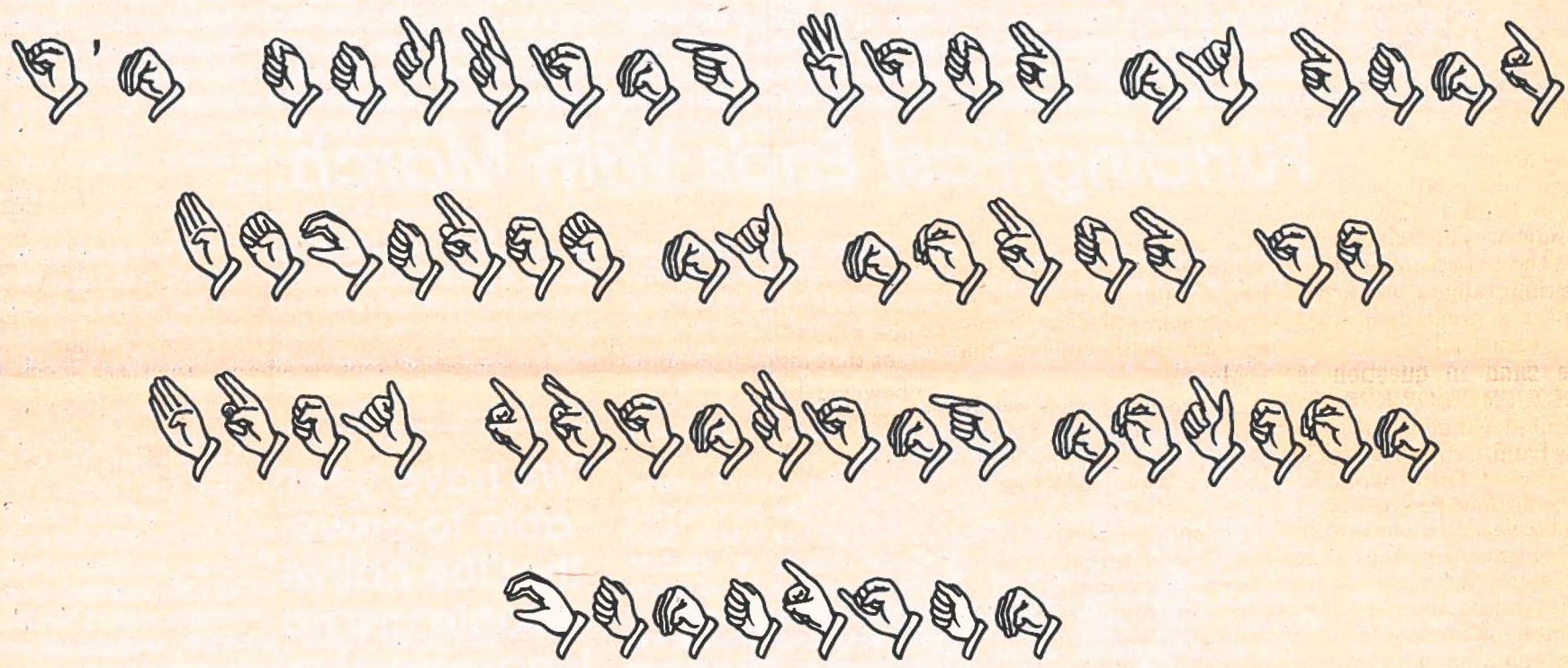
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WHAT IT'S

A L L **ABOUT**



A B C D E F G H I J K L M



N O P Q R S T U V W X Y Z

CANADIAN ETIQUETTE You were always told not to talk with your mouth full. But what the hec, rules are made to be broken. Translate this sentence from sign language into English.



MOLSON CANADIAN. WHAT BEER'S ALL ABOUT.

ENTERTAINMENT

A Night On the Town: Fashion



photo by Duncan

by Wilbur Wong

In the world of fashion, innovation and being bold are two traits that keep this thriving industry from hitting the skids! As years pass so do clothing styles and at present, the trend seems to be heading towards the more conservative and traditional tastes and in many cases very stylish also.

Last Wednesday, your intrepid Argus reporter stepped into the STUDY in a very cautious manner not knowing what to expect. Was I going to see the return of the heel high skirt with bustle, or was it the year of the bell-bottom pants topped off with a stylish "Nehru" jacket with a yellow paisley print! Ack! Was there going to be a horde of diseased, anorexic, and under-nourished 16 year old models showing off the wares of major clothing designers? Little did I know that this would be a fashion preview of the upcoming Academy Awards show! Only time would tell!

What I had assumed to be another fashion show for the preppy and trendy student, turned out to be a black tie type event. At one point that evening, I'd swear to God, that I saw Frank Sinatra having a drink in the STUDY! At last, the age of glamour and elegance has returned. In keeping with the tradition at Lakehead, the show started fashionably late. There were problems with the lighting, the stage, and the sound, of course! But once the show started some of the problems were forgotten. The first thing I noticed when the first of the fashions were displayed were the models wearing the clothing. They were not the regular run of the mill 6 foot, 100 pound models that you see on the cover of Vogue or Elle. The models were women of all shapes and sizes, a true representation of the female fashion market.

Most of the clothing on display had one certain theme which was glamour and excitement associated with the night life in a large urban environment (just like a Michelob commercial ...). Black was the colour of choice for the designer. Black velvet, black spandex, black leather, black ... whatever! The point being that the designer wanted something more adventurous and mysterious for the modern woman. What impressed me the most were the strapless evening dresses. Black, of course, was the fabric colour of choice. Eye appealing and intriguing are only a few words that can be used to describe that type of apparel. Gold and silver materials highlighted these dresses giving them a definite elegant flair and it seemed to bring out the confident side of the wearer, almost a form of cockiness!

The appeal was lost for a moment when the mini-skirts were displayed. I have no qualms about the mini's but they just didn't seem to fit into the type of atmosphere present that night. The mini's did however have a profound effect on the crowd in the centre of the room! The clothing that was displayed was made locally at "Thredz Insted". The brainchild of this operation is Jaclyn Cameron, designer, seamstress, and owner of the establishment. This family run business began as another "Boatshoe and sweatshirt" shop but could not compete with the larger businesses offering the same type of merchandise. After moving around from place to place finally settling down on Park Avenue, Jaclyn came up with a very innovative idea. What Thunder Bay needed was an outlet for very fashionable, elegant, and seductive ladies clothing. What I saw on Wednesday night was just that; ladies clothing that was very gauche and definitely very sensuous.

When asked why LU was chosen as a testing ground for their merchandise, the answer was quite simple. LU has a large untapped market with a large variety of people looking for new and exciting things. The people from "Thredz" also stated that their clothing appeals to those looking for something different yet affordable.

I also found out that the models were working that night for free. Shirley Cameron, Jaclyn's sister, said that all the models were there that night just to have a good time and have a few beverages between the two shows! And in between shows, they were laughing, talking about the debate on the tube the night before, sipping their beverages, and worrying whether or not the crowd was going to be as rude as the last one! What a cohesive group!

The crew from "Thredz" would like to send out a special thank you to those that were involved in the show: The STUDY, all the models, "Nathanial's Hairstyling" on Red River Rd., Kam Theatre, Trish Langille, Tim Robbins, & Robert Bevin. Thanks a bunch for the support! So ends my journey into the depths of the fashion world. All that I saw could not have been printed in such a small space (nor would I want them to print it!). You know with all this jazzy and glamorous clothing floating around, maybe romance, proper etiquette, and old Frank Sinatra albums will make a comeback. If not, we'll just have to do it "my way"!

Too Hot for the Hothouse

by Mike Moore

When you read about an unknown band that has made it in a huge way elsewhere and has all the critics lining up to praise their talents, one tends to expect a great deal from them. At least I do.

The band in question is HOTHOUSE FLOWERS. In the United Kingdom, this is one big band. Critics have said of the Dublin-based band:"...destined for success on a grand scale...", "Dripping with sweat, enthusiasm and a certain Gaelic charm...", "...instantly addictive...", and "Absolutely magnificent".

How can a band live up to such claims? HOTHOUSE FLOWERS can live up to this and much, much more.

The first time I listened to their album, "People", I was hooked. Each song gripped me in a way that only a certain other Irish band can grip me. "Don't Go", "If You Go", "Yes, I Was" and "Hallelujah Jordan" are only some of the tremendous songs on this tape. Every song bursts with the enormous vocal energy created by the lead singer, Liam O'Maonlai.

His voice is very much like Bruce Springsteen's, with a slight Gaelic lilt, making him sound a little bit like Bono as well.

"People" is a tremendous album and I can not say enough about the band. The have emerged from the thousands of bands in the music business to be known as a winner. They were even able to climb out of the shadow of the Joshua Tree to be an individual band and not simply "the other band from Ireland".

Buy this album as soon as possible!!!

Stood up by the Pikes

by Rhonda McKay

Can you believe it? The Northern Pikes cancelled their Thursday night concert here at L.U.. In fact, I think the engineers have already obliterated the tape. But then again, wouldn't you if you were only given a few days notice of the cancelation? Who would be bothered to hire the Northern Pikes after what after what they did to Lakehead University?

There have been some rumours flying around that they cancelled because not enough tickets had been sold. Another one was that the Northern Pikes cancelled just because we're "Thunder Bay". Neither of these theories are correct.

Thunder Bay was not the only spot where the Northern Pikes cancelled. In fact, they cancelled all of their concerts across the prairies. Thunder Bay just happened to be one of the first.

Even though the famed Northern Pikes left our Engineers high and dry for their Bus-Pull Boogie, I suppose they did have a legitimate excuse. Yes folks, that's right! Our very own Canadian Northern Pikes are in Texas. What are they doing there you might ask? To give you the answer, and set all rumours to rest, the Northern Pikes were asked to be the back-up band for Robert Palmer on his current U.S. tour. Not too shabby for a Canadian band, eh?

What's Happening

Date	Event	Time	Place
WORLD NEWS			
Friday	News From Japan	12:30pm	BB 2007
Friday	News From China	1:30pm	BB 2007
MOVIES			
November 5	Gone with the Wind	7:00pm	RB 1042
November 6	Gone with the Wind	7:00pm	RB 1042
November 11	My Sweet Little Village	8:00pm	BB 1021
November 12	Big	8:00pm	RB 1042
November 13	Big	8:00pm	RB 1042
November 17	Three Men & A Cradle	8:00pm	BB 1021
LECTURES			
November 9	Mickey Divine	12:00pm	
	VP Abitibi Price - Free Trade	Bora Laskin Auditorium	
November 10	Betty Trott - Medical Resources	8:00pm	UC 0050
November 17	Richard Maundrell - Sexuality	7:30pm	UC 0050
OTHER			
November 7	ORSS Photo Contest Starts	See LUSU for details	
November 8	All Candidates Debate Thunder Bay - Nipigon	7:00pm	Agora
November 11	Remembrance Day Service	10:45am	Agora
November 14	LUVAA Student Exhibition	all week	Agora

To list your club's upcoming activity or event call Rhonda McKay at Argus, ext. 8803 or 344-6911

Hallows Eve at the Inntowner

by Kathy McGowan

The weekend blasted off with plenty of celebration for the Hallows Eve season. Our city shook with shrieks and howls as creatures stalked the night in search of the ultimate party. Halloween enables a person to live out his or her ultimate fantasy or personality with the aid of a creative costume. For those of you who attended the Halloween bash at the Inntowner, you'll agree that the human imagination is quite extraordinary.

About 400 people attended the costume party Saturday, October 29, and by 10:30 pm the place was crawling with all kinds of inventive attire. Latecomers had to settle with standing room unless a sharp eye caught the luxurious sight of an unoccupied chair.

The rock band, Wild Child, kept the "ghouls and goblins" alive with a powerful, unified sound and three stage sets of favourite hits - Guns N Roses, The Cars, Stevie Nicks, The Cult, AC/DC, and more. Throughout their sets, the dance floor trembled under festive feet. The party atmosphere continued between shows as the Inntowner's regular "rock DJ" blasted tunes accompanied by a large video screen suspended in front of the stage. The newly-constructed, extended bar consistently accommodated hoards of "Party Animals" who joined in to celebrate the event.

Each costume was unique in its own way. There were traditional devils, punk rockers, ghouls and ghosts, and men-in-drag, but in addition, Elviras, clergy and political characters delighted the crowd. Even Frankenstein and his bride awoke form the depths to attend. This year the most popular garbs were inspired by the smash Broadway production of "Cats" which recently graced our Auditorium. Evidently, many "cats" spent careful hours applying makeup and creating outfits to resemble some of the play's characters. Some of the results were "purrrfect"!

Of course, there was a contest to reward those for their imaginative outfits. Wild Child judged the contestants with the help of the audience. The "Sexiest Costume" was warded to a punk rocker in drag, although the Elvira clone was also a favourite. For the "Funniest Costume" one nerd out of a group of four others was chosen. Some felt that the "Mad Hadder" should have been selected. He had constructed a HUGE black top hat, complete with eye holes which encompassed most of his body. It seemed to be awkward to dance in and to fight through the massive crowd, but if an "Original Costume" category had been included, he would have won. "Freddie Cruger" took the "Scariest Costume" prize, complete with gooey face and bladed fingers. Unfortunately, the crowd was not informed about what was enclosed in the winners' envelopes. It would have been nice to know what the winners received for their efforts.

I was also disappointed that the staff of the Inntowner did not share in the spirit of the occasion. I realize that they had better things to do than to dress in some form of outrageous attire, but surely the Halloween Party events could have been arranged to enhance the night. Sometimes that "little something extra" leaves a more favourable impression.

Overall, the friendly atmosphere at the Inntowner upheld the spirit of Halloween. Another costume party was held Monday night as both Prism and Wild Child took the stage. The crowd was expected to be smaller than Saturday night's perhaps due to door-to door trick-or treaters or other commitments. Now as the excitement dies down and the snow begins to blanket the earth, we can look forward to rejoicing once more as the Christmas holidays are creeping towards us quickly.

The Theatre & Buddhism



by Terrance Corry

Direct from Lhasa via the Drepung Loseling Monastery, centuries of religion is coming to Lakehead University on November 15. The Potala Tibetan Buddhist Meditation Centre is presenting a group of eight monks who will be performing The Longevity Dance of the Sky People and The Dance of the Skeleton Lords along with other musical arrangements. The famous tibetologist, Glen Mullin will act as narrator and explain the various chants and rituals.

Gungbar Rinpoche will be leading the seven other monks through out the performance in an attempt to spread peace and harmony though out the world. With their brightly coloured traditional costumes that reflect meditative peace or the destruction of violence, they will try to help the audience transcend the bonds of hate and bring a new level of enlightenment.

The original monastery was located outside of Lhasa, Tibet until 1959 when the chinese invaded and destroyed all. The Dalai Lama escaped to India and a new monastery was set up in the United States. These intrepid monks now tour to help this new monastery.

ENTER THE BLUE ZONE

Your Argus Guide to What's Happening. On Campus, Around Town, and in the *BLUE ZONE* this Weekend!

The Study Fri.	**Jeff Bradley Comedian-Juggler**
Main Cafe. Sat.	**Barney Bental**
Country Den	**Midemenor**
Crocks 'N' Rolls	
Hodder Ave.	
Horseshoe Tavern	**X.L.**
Inntowner	**Wild Child**
Nashville Edge	**Electric Haystack**
Park Mount	**Mirage**
Shoreline	**Wendy Roads**
Sleeping Giant	**Colt**
The Office	**Blue SHadows**
MeKong River Rest.	**Keith, Mark & I**
Milligans	
Ringside	
Westfort	**Allstar**
Adanac	**Wayne Mac**

To list your club in the Blue Zone call the Labatts Campus Representative - Mike Rapino at 577 - 7742

Hyper Hysteria

by Ajoy Alexander

The night was frighteningly different. As the valiant moon was engulfed by dark clouds, strange shadows seemed to creep ever closer. The cold wind screamed the banshee wail of long lost souls. Then, seemingly mysteriously, a procession of strangely garbed figures appeared, and ambled along till they disappeared into the night. Who were these creatures? What could be their secret destination? What was their clandestine purpose?

Sorry to spoil the story, but it was just a bunch of LU residents heading to the main cafe for the Geraldton Halloween Bash. Halloween was still two days away, but the restless residents deserted their student identity and metamorphosed into their Mr. Hyde personalities.

In addition to the usual ghosts, ghouls and gnomes, there was a whole bunch of people who you'd always wanted to meet. In case you wondered what Pebbles Flintstone (she's grown up a bit but still wears a bone in her hair),Hugh Hefner, Alfred Hitchcock, King Richard and Jeannie the genie were doing on Oct 29th, they were at the Res Halloween party. There were people who you didn't want to meet inclusive of Freddy from Elm Street,

the hunchback from Notredame, Frankenstein, etc.

And what was different about this year's party? Instead of the Residence Council organizing it as usual, Geraldton House laid a claim on the event. "When the topic was discussed in the res council, I decided to get Geraldton House involved in organizing the Halloween bash," explained Kelly Rae Peloquin, the house president. Since no event in LU is complete without a sponsor, the house persuaded Labatt's to act as big brother.

Well, even among such VIPs, one still has to be the best. In the female category, it was the She-Werewolf, complete with whiskers, fangs and the gleam in her eye.(A few minutes after winning, she amazed the gathering by transforming back into a charming, mild-and-well-mannered young lady). Among the men, the winner was Crocodile Dundee, who even brought along his favourite crocodile.(It wasn't real, but then, he wasn't either).

The group prize was awarded to the "Sports Stadiums". The football, baseball and hockey stadiums even had cut-out crowds and sports equipment. And the last and best category was the overall winner, which was won by the "Piggyback Man". This chivalrous gentleman was riding on an old lady's back. (She was a dummy, of course).

The people who proved they weren't dummies were the organizers from Geraldton House, whose maiden attempt at hosting a party was better than a mild success. The main cafe was filled to near capacity (close to 600) and liquor sales was several notches higher than average. "It was a great success for us, and I hope that future house presidents make the Halloween bash a tradition," said Peloquin. Unlike most other dances held during this minority segregation era, both the main (dance floor) and res (bar) cafeterias were full.

It was a little strange to see bishops, angels and witches lined up for beer, while cavemen and princesses danced the night away. The strangeness of the evening was probably due to the haunted house decor - a headless hanging corpse at the door, ghosts floating at corners, La Bats suspended from the ceiling, and evil pumpkins smiling their wicked smiles.

Speaking of pumpkins, there was a pumpkin carving contest, and the entry from Atikokan House won hands down. It wasn't a difficult choice actually, since there was only one entry. The winners received ski tickets (which were donated by Loch Lomond).

When the witching and bar hours were over, the ghouls and vampires slinked away from the bright neon lights, but were still reluctant to leave the party and return to their coffins.Of course, the partiers had to have mementoes of this bewitching evening, and walked off with unscheduled prizes like posters, ceiling hangings, etc. (Geraldton House had already mourned the loss of their big, beautiful, fluorescent poster from the res cafe a week before the bash). But everyone had a good time and all's well that ends well.

Epilogue: "We couldn't have done it without the efforts of the house members. They were immensely helpful in decorating, cleaning up and being doorpeople," was Peloquin's comment about the success of their first bash. And Death (one of the doorpersons from the house) added "I was the Life of the party, and it was a success because of me."

What the halloween bash has done is leave a note of real party atmosphere and anticipation in the air. Just call it the halloween howl of happiness which is a harbinger of future fun.

Canadian Skaters Capture Gold

by Janet Fuchek

Last week the Thunder Bay community was treated to a display of talent from the international figure skating circuit. The Sun Life Skate Canada International competition, held October 25-30, attracted sixty-five athletes from thirteen countries. The Fort Wiliam and Thunder Bay Skating Clubs hosted this event, with activities transpiring at the Port Arthur Arena and Fort William Gardens.

An opening ceremony conducted by the local skating clubs signified the formal start of the rivalries Thursday, October 27th. An exhibition held Sunday included a precision skating routine, with the closing ceremony afterwards.

This event commended particular attention, since many of the skaters who have dominated the world scene have recently retired. It also marked the first opportunity in Canada to see the new original short program for singles skating, focusing on the artistic nature of the sport.

For each breathtaking challenge, spectators greeted the performers with loud applause and cheers. In front of such an appreciative crowd, Canadian athletes were motivated to achieve their best - winning two gold medals and a bronze.

Kurt Browning thrilled onlookers with his dynamic routines to capture the men's singles' title over Victor Petrenko of the Soviet Union. He conquered ten others with his outstanding showmanship and skating abilities.

Browning's original program consisted of a combination jump (triple axel; double loop), a flying spin and "death drop", and serpentine footwork. He finished his display with a double axel and combination spin, executed with finesse. Browning included elements of triple flips, axels, toes, and loops; triple salchow; and circular footwork to make his long program entertaining. He concluded this exhibition of merits with the Russian splits and a camel.

Browning was celebrated as the first person in history to successfully land a quadruple jump in international competition (World Championships, Budapest - 1988). Originally from Rocky Mountain House, Alberta, he trains under Coach Michael Jiranek at the Royal Glenora Club in Edmonton.

Matthew Hall made a valiant effort for third but had to settle for fourth behind the U.S.A.'s Angelo D'Agostino.

Joining him in the gold medal ranks were Canada's pair entry of Isabelle Brasseur and Lloyd Eisler. They created a favourable impression on both judges and spectators with their skating prowess. These performers incorporated the death spiral, a variation lift, and a pair combination spin to classify their original program as number one. Their long program featured a split triple twist, a throw triple toe, and a "special star" technique, to name but a few. The petite Brasseur and muscular Eisler were clearly a crowd favourite, as their standing ovations indicated.

Second place for pairs was awarded to Peggy Schwarz and Alexander Koenig of the German Democratic Republic. Trailing them were Ekaterina Murugova and Artem Torgashov, Russian athletes. Melanie Gaylor and Lee Barkell teamed up in the pairs division for fifth place of seven pairs.

An unfortunate spill in the ice dancing warm-up on Thursday evening forced gold medal hopefuls, Karyn and Rod Garossino, out of the meet with injuries. However, Michael Farrington and Melanie Cole revived Canada's spirits with a third overall in the ice dancing class, placing ahead of four couples.

Natalia Annenko and Genrickh Sretensky of the Soviet Union danced their way to a gold medal, followed by April Sargent and Russ Witherby, American skaters.

The U.S.S.R.'s Natalia Lebedeva led the women's singles, with a stiff challenge from Jill Trenary of the United States. Patricia Neske of the Federal Republic of Germany produced a bronze.

Charlene Wong of Quebec turned in a fourth place showing in the women's singles' final results. Her teammate, Marie Claude Tremblay, finished seventh in a field of ten competitors.

The U.S.S.R. collected 17 points to secure the Sun Life Skate Canada Team Trophy, edging out Canada by two points. The U.S.A. was third with 13 points.

The sponsorship of Sun Life Insurance and the tremendous core of volunteers and organizers made the 1988 Championship possible.

President of the Canadian Figure Skating Association, Barbara Ryan, summed up the appeal of such a sporting event, " Figure skating is dynamic. It does not stand still. Every young skater that bursts upon the scene brings to the sport different interpretations and new and exciting moves."

Varsity Athletes Honoured

by George Krebs

Lakehead University picked the most promising of this year's sports talent with the first OV Player of the Month Awards for the Nor'Westers' varsity athletes.

And the winners were...

Nadine Crowley picked up the trophy in women's basketball for leading the team with 12 assists and averaging 11 points per game in the season's first three matches. Crowley believes she is performing better and working harder at LU.

After playing two years of ball at McMaster University in Hamilton, Crowley says the award will help her to start off the year on a good note as a new talent for the Nor'Westers. "It's tough getting used to a new team, but they're a great bunch of players...it's actually a relaxing atmosphere."

Crowley sees the upcoming season filled with "bigger and better things", adding that LU is quite prepared to take on any team in the OUAA Conference and should finish first or second in Ontario. "We've got a really good chance of taking the league."

Coach Stu Julius complimented Nadine on her exceptionally uptempo performance on the basketball court. She is considered the team's 'quarterback', a leader on offensive play as well as in overall defense.

In men's basketball, John Laplante was named player of the month but he was unable to attend the ceremonies. Laplante was a key player in the Alumni match, leading the team with 36 points including seven 3 point field goals.

Coach Bruno Colavecchia describes Laplante as one of the Nor'Westers' consecutive scorers, but a dislocated finger temporarily placed him on the sidelines. Colavecchia adds that Laplante is a team leader both on and off the court.

The Nor'Westers will see basketball action against Gogebic College this weekend in the fieldhouse.

The women's volleyball award went to Sian Williams for her consistent performance in the areas of serve receives, attacks, serves and blocks during the first four pre-season tournaments. Williams was also unable to personally receive her trophy.

Coach Claude Lapre says Williams' award was very much deserved for her seriousness towards the game, her improving record and her ability to carry much of the team's load on the volleyball court. Lapre adds, "It's only the start of a good career for Sian at Lakehead."

Commenting on the upcoming season, Lapre says his team is starting from scratch this year with a lot of young players. The Nor'Westers will meet second ranked Windsor this weekend and Lapre feels Windsor will be a good test for LU to see how our squad stands in the Ontario league.

The varsity wrestling season does not get under way until this weekend, when Coach Francis Clayton's Nor'Westers do battle against McMaster in Hamilton. The wrestling squad this year includes Mike Kirlew, Dale Harrison and Mike Larivière, three of six provincial recipients of the Ontario Educational Trust Fund. The fund honours students who excel in both wrestling and academics, a sign that the Nor'Westers should have another championship season in the wrestling arena.



Photo by George Krebs

Nadine Crowley wins basketball award

LU To Host Fall Open

by Janet Fuchek

LU extends an invitation to matmen interested in entering the Fall Open Tournament on Saturday, November 19, at the Sanders Fieldhouse. This event will begin at 9:30 a.m. sharp, with spectators encouraged to attend.

Any wrestler over the age of 16 as of January 1, 1989, is eligible to enter one of the ten wieght classes offered.

Freestyle rules will be enforced, and the matches will last two thre-minute rounds, with a one-minute rest in between rounds.

Awards will be given to the top three place winners in each weight class. An outstanding wrestler award and a team trophy will also be presented.

Team points will be given to the top four wrestlers in each weight category: five points for first; three for second; two points for third; and one point for fourth. A team will be able to enter as many wrestlers in one weight class as they wish. Points will only be scored by one wrestler per division.

Weights must be phoned in to LU's Athletic Secretary, Sharon Kozak, (343-8213) between 2 and 4 p.m. on Friday, November 18th. There will be a slight entry fee. Athletes are asked to bring their own lock and towel.

LU's Prospects

LU will enter a talented team vying for a win.

Although this year's squad has seven returning players, they are still a young team. Dale Harrison, Mike Kirlew, Allan Linhart, Michael Larivière, Eddie Zinger, and Roland Laybolt are just a few of the rookies that Coach Francis Clayton expects will make a difference this season. They bring to the team experience and a strong winning attitude.

Key returning wrestlers are conference champion Les Gamble and silver medal winner, Larry Laine. In addition to being conference finalists, Les and Larry also placed third and fifth, respectively, at the National Championships.

Other wrestlers to watch out for are Mark Tarantini, Jim Gowanlock, Kelly Russell, and Steve Roslinski. They have wrestled for LU for a number of years and should turn in some notable performances this upcoming season.

The Nor'Wester wrestlers have been described as a powerful and well-balanced crew, with expectations of finishing highly in both the OUAA and CIAU standings.

Upcoming Events

A challenge between the men's and women's rugby teams will take place at the Sanders Field on November 5th at 3:00 p.m.

Basketball fans - take in some exciting action at the Fieldhouse this weekend. The LU men will play a two-game series against Gogebic College Friday at 7 p.m. and Saturday at 4 p.m. The women's squad will host the Pizza Hut Nor'Wester Tourney November 4-6th. LU versus Brandon Friday at 9 p.m., Ryerson Saturday at 8 p.m., and St. Scholastica Sunday at 1:30 p.m. The tourney begins Friday with a clash between Ryerson and St. Scholastica, continues the next day with Brandon taking on St Scholastica at 6 p.m., and features Brandon versus Ryerson at noon Sunday. An award ceremony follows at 3 p.m.

The NWO Badminton Association Tournament is slated for November 12 and 13th. Contact Marion Childs (577-1324) or Linda Mahon (577-7247).

November 18 and 19 are important dates on the LU varsity calendar. The men's basketball team will battle St. Scholastica at home, while the women will face Western. The Nor'Wester wrestling crew will be hosting the "LU Fall Open" Saturday, NOvember 19th. Be sure to cheer the Nor'Westers in their quest for victory in these events.

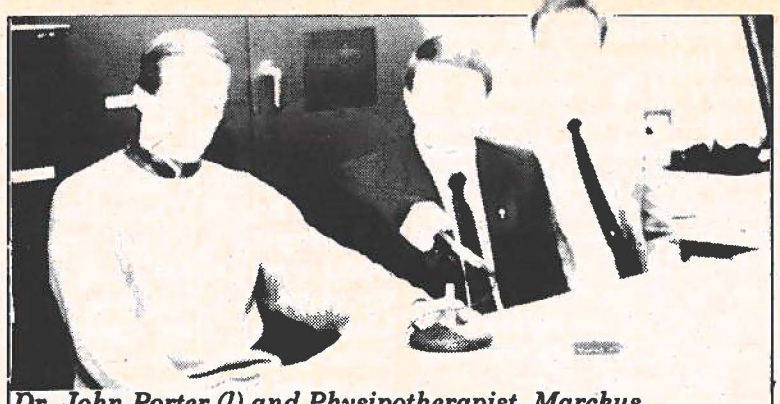
Argus welcomes contributions to the Sports section from photographers and writers for Intramural and school teams. For more information contact Janet Fuchek, Sports Editor, at extension 8803 or 344-6911.

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Changes at LU Sports Medicine Clinic



Dr. John Porter (l) and Physipotherapist, Marckus Walser (r) pose with Dr. Norm LaVoie (c).
photo by Ted Scollie

by Janet Fuchek

When an injured athlete steps into the LU Sports Medicine Fieldhouse to be treated, he will notice a few unfamiliar faces. No need for panic though - these staff members, new to the clinic, bring experience and commitment to their workplace.

Dr. Norm LaVoie, Director of the School of Physical Education and Athletics, announced these changes at a recent press conference, held at the LU Sports Medicine Clinic. Orthopedic surgeon, John Porter, entered a three-year agreement to become the Chief Physician of the Sports Medicine Clinic and Varsity Athletic Teams. Markus Walser joins him as the physiotherapist manning the clinic on a day-to-day basis. Walser brings first-hand knowledge with him to the job, having been a national skier and physiotherapist for athletic teams such as the Thunder Bay Giants.

"He suffered most athletic injuries himself and will be a major asset," the Chief Physician spoke of Walser.

Porter replaces Dr. Jack Remus, who is credited with having established the LU Sports Medicine Clinic several years ago. Remus is responsible for the operation of other such institutions in Thunder Bay, namely at the Heritage; Victoriaville; the College; and on May Street.

The President of the university appointed an Ad Hoc Committee to review the success of the clinic in achieving its goals. The centre was concerned with the areas of treatment and rehabilitation of muscular-skeletal injuries, teaching, and research.

Dr. LaVoie reported, "The Committee was not really all that happy that the clinic had not accomplished all its goals. They opened up for proposals and deemed Dr. John Porter's as the best." Dr. Remus was also in contention for this post.

Under this new arrangement, LaVoie believes that the research thrust will be fulfilled within the school. He explained, "Theory of coaching and Masters students will for the first time be doing projects that are medicine-oriented. Not much in sports biomechanics has been done and there will be more of these type projects."

The LU model is an extension of the centre at Intercity. Though the Fieldhouse clinic will run independently and more intimately connected with the university, the Intercity location is considered to be the main facility, according to Porter. "We're a self-sufficient clinic," remarked Porter.

This situation has its benefits, cites the new physician on duty. Patients at the LU clinic can take advantage of the x-ray facilities at the Intercity counterpart. The two clinics will work together more closely to provide these services to the Thunder Bay community. Porter is interested in elevating the awareness of sports medicine across the country.

The clinic is adorned with new equipment, the most up-to-date in Canada. For instance, the machinery the office recently purchased deals with the rehabilitation of injured muscles, the repair of ligaments, and the assessment of knee ligament stabilities. This apparatus can also form the basis of comparisons concerning data obtained prior to and after a knee injury. This step is taken in advance of the patient's considering surgery. "We've never had this information before," explained Porter.

According to staff members, there are only about six clinics in the country that have this type of equipment. Thunder Bay was the first to use such an apparatus combined with a computerized device. "More specialized equipment benefits everyone. Everybody wins," stated one staff member.

A foot clinic is expected to be included in the LU Sports Medicine Department.

The financial arrangements are reportedly beneficial for the university. "Part of the staff are from the Intercity Sports Medicine Clinic. As a result, we managed to save funds for LU," recounted the Chief Physician.

Walser is the contact person for someone with an injury. The clinic, which includes full-time physicians on duty, services mostly LU and high school students.

A person can walk in on a first time basis and is promised immediate attention. Staff will arrange appointments for patients to see a physician and to receive physiotherapy.

The facility is open Monday to Friday, 12:30 p.m. - 8:00 p.m., with doctors' appointments intermingled. Staff also cater to varsity tournaments on the weekends.

"The Thunder Bay facilities are second to none in Canada," boasted Porter,"- anywhere in North America as far as that goes."

SCORE BOARD

CURLING
As Of October 28th

	Played	Won	Lost	Tied	Total
New Ice People	2		2		
Rousseau	2	1	1		2
Rosengren	2	1		1	3
VanVoort	2		2		
Malcolm	2	2			4
E.S.S.	2		2		
Stones From Hell	2	1	1		2
The Hacks	2	1		1	3
Dodds	2	1	1		2
Hanstead	2	1	1		2
Martindale	2	1	1		2
Forgrad Urlers	1	1			2
Ninth Enders	1		1		

CO-ED VOLLEYBALL
As Of October 27th

	Played	Won	Lost	For	Against	Total
The Smashers	6	6	0	253	157	12
G-Spots	6	5	1	252	196	10
The Dirty Rotters	6	4	2	195	179	8
Terrifyuing Teachers	6	3	3	99	127	6
Canadian Lights	6	2	4	147	180	4
Individuals	6	2	4	95	106	4
The Violent Fems	6	1	5	193	206	2
The Chronics	6	1	5	144	265	2
Hoodornaments	6	6	0	319	160	12
U.P.W.	6	5	1	315	152	10
The Untouchables	6	5	1	271	179	10
God Squad	6	3	3	197	261	6
Individuals 2	6	2	4	158	211	4
Linden Loopers	6	1	5	189	290	2
What do you call them	6	1	5	173	231	2
Slim Chance	6	1	5	142	280	2

NHL HOCKEY
As Of October 29th

	Played	Won	Lost	Tied	Total
Pubs Full	1	0	1	0	0
OV Tall Boys	1	1	0	2	2
Midnight Express	1	1	0	2	2
Blues Brothers	1	0	1	0	0
Southern Comfort	0	0	0	0	0
For Skins	2	1	1	0	2
Rink Rats	2	1	0	1	3
Team Centre Sports	2	0	2	0	0
Earwigs	1	1	0	0	2
Individuals	1	0	0	1	1

Nor'Westers Meet Challenges

Women's Basketball

(Nor'Wester News release)

It is hard to believe that November is upon us with a flurry. The Lady Nor'Westers started strong with an excellent effort against the Alumni, winning 87-51. The running fast break style was evident as we capitalized on pushing the ball up the floor. The play of point guard Nadine Crowley was a dominant factor in the pace of the game.

Playing this past weekend in Laurentian brought the Nor'Westers down to reality. Losing two games against Laurentian 88-64 and 87-65 showed that speed was just not enough. However, it did not reinforce the fact that we have an excellent backcourt, but will need some work on the inside game.

This weekend the Lady Nor'Westers will look to aquire the the annual LU/Pizza Hut Tournament championship starting Friday at 9 p.m. through until Sunday's last game at 1:30 p.m.

Men's Basketball

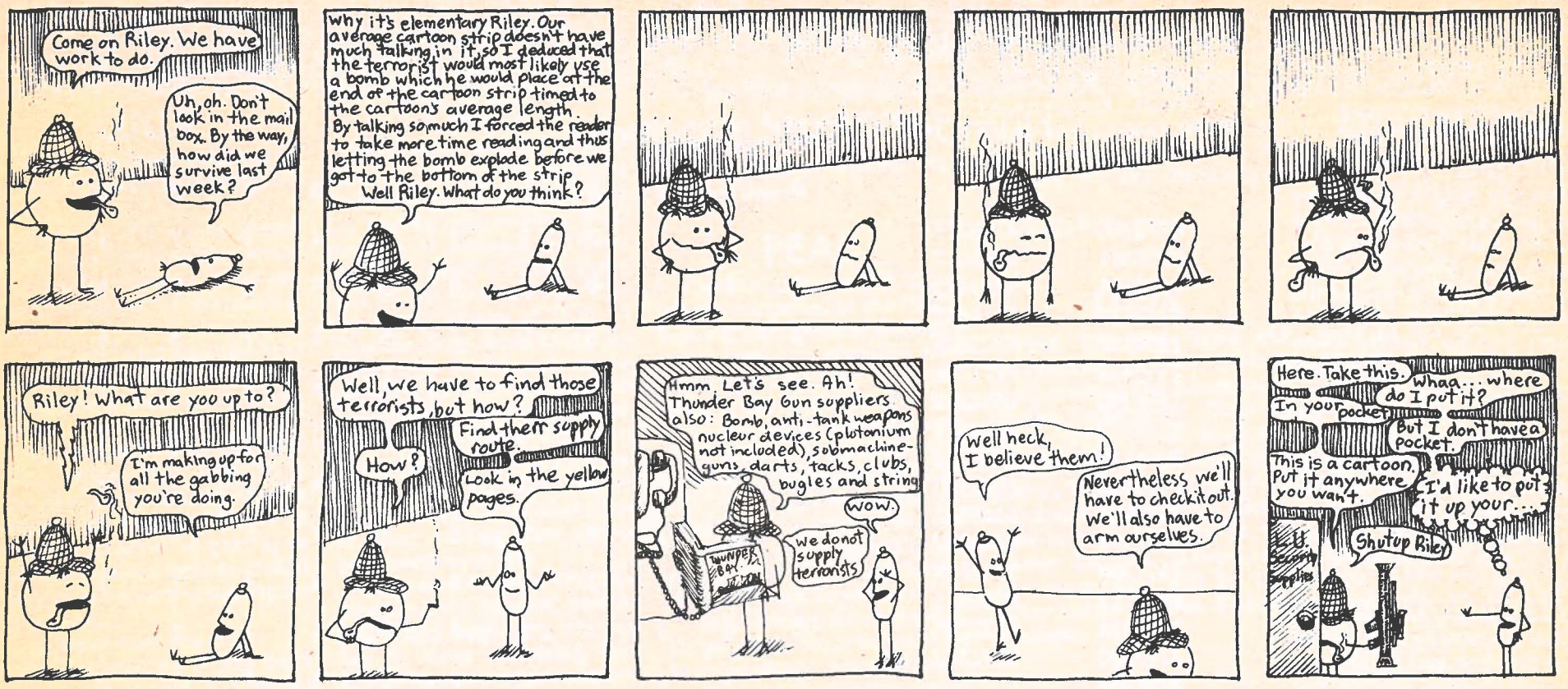
The Nor'Westers opened the 88/89 season with a hard earned victory over their Alumni. The Alumni team, featuring such names from the past as John Zanatta, Ken Ross, Dave Barkwell, Dave Kirychuk, Gord Bruyere, and Rene Pawluk, to name a few, were able to stay close in the first half, going into the locker room trailing 48-44. The second half saw the Nor'Westers come out and take control of the game, winning by a score of 107-87. The Nor'Westers were led by John Laplante, who sparkled with 36 points and Doug Fenwick, who added 18 points and eight rebounds. The Alumni were led by John Zanatta, who netted 22.

The Nor'Westers embarked on their exhibition season, travelling to Sudbury to play the Laurentian Voyaguers in the annual battle for the Northern Ontario Championship and the Carling O'Keefe Trophy. This was a good test for the Nor'Westers, since the Voyaguers always field aggressive, competitive teams. Hampered by the loss of three key starters (Ed Collins, John Laplante, and Leslie Ragguette) to injury, the Nor'Westers dropped two decisions 114-81 and 114-76. In spite of the losses, the games gave Coach Colavecchia a very good opportunity to see his bench and rookie athletes perform in a game situation. These early season experiences and lessons learned will certainly pay dividends when the OUAA season commences in January. High scorers for Lakehead the first night were Doug Fenwick with 17 points, Jeff Byerley with 14, and Brian Konu with 12. The second game high scorers were Brian Konu with 18, Jeff Byerley with 15, and Ray Foster with 10.

Continued from Last Week

Hardball and Riley in Terrorist Turmoil

by Duncan (I think)



STUDENT LIFE

HEALTH NEWS

DIETING

Healthy weight loss comes from good attitudes about food and exercise. Some people, usually those who are very active remain thin in spite of the amount that they eat, while others put on weight even while they are watching what they eat and trying to cut down on caloric intake. There are many causes of obesity. In some cases heredity does play a part and there is and inherited tendency to obesity. In most cases, however, overeating and lack of exercise are the main causes.

HOW TO LOSE WEIGHT

You can usually lose weight by eating less and by increasing your physical activity. You should aim at losing about one pound per week. Too rapid a weight loss can make you feel tired, light headed and nauseated.

Consider why you want to lose weight.

Keep a record of your eating habits -- the times you eat, what you eat, where and under what circumstances, what your

This will give you some insight into what is influencing your eating behaviour. When you know and understand the circumstances surrounding your eating habits, then you can control your eating behaviour. Keep in mind, however, that changing behaviour is not easy and there is no quick solutions. Fad diets are always popular because they usually promise quick and easy weight loss. However, they do NOT offer sound dietary advice and if weight loss occurs at all it is usually temporary. These food diets may indeed be harmful as your body tends to put on weight very fast when you stop using the diet.

Remember that when it comes to losing weighty in a healthy way, there are no short cuts or miracle methods. Your goal should be to control your eating behaviour and by doing so to lose weight.

Exercise should become part of your daily routine. One of the best ways of getting regular exercise is walking -- instead of taking the elevator, try climbing stairs.

Join the weight wise clinic (WWC) at the student health services. Weigh in on Monday and Fridays and have your weight recorded. Keep your own personal record. You can pick up lots of resource material on losing weight.

TIPS

1. Cut down on your food intake. Eat low calorie foods instead of high calorie ones.
2. Increase your physical activity -- do more walking.
3. Do NOT skip meals.
4. Change your eating habits and then you will be able to maintain your weight loss.

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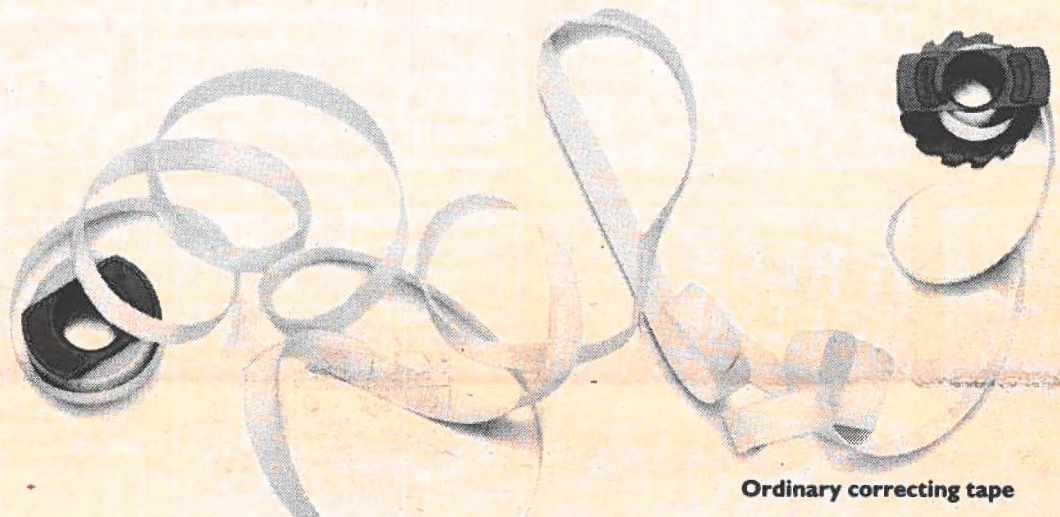
Number Crazy: by Lily Kangas

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0338301	5162447
0452914	5219483
0745031	5778432
1234567	5823805
1538493	6171394
1856390	6534217
2035977	6824811
2064123	7335334
2145056	8116520
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4492786	

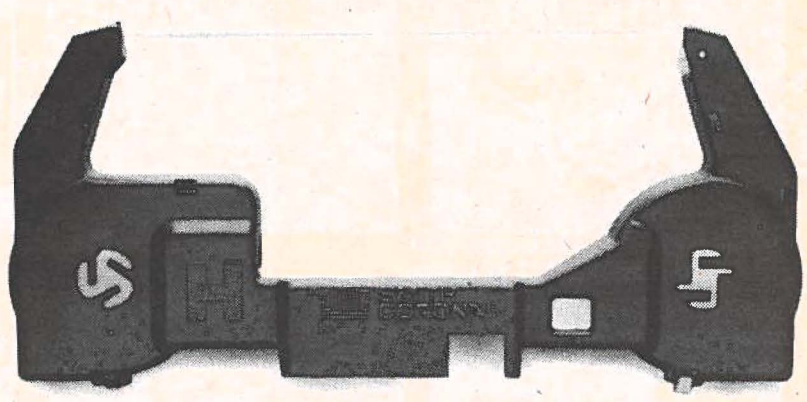
Note: Add the remaining numbers

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7	7	9	5	3	0	2	5	6	7	5
2	3	7	8	9	1	5	2	1	8	6
3	4	3	6	4	0	1	9	9	4	1
5	0	8	5	8	2	6	1	9	3	3
1	1	0	3	3	2	2	4	2	2	0
2	5	2	4	5	3	4	1	8	9	5
6	8	5	2	1	9	4	8	3	1	4
5	6	3	1	3	6	7	6	1	2	7
7	6	6	7	0	6	5	2	7	1	0
4	4	9	2	7	8	6	0	2	3	7
4	2	8	1	1	6	5	2	0	5	8
3	5	1	9	3	4	5	6	7	8	9

Answer: 81


Ordinary correcting tape

Don't tangle with the wrong correcting tape.


The new Smith Corona Correcting Cassette

Does the thought of wrestling with the same old twisted and tangled correcting tape have you tied up in knots?

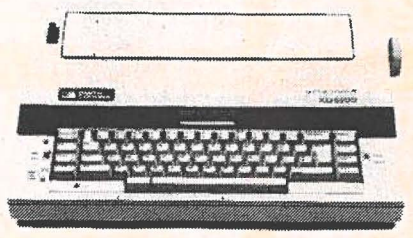
Well, look what popped in – the Smith Corona Correcting Cassette. It's an easy-to-load cassette filled with correcting tape you can insert in seconds.

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CLUB NEWS

LUCS

Wow, two press releases in a row. Something is going on here...

Anyway, I'll worry about that later (conscientiousness is a fearful disease). A few announcements of upcoming events:

1) A club meeting to be held yesterday. Those of the precogniscent sort were there.

2) Renegade Beer Brewery Tour Friday Nov. 4/88. Meet by the switchboard in the Agora at 4:00pm. There is limited number of places, so please read the notices posted to find out where to sign up for the tour.

A word from the wise:

Ask questions if you don't understand and the worst they con do is stare at you like you're really stupid.

A question arose about the spelling of my title. Is it der Fuhrer or der Fuehrer. Ha, they are both right. Besides, it's up to me so there.

Til next time,
Phil van den Heuvel
der Fuhrer

ORSS

Well, after a brief a brief absence, and a sumptuous Suds 'n' Slides, here we are. Up and coming events: Wednesday November 2, from 10:30am until 2:30pm there will be representatives from the many facers of O.R. in Thunder Bay. Something for everyone from skiers to search and rescue. You can browse through the displays, collect pamphlets with just the information you've been looking for on that elusive topic, or sign up for that class in snow surfing that you.ve been searching for!

Remember pix fro the photography contest can be submitted beginning November 7. Keep watching this space! Next week, provocative insights into the murky pasts of our four new faculty members...

And now a pseudo-Hallowe'en quiz:

1. Why should we refer to our Nancy A. as "Nance the Slash"?

2. Hank Akervall was sighted in full fishing regalia at the Study last week. Why?

3. Will Micheal Myers have to make his comeback in snowshoes?

Have a happy Hallowe'en,
Love, Jason

PEAL

Congratulations for those who participated in the PEAL logo contest. Some of the logos were very imaginative and quite well done. We intend to gain some identity for the club and what a better way than with a symbol or logo. The logo will be used with all our PEAL promotional activities, so everyone can relate the symbol with our association. You know, "something you can be proud of".

Still looking for enthusiastic people to come forward for the yearbook committee. I can't stress enough the urgency of this process because much work and planning must be done now to make a project of this magnitude a success. Our PEAL mailbox is still open to applications.

Remember to keep the Nov. 19/20 weekend open! Tickets will be on sale soon. For those who have already forgotten the 19th is out social gathering in the main cafe and the 20th is our PEAL volleyball tournament. Have a good week and remain poised for the sudden outburst of posters on the fieldhouse walls!

PEAL Executive.

LUPA

Prof. Elizabeth Trott will be speaking on Nov. 10th at 8:00pm about the allocation of medical resources. Then on Nov. 17th, Prof. Richard Maudrell will be reading a paper, the topic of which is teenage sexuality. Both events will be held in the Lower Lecture Theatre, and the receptions will be held afterwards in the Faculty Lounge.

ESA

Well, hello there! Please allow me to introduce us to you! We are the English Students Association, Newly formed for -- you guessed it -- students of English (and anyone else interested) Our Executive consists of Miriam Friedman, President; Leigh-Ann Duke, Vice PResident; Donna Piovesana, Secretary; Dave Antilla, Treasurer; Elizabeth Dougan and Graham Strong, Communications; and Ed Hunt, Faculty Liaison. Our Faculty Advisor is Cindy Soldan (see Cindy, we are serious about this!) We hope to bring in guest lecturers, talk literature and above all have a good time. Other than that, there's not much else to say, (being brand new, we haven't done anything yet!) The date for our next general meeting is Monday, November 28th at 7:30. The place will be confirmed shortly. Everyone is welcome, and the more members, the better!

Until next week, when there will be more to write about,

Elizabeth

P.S. Look out ESS, here we come!

LUSKI

Snow! Snow! Snow!

Wow, what happened to that massive snow that was predicted last week? Not only that, what happened to our first Argus article? Both are big mysteries.

Since this must be brief, I'll stick to the basics. The purpose of the Ski Club is to provide LU students the opportunity to enjoy the great skiing in Thunder Bay, but at a cheap price. All members are entitled to discounts on lift tickets and rentals (up to $9 savings per visit) every time they go skiing. LUSKI also provides free transportation to the local hills on the weekends, as well as hosts several fantastic ski bashes throughout the season. There's also the ever-wild Feb. ski trip to Lutsen.

And how do you get a membership? No problem. Memberships go on sale starting Nov. 7th (Mon.) for two weeks only (til Nov. 18th). That's plenty of time to join the club that 1,000 LU students join every year. They'll be available from the Intramural office 10:30 - 1:30 for those two weeks.

The annual Wine & Cheese party is set for Wed. Nov. 16th in the main cafe. This is a mini ski show where all the ski hill and retail shops come out and show us "What's New" for the 88/89 season. Come *talk to the experts! Warren* Miller sends his regrets, but "Steep and Deep" will be shown, which will be sure to Psyche you up for the snow. This pre-season event is sponsored by Labatt's, so mark this on your calendar as a "don't miss"

Please note: for all early bird membership buyers, you will be entitled for a free draw for a pair of Vuarnet sunglasses, to be drawn at the wine and cheese ski show.

Here's to a great season.
Lynn

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Muslim Students Association
presents

A PUBLIC SEMINAR ON ISLAM: A UNIVERSAL MESSAGE

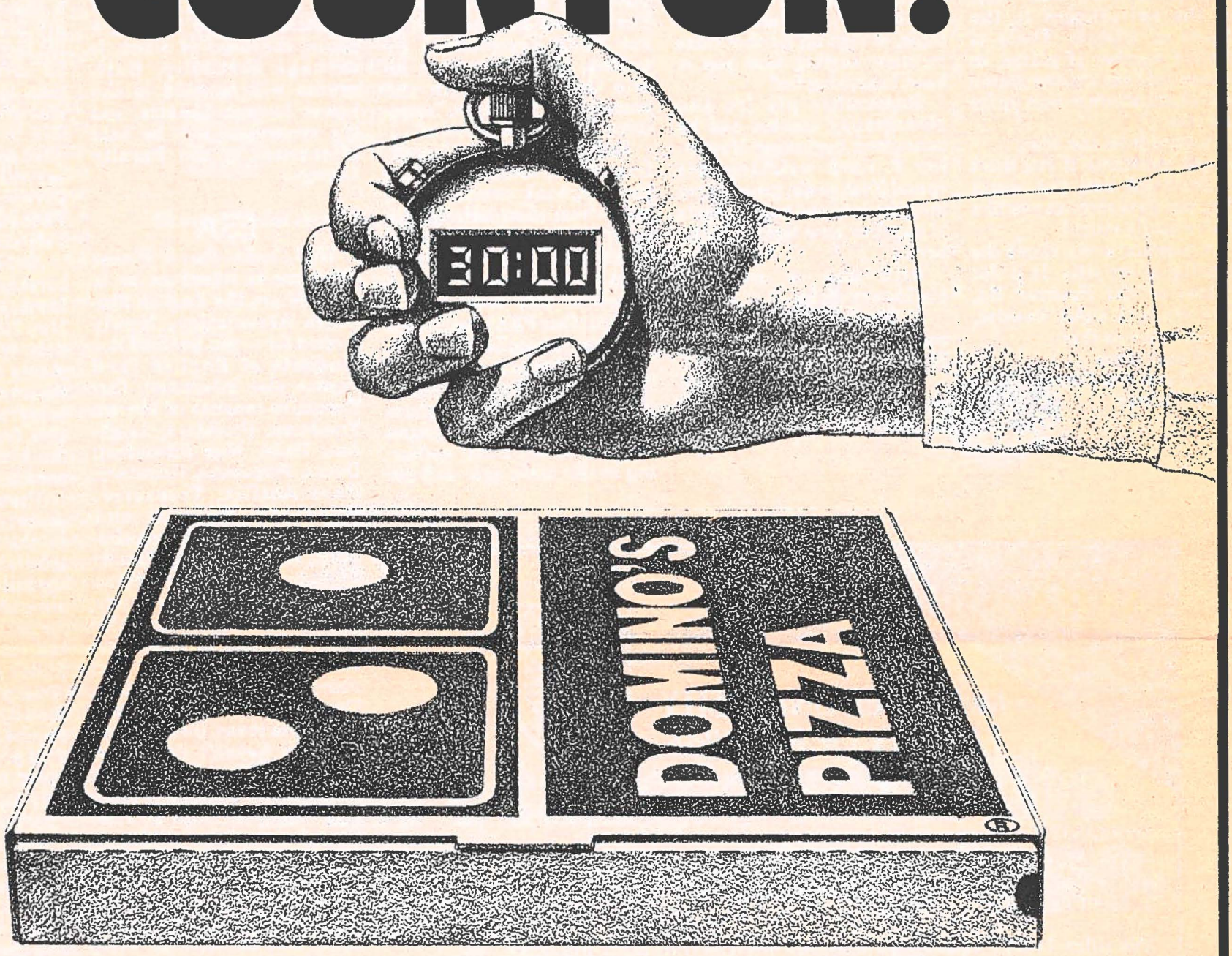
Speaker: Abdullah Abdulhakeem

Place: Upper Lecture Theatre (UC2011)

Date: Saturday Nov. 5th 1988 7:00 to 9:00pm

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